

A Self-Study Guide for Healing and Regeneration Through Music

**A companion study to
*Healing and Regeneration Through Color***



By Corinne Heline

By G.E. Carlin

Introduction

The Rosicrucian School of Spiritual Healing

One of the main functions of the Rosicrucian School of Spiritual Healing will be to teach the Rosicrucian methods of maintaining health in accordance with the underlying principles of the *Ten-Fold Constitution of Man*.



DIAGRAM 5 SHOWS THE TENFOLD CONSTITUTION OF MAN

Man is a threefold Spirit, possessing a Mind by means of which he governs a threefold Body, which he emanated from himself to gather experience. This threefold Body he transmutes into a threefold Soul, upon which he nourishes himself from impotence to omnipotence.

The Divine Spirit emanates {The Dense Body } extracting {Conscious Soul
The Life Spirit from The Vital Body } as Intellectual Soul
The Human Spirit itself The Desire Body } pabulum Emotional Soul

The mirror of mind also contributes increasingly to spiritual growth as the thoughts which it transmits to and from the Spirit polish it to greater brightness sharpening and intensifying its focus more and more to a single point, perfectly flexible and under the control of the Spirit.

In order to accomplish this function, the *Rosicrucian School of Spiritual Healing* will provide *Self-Study Guides* for students to familiarize themselves with the concepts such as; the vehicles of man's body, basic anatomy and physiology, spiritual causes of disease, spiritual healing and its methods (i.e., Color Therapy, Music Therapy, etc.), and death. In addition, the *Rosicrucian School of Spiritual Healing* will offer in person and online lectures and classes for students who further wish to expand their learning as well as patients that wish to fully understand their role in their health and the healing process.

This *Self-Study Guide* for *The Rosicrucian Fellowship School for Spiritual Healing* is designed to help prepare you to volunteer in the *Rosicrucian Fellowship Healing Center*. The Study Guide was written as an advanced course of self-study in which you will explore the concepts of music in healing and regeneration as expressed in the 8 chapters of the book, *Healing and Regeneration Through Music* (A companion study to *Healing and Regeneration Through Color*) by Corinne Meline.

1. *The Music of the Spheres*
2. *Music and the Prenatal Life*
3. *Music of the Zodiac in Relation to the Human Body*
4. *Healing and Music*
5. *Music as a Healing Agent to Insanity*
6. *Keynotes of Master Musicians*
7. *Regeneration Through Music*
8. *A New World Music*

Disclaimer

Please note, the views and opinions expressed about the different forms of healing and the related scientific understandings in the *Healing and Regeneration Through Music* are those of the author, Corinne Heline, and do not necessarily reflect the current views or positions of the science and medical professions. The content in this Self-Study guide is not intended to diagnose, treat, or prevent any condition. Please consult your doctor for all medical issues or before making any changes to your health regimen.

Strings in the Earth and Air

By James Joyce

*Strings in the earth and air
Make music sweet;
Strings by the river where
The willows meet.*

*There's music along the river
For Love wanders there,
Pale flowers on his mantle,
Dark leaves on his hair.*

*All softly playing,
With head to the music bent,
And fingers straying
Upon an instrument.*

