

NEWSLETTERS

We are associated with The Rosicrucian Fellowship, Oceanside - California

“Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you; for everyone that asked received, and he that seeketh findeth, and to them that knock it shall be opened.”

The gospel of the holy twelve. XXVII-4

The Imitation of Christ by Thomas à Kempis - The Eleventh Chapter

ACQUIRING PEACE AND ZEAL FOR PERFECTION

WE SHOULD enjoy much peace if we did not concern ourselves with what others say and do, for these are no concern of ours. How can a man who meddles in affairs not his own, who seeks strange distractions, and who is little or seldom inwardly recollected, live long in peace?

Blessed are the simple of heart for they shall enjoy peace in abundance.

Why were some of the saints so perfect and so given to contemplation? Because they tried to mortify entirely in themselves all earthly desires, and thus they were able to attach themselves to God with all their heart and freely to concentrate their innermost thoughts.

We are too occupied with our own whims and fancies, too taken up with passing things. Rarely do we completely conquer even one vice, and we are not inflamed with the desire to improve ourselves day by day; hence, we remain cold and indifferent. If we mortified our bodies perfectly and allowed no distractions to enter our minds, we could appreciate divine things and experience something of heavenly contemplation.

The greatest obstacle, indeed, the only obstacle, is that we are not free from passions and lusts, that we do not try to follow the perfect way of the saints. Thus when we encounter some slight difficulty, we are too easily dejected and turn to human consolations. If we tried, however, to stand as brave men in battle, the help of the Lord from heaven would surely sustain us. For He Who gives us the opportunity of fighting for victory, is ready to help those who carry on and trust in His grace.

If we let our progress in religious life depend on the observance of its externals alone, our devotion will quickly come to an end. Let us, then, lay the ax to the root that we may be freed from our passions and thus have peace of mind.

If we were to uproot only one vice each year, we should soon become perfect. The contrary, however, is often the case -- we feel that we were better and purer in the first fervor of our conversion than we are after many years in the practice of our faith. Our fervor and progress ought to increase day by day; yet it is now considered noteworthy if a man can retain even a part of his first fervor.

If we did a little violence to ourselves at the start, we should afterwards be able to do all things with ease and joy. It is hard to break old habits, but harder still to go against our will.

If you do not overcome small, trifling things, how will you overcome the more difficult? Resist temptations in the beginning, and unlearn the evil habit lest perhaps, little by little, it lead to a more evil one.

If you but consider what peace a good life will bring to yourself and what joy it will give to others, I think you will be more concerned about your spiritual progress.

13TH INTERNATIONAL EUROPEAN CONFERENCE OF THE ROSICRUCIAN FELLOWSHIP

Salisbury, England UK - from 13th - 16th August 2007, with the Theme: "Self-forgetting Service"

Members from France, Spain, USA and England attended this year's International Conference. Each person introduced themselves and then all were put into four groups for the Workshops. Temple Services, Morning Devotional Services, Healing Services were conducted. Lectures with the Title: "The Mysterium Magnum of the Rose Cross", "Wisdom of the Stars", "The Rosicrucian Fellowship was born 100 years ago", "Church and school of thought", "the life of Max Heindel and the Rosicrucian Fellowship", "talk on the RF" and another about the Bible were read After each lecture members retired to their various Workshop Groups for further work and discussion. During the cultural events poems were read by different participants. Presented were projects about the printing of the Cosmo and other Rosicrucian Fellowship books in French by the French Centres. The French Centres of Paris Centre volunteered to host the 2010 European Conference.

Leaders of the different Workshop Groups presented their reports all centered on the best form of spiritual development- Love and selfless service to humanity. Finally in a show of gratitude to our much-loved founder, all participants sang "Fellowship Day" and pledged to go out to love more and serve more. **The next International Meeting will take place in France.**

Daniel (London C.)

Occult anatomy and the bible-The Etheric Body and its Role in the Sensitization of the Composite Man by Corinne Heline -excerpts.

The etheric body belongs to the physical realms. And just as the Earth's etheric envelop is the means by which universal and solar life flow into our planet, so the etheric double interpenetrates man's physical body and is the channel for the inflow of vitality or life force from the surrounding network of global forces. The etheric body surrounds and permeates the physical and usually extends a couple of inches beyond it often having the appearance of a luminous, silvery mist. Through it alone the vital essence of the sun, the Solar ether, invisible sunlight, is able to reach the body. Without it the later would be inert and incapable of function...hence, an abundance of fresh air and sunshine are prime essentials to health.

By the law of reflection, familiar to all esoterists, this high life of Universal Life is the prototype of the etheric realm and its manifold phenomena. Things visible and tangible in the etheric realm are signs and tokens of great powers resident in the higher realm of Life Spirit or Christ Consciousness.

Through mental, moral and physical discipline according to spiritual law, a new etheric sheath is actually formed within and from refined essences of the etheric body. This second etheric structure is a prerequisite to all initiatory development. Hence, without the etheric body progress through higher spiritual planes or states in Initiation would be impossibility.