Chapter One: *The Music of the Spheres*

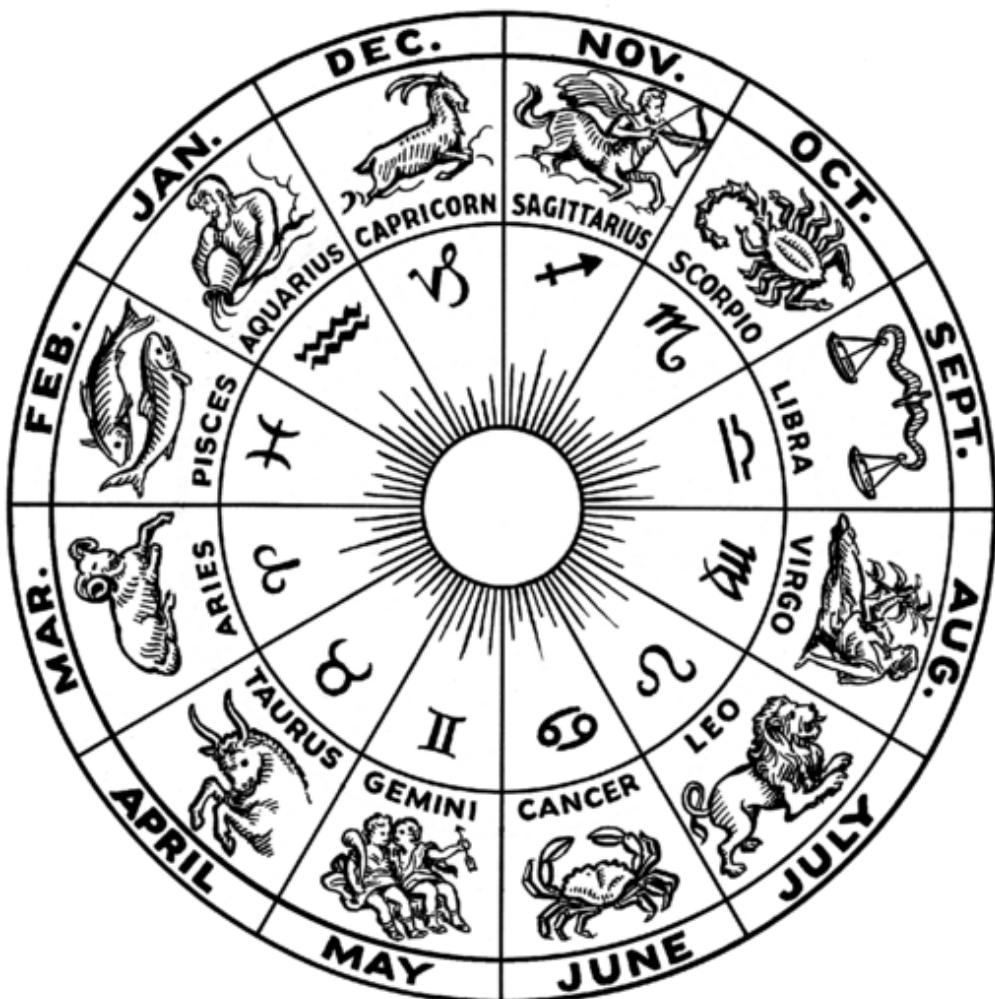
The entire world is a musical instrument, the pole of the world celestial is intersected where this heavenly chord is divided by the spiritual sun. Earthly music is an echo of this cosmic harmony; it is a relic of heaven.

-Author unknown.

Page 1

1. What does the process of creation dependent upon?
2. What is the tonal key of the infinite universe?
3. What was the first great musical outpouring?
4. How do the powers of 12 and 7 work together?
5. What do the 12 semitones and 7 notes of the diatonic correspond to?

Page 2



6. What is the function of the 12 zodiacal constellations?
7. What is the great power of the symphonic aspect of the cosmic pattern and its relation to musical science?
8. When do we become part of the “*One*”?
9. What is the musical law underlying creation?
10. What are the distances that Pythagoras calculated?
11. What is musical science based upon?
12. When did music first emerge?

Page 3



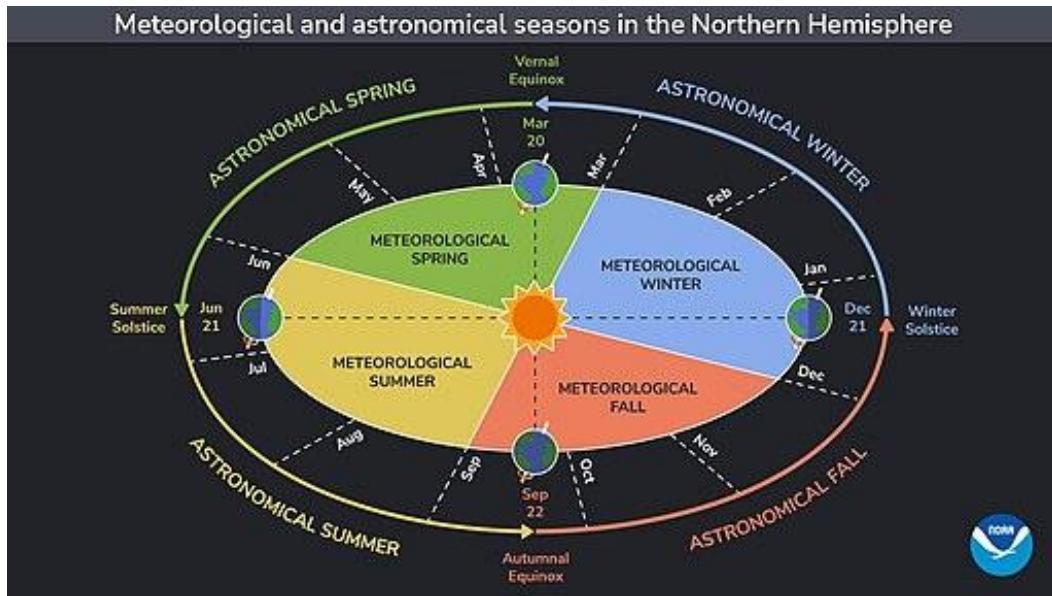
Be-Drei, CC BY-SA 3.0 <<https://creativecommons.org/licenses/by-sa/3.0>>, via Wikimedia Commons

13. What are the three tonal patterns expressed in the chromatic and diatonic scales?
14. What corresponds to an octave?
15. What does the evolutionary pattern show us about the spectrum?
16. What are the 12 creative Hierarchies?
17. What do the 7 creative Hierarchies do with the forces of the 12?
18. What do the 5 creative Hierarchies do with the forces of the 12?
19. What is the work of the Five creative Hierarchies?

Page 4

20. What do black and white symbolize?
21. What do major and minor tones create?
22. What are the meaning of the major and minor keys (scales)?

“*Music is the soul of language.*” – **Max Heindel**



23. What happens at the *Autumn Equinox*?

24. What produces the hidden energies that become visible?

25. How do we observe a blending in the musical scales?

26. What evidence is there that the musical range audible to our ear is seven?

27. What is significant of the numbers 3 and 4?

28. What is the purpose of the sevenfold evolutionary era?

Page 5

29. How are sounds and forms related?

30. What is the “*music of the spheres*”?

31. How does the universe make music?

32. How does nature produce a symphony?

33. What is the keynote of our planet?

34. What is the key and color of the earth’s basic color note?

35. What has produced every organ of our bodies?

Page 6

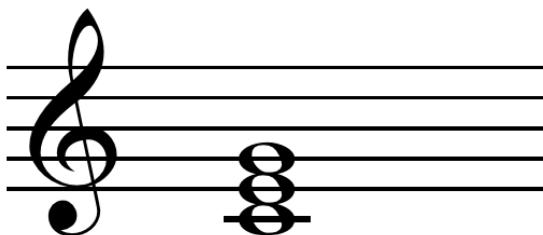
36. What does the vital body emit?

37. What is an auric radiance?

38. What occurs with the keynote when we are healthy?
39. What occult truths are now becoming evident due to the growing influence of the Aquarian and Uranian rays in the new zodiacal cycle now opening?
40. Why do we have preferences and incompatibilities?

Page 7

41. What is meant by “*knowledge becomes the wings whereon we fly to heaven*”?
42. Why do we need to develop the ability of clairaudience?
43. When can conductors best interpret works of composers?
44. What is the significance of the number 5 in esoteric musical interpretation?



45. What does the first tone of a chord represent?
46. What does the second tone of a chord represent?
47. What does the third tone of a chord represent?
48. What happens when the chord of one's own keynote is frequently repeated?
49. What do musical harmonies depend upon?

Page 8

50. What are the Keynotes and sharps and flats for the 5 Astrological Signs that have passed beyond the environs of our solar system?
51. What are the Keynotes and sharps and flats for the 7 Astrological Signs that are still actively engaged in forwarding our planets evolution?
52. What is an “*asterial signature*” and its connection to its sign?



53. What is the “*Immortal Four*” and how did they manifest on Earth?
54. What is a “*cosmic chord*” and its three parts?
55. What happened on the first Creative Day?
56. What chord was played on the first Creative Day and the effect of each part?
57. What happens on each of the seven Creative Days?
58. What is the work of the cosmic minor chords?

59. What determines the evolution of the human race?
60. How does an incoming Ego build its body?
61. In building the archetype of the Ego, what is necessary of the planets?
62. Where is the note of the *soul-key* in the body?
63. How does humanity intones in miniature the music of the spheres?

Summary Activities

1. What is a major chord and how is it built?
2. What is the difference between a major and minor chord?
3. What are Heindel's key aspects of evolution?
4. What was Heindel's view on music?
5. What is a key in music? and explain its two components.

Research Activities/Questions

1. Create of list of music for each of the different keys.
2. What are the scales for each of the keys of music?
3. What is *Musica Universalis* as presented by Pythagoras and Kepler?
4. What is harmony and its key aspects?
5. How is music used in worship?