During sleep the ego actually rises out of the body, although in an unconscious condition as a rule. During this separation from the body it becomes thoroughly permeated with

the life giving forces of the inner worlds. If it were possible to dwell consciously in these life-giving forces at all times, awake or sleep, we should be immortal- for the inner planes are the true Fountain of Youth, closer to us than hands and feet, if we but knew how to avail ourselves of its life-giving waters.

The more highly sensitized the two higher ethers become by reason of the spiritual life of an individual, the more easily does that person attune himself to these vital forces and the longer do the effects of restoration remain with him.

In illness the lines of force of the etheric body droop. The desire body is a prime source of all disease. Fear, worry, anger and lust are among the principal causes for lack of atonement between the Ego and its incarnational sheaths. *Be still and know that I am God* is a powerful remedy with which restore the subtle rhythms to their pristine atonement in Spirit.

All the varied experiences of the vast cycles of earth lives have left their record upon the etheric body. Here the clairvoyant can study the effects of past sins and past good, former sorrows and former joys. All are indelible inscribed upon this shining scroll. The fear, hatred and lust of past incarnations are bearing fruitage today in widespread suffering and sorrow. It is said by reputable occultists that the self-same atoms of matter are used again and again by a reincarnating Ego, and this would apply with equal force to the ethers. Since at rebirth the ethers thus impregnated are automatically attracted to the Ego...As the two lower ethers are media for transmission of life and vitality to the physical body, so in like manner the two higher ethers are media for spiritual forces constituting an matrix for a *spiritual or soul body*. Living a life of spiritual aspiration automatically attracts these two ethers, with their luminous blue and gold coloring. ..the scintillating radiance of the soul body, is discernible to the very few only. The vision required comes by trained and sustained concentration, and such concentration is acquired by only advanced unfoldment.

The two higher ethers, Light and reflecting, in their physical aspect enter the human body by way of the brain. They pass into the lungs and are taken up by the blood, thus reaching the heart where the seed atom of the physical body is located. These two ethers play an important role in the transmutation of the blood and the refining and spiritualizing of the physical body atoms.

The Chemical Ether, centers in the heart, its operations governed by the seed atom of the physical body located in the heart. The Life Ether operates from the solar plexus, at this center the seed atom of the etheric vehicle has its point. The Light Ether is rooted in the seed atom of the desire body located in the liver. The Reflecting Ether has its root in the seed atom of the mind situated near the frontal sinus.

Man possesses in latency, numerous other faculties which belong to his inner finer, invisible vehicles. Each thought, word and deed of daily life sets its seal upon sleeping centers, either sensitizing them or drugging them into greater insensibility. Meat, alcohol and tobacco produce a marked effect in dulling and deadening these higher centers of contact. Concentration and meditation upon high and holy things are potent techniques for their awakening. In sleep the Ego leaves the physical and etheric bodies behind, taking with it the desire and mental bodies. For the vast majority intervals of sleep are mere period of unconsciousness. This is due to the fact that their astral and mental sheaths are entirely unorganized and untrained. In order to be awake and alert when out of the body, a long and arduous preparation is necessary, prefaced and accompanied by high thinking and pure living. Only by means of the expansion of vision gained through initiation, can the oneness of all life be fully comprehended and the true meaning of brotherhood realized.

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The mountain parrot:

In a thicket at the foot of the Himalayan Mountains there once lived a parrot together with many other animals and birds. One day a fire started in the thicket from the friction of bamboos in a strong wind and the birds and animals were in frightened confusion. The parrot, feeling compassion for their fright and suffering, and wishing to repay the kindness he had received in the bamboo thicket where he could shelter himself, tried to do all he could to save them.

He dipped himself in a pond nearby and flew over the fire and shook off the drops of water to extinguish the fire. He repeated this diligently with a heart of compassion out of gratitude to the thicket.

This spirit of kindness and self-sacrifice was noticed by a heavenly god who came down from the sky and said to the parrot: "You have a gallant mind, but what good do you expect to accomplish by a few drops of water against a great fire?" The parrot answered: "There is nothing that can not be accomplished by the spirit of gratitude and self-sacrifice. I will try over and over again and then over in the next life." The great God was impressed by the parrot's spirit and together they extinguished the fire.

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Thoughts

The mere looking at externals is a matter for clowns, but the intuition of internals is a secret which belongs to physicians.

Paracelsus

Every passion of the soul is most hostile to its salvation. It is impossible that he can be free who is slave to his passions. This is the law of God, that virtue is the only thing that is strong; and that every thing else is a trifle.

Phytagoras

Happy is he whose vices die before him. In such a one the vital body dissolves like a silver cloud and the spirit moves on into the High, the Beautiful and the True.

Hermes Trimegistos

Aquarian art

Thy temple is sweet
for the lovers of freedom.
It is light in many circles that expand,
it is the soul that is awake after the nightmares of sleep,
it is the joy of the bees by the flowers
and the bliss of the pure waters of eternity.
It is the sun in its wonder,
the kiss for the sleeping soul that thirst for beauty.
Now you are awake to the splendour of that sacred silence,
to the power of love.

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If you have an E-mail address please let us know, so that we can send you the Newsletters there.
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