Thought for Meditation

1. *There is nothing in the world so much like prayer as music is.*
– **William P. Merrill**
2. *The power of music to integrate and cure ... is quite fundamental. It is the profoundest non-chemical medication.* – **Oliver Sacks**
3. *Music washes away from the soul the dust of everyday life.*
– **Berthold Auerbach**
4. *The earth has music for those who listen.* – **William Shakespeare**
5. *If I should ever die, God forbid, let this be my epitaph: 'The only proof he needed for the existence of God was music.'* – **Kurt Vonnegut**

“Music is the expression of the will of nature while all other arts are expressions of the idea of nature.” – **Rudolf Steiner**

Chapter 1 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Chapter Two: *Music and the Prenatal Life*

What is the human body but a constellation of the same powers that formed the stars in the sky. - Paracelsus.

Page 11

64. What is the incoming ego susceptible to during its prenatal journey?
65. What should prospective mothers do during the sacred months of preparation?
66. What should prospective mothers do in their fourth month?
67. What should prospective mothers do in their fifth and sixth month?
68. What should prospective mothers do in their seventh month?
69. What should prospective mothers do in their eighth month?

Page 12

70. What should prospective mothers do in their ninth month?
71. What is the rulership of a newborn's first three months?
72. What does Wordsworth words, "*Heaven lies about us in our infancy*" mean?
73. What music should be played for the newborn's first three months, why?

Summary/Research Activities

1. Create a playlist for the different months of pregnancy.
2. What does Heindel say about "*Astrology and the Child*"?
3. What are the key components of prenatal care?
4. What is the role of the *Recording Angels* for our offspring?
5. How do lullabies support a child's development?

Further Research Activities/Questions

1. Describe the development of the embryo/fetus over the nine months of development/
2. What does the research say about the use of music during pregnancy?
3. What does the research say about the use of music for newborns?
4. How does Heindel define the Ego and its function?
5. How is music therapy used during pregnancy?

Thoughts for Meditation

1. *“If you are able to discover your own keynote or chord and play it over gently to yourself, you will revive as if by magic. Your keynote can be ascertained by listening to some good music. When the note is played it will send a thrill right through you.”* – **Vera Stanley Alder**
2. *You can look at disease as a form of disharmony. And there's no organ system in the body that's not affected by sound and music and vibration.”*
– **Mitchell Gaynor, M.D.**
3. *“Music...will help dissolve your perplexities and purify your character and sensibilities, and in time of care and sorrow, will keep a fountain of joy alive in you.”* – **Dietrich Bonhoeffer**
4. *Gratitude is the music of the heart when its chords are swept by the breeze of kindness.”* – **Author Unknown**
5. *“Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.”* — **Plato**

“In music, man feels the echo of the inmost life of things, a life related to his own. Because feelings are the most inward part of the soul, and because they are related to the spiritual world and are indwelt by musical sound—that is why man, when he listens to music, lives in the pleasure of feeling himself in harmony with its tones, and in touch with the true home of his spirit.” – **Rudolf Steiner**

Chapter 2 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Chapter 3: *Music of the Zodiac in Relation to the Human Body*

The body of man is his home, the architect who builds it is the astral world. The carpenters are at one time Jupiter, at another Mars, at one time Taurus and at another Orion. Man is a sun and moon and a heaven filled with stars.

—Paracelsus.

Page 13

74. What is found with the entire human body?

| Major Chord | First Tone (1) | Second Tone (3) | Third Tone (5) |
|----------------|----------------|--------------------|----------------|
| D-flat | D-flat | F | A-flat |
| A-flat | A-flat | C | E-flat |
| F-sharp | F-sharp | A-sharp | C-sharp |
| G-sharp | G-sharp | B-sharp (C) | D-sharp |
| A-sharp | A-sharp | C-double sharp (D) | E-sharp (F) |

75. What is the effect of Aries through the key of D-flat major?

76. What is the effect of Taurus in the key of A-flat major?

77. What is the effect of Gemini in the key of F-sharp major?

78. What is the effect of Cancer through G-sharp major?

79. What is the effect of the Hierarchy of Leo working through A-sharp major?

Page 14

| Major Chord | First Tone (1) | Second Tone (3) | Third Tone (5) |
|-------------|----------------|-----------------|----------------|
| C | C | E | G |
| D | D | F-sharp | A |
| E | E | G-sharp | B |
| F | F | A | C |
| G | G | B | D |
| A | A | C-sharp | E |
| B | B | D-sharp | F-sharp |

80. What is the body archetype and effect of Virgo working through C-natural?
81. What is the body archetype and effect of Libra working through D-major?
82. What is the body archetype and effect of Scorpio working through E-major?
83. What is the pattern and effect of Sagittarius working through F-major?
84. What is the pattern and effect of Capricorn working through G-major?
85. What is the body archetype and effect of Aquarius working through A-major?
86. What is the body archetype and effect of Pisces working through B-major?
87. What does the race learn from the keynote of Pisces?

Thoughts for Meditation

1. *Sound is the force of creation, the true whole. Music then, becomes the voice of the great cosmic oneness and therefore the optimal way to reach this final state of healing.* – **Hazrat Inayat Khan**
2. *The prime objective of all Initiatory music in the Temples of Antiquity was to bring about physical purification and renewal, mental stimulation and alertness, spiritual exhilaration and Illumination.* – **St. Ambrose**
3. *The highest goal of music is to connect one's soul to their Divine Nature, not entertainment.* – **Pythagoras**
4. *Music is one of the longest standing self-prescribed therapy in history.*
– **Erin Seibert**
5. *Sound has a geometry of its own. If you utter the right kinds of sounds, it will touch and embrace the forms. There is tremendous power in this.* – **Sadhguru**

“Bach is an astronomer, discovering the most marvelous stars. Beethoven challenges the universe. I only try to express the soul and the heart of man.” - **Frédéric Chopin**

“If I were not a physicist, I would probably be a musician. I often think in music. I live my daydreams in music. I see my life in terms of music.” - **Albert Einstein**

Summary/Research Activities

1. What are the personality traits for each astrological sign?
2. What are the emotions associated with each musical key?
3. What music is preferred by each of the four elements?
4. What music is preferred by each of the astrological signs?
5. What is Sound Geometry and its key concepts?

Further Research Activities/Questions

1. What is a *Zodiac Tone Circle*?
2. How did Steiner adapt the Zodiac Tone Circle to the Cycle of Fifths in music?
3. What is the connection of Venus to music?
4. How are Psalms from the Bible sung?
5. Describe the Zodiac Man in terms of the astrological signs and body parts.

“Music is well said to be the speech of angels; in fact, nothing among the utterances allowed to man is felt to be so divine. It brings us near to the infinite.” — Thomas Carlyle

“When man dwells within the musical element, he lives in a reflection of his spiritual home. In this shadow image of the spiritual, the human soul finds its highest exaltation, the most intimate connection with the primeval element of man. This is why even the most humble soul feels in music an echo of what it has experienced in Devachan. The soul feels at home there. Each time he listens to music man senses, “Yes, I am from another world!””
— Rudolf Steiner

Chapter 3 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Chapter 4: Healing and Music

“Music is Life and Life is Music”

Page 15

88. How did Paracelsus use music in healing?
89. What are the universe and the human body built by?
90. When does perfect health exist?
91. What brings discord into the vital and physical body and why?
92. What is the meaning of “*As a man thinketh in his heart, so is he,*”?

Page 16

93. What is the macrocosm and the microcosm and their relationship?
94. What did Margaret Anderson learn from her experiments in musico-therapy?

Page 17

95. What needs to be addressed in using musico-therapy?
96. What was determined about certain pitches in musico-therapy?
97. What was determined about the correspondence between color and sound vibration?
98. What was determined from experiments on the human voice?

Page 18

99. What was found in exposing mental patients to different types of music?
100. What are the musical prescriptions prescribed by Harriet Ayers Seymour?

Page 19

101. How did Drs. Edward L Cornell and Leonarde Keeler use music as a universal healing agent?

Page 20

102. What music did the young mother select and why a minor key?

Thoughts for Meditation

1. *“Music is the language of the spirit. It opens the secret of life bringing peace, abolishing strife.”* - **Kahlil Gibran**
2. *“When I hear music, I fear no danger. I am invulnerable. I see no foe. I am related to the earliest times, and to the latest.”* — **Henry David Thoreau**
3. *“My heart, which is so full to overflowing, has often been solaced and refreshed by music when sick and weary.”* — **Martin Luther**
4. *“Music is a gift and grace of God, not an invention of men. Thus it drives out the devil and makes people cheerful. Then one forgets all wrath, impurity, and other devices.”* — **Martin Luther**
5. *“Every illness is a musical problem – the healing, a musical solution.”* — **Novalis**

Summary/Research Activities

1. How did Paracelsus use music as a tool for healing?
2. Describe and explain the Music of the Spheres.
3. Describe the effect of minor keys in music, and provide examples.
4. How is music currently used in mental health therapy?
5. Describe the relationship between sound and color.

Further Research Activities/Questions

1. In Chinese Traditional Medicine what are the five elements of music therapy?
2. What has neuroscience shown in regards to music therapy?
3. Where are the different types of music felt within the body?
4. What did Aristotle and Plato believe about music?
5. How did Marsilio Ficino use music as a remedy for the spirit?

“Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and to everything.” - **Plato**

Chapter 4 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Chapter 5: Music as a Healing Agent for Insanity

“Do you know that our soul is composed of harmony?” – Leonardo da Vinci

Page 21

103. What causes “*mental derangement*”?
104. What causes “*idiocy*”?
105. How are the etheric, desire bodies, and mind keyed?
106. What are the effects of a between the desire body and the mind, and a break between the mind and spirit?
107. What is the keynote of the threefold body of humanity, and the spirit?
108. What happens with diseases such as insanity?

Page 22

109. Why is the recovery of highly sensitized patients in mental hospitals often slow?
110. What is the keynote of Earth and two astrological signs?
111. Man’s prime purpose and goal of evolution on Earth?
112. When does disease result?
113. Why should all musical treatment first be directed to the mind and in what chords?
114. What are the two ways that a body ailment indicated in the horoscope?

Page 23

115. How does the close relationship between opposite signs such as Taurus and Scorpio appear musically?
116. When is healing permanent?
117. What occurs when the throat becomes the center of the creative force?
118. What is tuberculosis due to?
119. How do Gemini and Sagittarius as opposite signs work together in healing?

Page 24

120. How do Cancer and Capricorn as opposite signs work together in healing?

121. How do Aries and Libra as opposite signs work together in healing?
122. How do Virgo and Pisces as opposite signs work together in healing?
123. How do Leo and Aquarius as opposite signs work together in healing?

Page 25

124. What is the supreme truth in the musical message of A?



“And when the builders laid the foundation of the temple of the LORD, the priests in their vestments came forward with trumpets, and the Levites, the sons of Asaph, with cymbals, to praise the LORD, according to the directions of David king of Israel. And they sang responsively, praising and giving thanks to the LORD,”
- Ezra 3:10-11

His brother's name was Jubal; he became the father of all those [musicians] who play the lyre and flute. – Genesis 4:21 AMP

Summary/Research Activities

1. How is music therapy used with schizophrenia?
2. How does music regulate the mind?
3. Describe the six zodiac polarities.
4. How does Heindel account for insanity?
5. How is the presence or future indications of disease found in a horoscope?

Further Research Activities/Questions

1. How does the brain respond to music?
2. How does Heindel describe the etheric and desire bodies?
3. What are the songs that Moses wrote and their meaning?
4. How are Indian ragas used in healing?
5. How is music therapy used in pain management?

Thoughts for Mediation

1. *“And those who were seen dancing were thought to be insane by those who could not hear the music.”* - **Friedrich Nietzsche**
2. *“Classical music is the best, and cheapest, mind-altering drug in the world.”*
- **Kamand Kojouri**
3. *“Music should be an essential part of every analysis.”* - **Carl Jung**
4. *“The only truth is music.”* - **Jack Kerouac**
5. *“Music is the universal language of mankind.”*
- **Henry Wadsworth Longfellow**

“When the human being hears music, he has a sense of wellbeing, because these tones harmonize with what he has experienced in the world of his spiritual home.” – **Rudolf Steiner**

Chapter 5 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Chapter 6: Keynotes of Master Musicians

“Music is the mediator between the spiritual and the sensual life.”
- Ludwig van Beethoven

Page 26

125. Who are the “three greatest immortals of the musical world” and did they create?



126. How is Bach, his music, and its effects described?

A musical score for a two-piano piece, likely from Bach's 'Well-Tempered Clavier'. The score consists of four staves, two for each piano. The top two staves are in common time (indicated by 'C') and the bottom two are in common time (indicated by 'C'). The key signature changes frequently, with labels for 'Dm', 'Gm7', 'C', 'Fmaj7', 'Bb', 'C', 'Fmaj7', 'Bb', 'Em7(b5)', 'A7', 'Dm', 'Em7(b5)', 'A', and 'Dm'. The music features various musical techniques such as eighth-note patterns, sixteenth-note patterns, and sustained notes. The notation is in a standard musical staff with clefs (G-clef for treble, F-clef for bass) and various dynamic markings like 'p' (piano) and 'f' (forte).



127. How is Beethoven, his music, and its effects described?

128. What couldn't Beethoven do in his music?

Page 27

129. What is born in the sounds of Beethoven's immortal symphonies?



130. How is Wagner, his music, and its effects described?

131. Where do Wagner's themes come from and how are they set and keyed?

132. What are the three factors in the music of the future that will instantly heal disharmony in man?



Summary/Research Activities

1. What was the meaning of *Parsifal* by Richard Wagner?
2. What are the effects of classical music?
3. Why are Bach, Beethoven, and Mozart considered the Holy Trinity of composers?
4. What is *music semiology* and its uses?
5. What is the spiritual background to Wagner's opera *Lohengrin*?

Further Research Activities/Questions

1. How is spirituality addressed in Wagner's opera *Tannhauser*?
2. What is the history of Mozart as a Freemason?
3. How was Hildegard of Bingen a musical mystic?
4. What did Bach, Beethoven, and Wagner believe about God?
5. In what ways did Richard Wagner change opera?

Thoughts for Meditation

1. *“Music is a higher revelation than all wisdom and philosophy. Music is the electrical soil in which the spirit lives, thinks and invents.”*

- Ludwig van Beethoven

2. *“Music is an agreeable harmony for the honor of God and the permissible delights of the soul.”* - **Johann Sebastian Bach**

3. *What Music expresses is eternal, infinite, and ideal; she expresses not the passion, love, desire, of this or that individual in this or that condition, but Passion, Love, Desire itself, and in such infinitely varied phases as lie in her unique possession and are foreign and unknown to any other tongue*

– Richard Wagner

4. *The vibrations on the air are the breath of God speaking to man's soul. Music is the language of God. We musicians are as close to God as man can be. We hear his voice, we read his lips, we give birth to the children of God, who sing his praise. That's what musicians are.* - **Ludwig van Beethoven**

5. Music is...a higher revelation than all Wisdom & Philosophy.

– Ludwig van Beethoven

Praise the LORD! Praise God in His sanctuary; Praise Him in His mighty heavens. Praise Him for His mighty acts; Praise Him according to [the abundance of] His greatness. [Deut 3:24; Ps 145:5, 6] Praise Him with trumpet sound; Praise Him with harp and lyre. Praise Him with tambourine and dancing; Praise Him with stringed instruments and flute. Praise Him with resounding cymbals; Praise Him with loud cymbals. Let everything that has breath and every breath of life praise the LORD! Praise the LORD! (Hallelujah!) – Psalm 150:1-6

Chapter 6 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Chapter 6: Regeneration Through Music

Music is an art imbued with power to penetrate into the very depth of the soul, imbuing man with the love of virtue. - Plato

Page 28

133. What does the moral force of music rest on?
134. What does music send forth?
135. What did Pythagoras believe about music?
136. How were the healing qualities of music used in the early Mysteries?
137. How did Egyptians use music?
138. How did the Greeks use music to produce a regenerative effect?
139. What did temple priests teach the people?

Page 29

140. How did advanced Persians celebrate the sun in the different astrological signs and receive its benefits?
141. What are two examples of magical music brought to Earth by a high Initiate?
142. What does the Last Supper represent?
143. What are the effects of certain high and noble music?
144. What are the musical lights, and their location and function?

Page 30

145. How can we describe the first vital point and its effect?
146. How can we describe the second vital point and its effect?
147. How can we describe the third vital point and its effect?
148. How can we describe the fourth vital point and its effect?
149. How can we describe the fifth vital point and its effect?
150. How can we describe the sixth vital point and its effect?

Page 31

151. How can we describe the seventh vital point and its effect?

152. What occurs as the spinal spiritual fire ascends?
153. What does Rudolf Steiner call the lifting of the spinal spiritual fire?
154. How does Dr. George S. Arundale describe the lifting of the spinal spiritual fire?
155. What are the lower and upper part of the of the single string of the monochord?
156. What is the interval on the monochord between heaven and earth?
157. When will man become a conscious citizen of two worlds?
158. How are the upper and lower heavenly notes of the monochord sounded?

Page 32

159. What occurs when the upper and lower heavenly notes are both sounded?
160. What is the diapason of struggle for supremacy?
161. How is man transformed into the celestial man?
162. What is found about the notes of the earth, sun, and the heavens?
163. What planet works on man, and its effects?
164. How does Rudolf Steiner say we can “*know the lost secrets of architecture*”, sculpture, painting, and music?

Page 33

165. What occurred in the *Cathedral Age*?
166. What was the first real school of music?
167. What do the Psalms represent?
168. What effect has the seven-stringed harp had?

“*Meanwhile, David and all the house of Israel were celebrating and dancing before the Lord with all kinds of instruments made of fir or cypress wood, with lyres, harps, tambourines, castanets, and cymbals.*” – **2 Samuel 6:5 AMP**



169. What does the seven-stringed harp represent within our bodies?

170. What is the sevenfold tone?

171. What occurs in the brain cavities as man develops his spiritual nature?

172. What are the names of the seven centers of the brain?

Page 34

173. How does Hargrave Jennings describe the symbolism of the seven-string harp?

174. What is the Grail music of Richard Wagner?

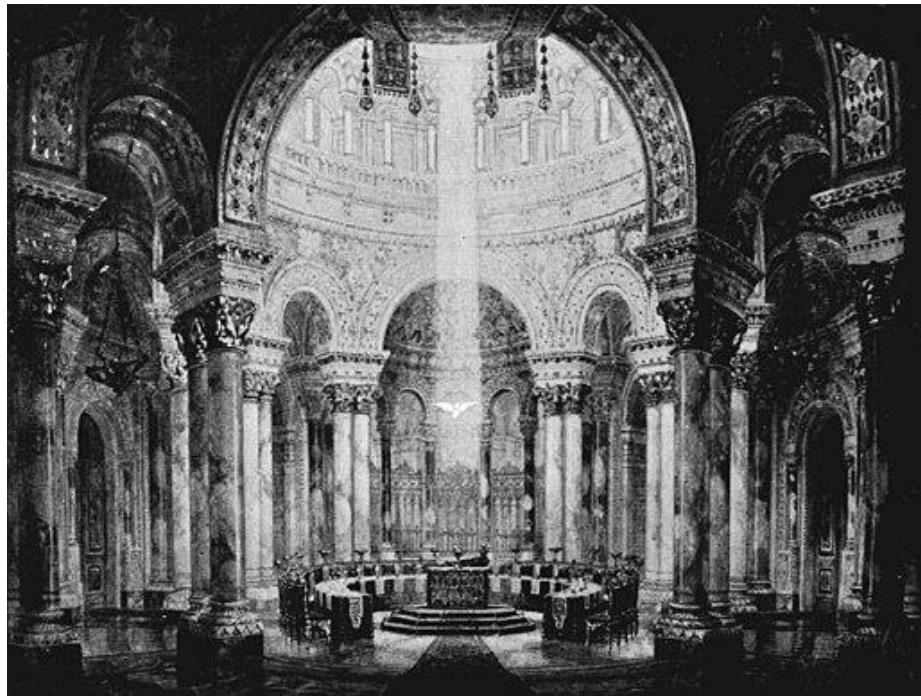
175. How is Parsifal attuned, and what does it provide?

176. What did Wagner do as an Initiate of the Musical Ray?

177. What is the Temple of the Grail?

Page 35

178. What do the Illuminated Ones do in the Grail Temple?



179. What happens as musicians purify their lives?

180. Who are the knights and maidens of the Grail?

181. Why is music called the “*handmaid of religion*”?

182. What did Plato say about music?



Summary/Research Activities

1. Describe a lyre in detail and how it is played.
2. How is Apollo associated with music?
3. What is the Holy Grail and what legends are associated with it?
4. How does Heindel explain the *spinal spiritual fire* in the body?
5. How can we describe the anatomy and physiology of the brain?

Further Research Activities/Questions

1. How is music used in chakra cleansing and healing?
2. Who is Jubal in the Bible?
3. Who was Orpheus and his legend?
4. What is the meaning of the Lyre constellation in astrology?
5. What is the esoteric background of Wolfram's Parzival?

Thoughts for Meditation

1. "Music in the soul can be heard by the universe." - **Lao Tzu**
2. *There will come a time when a diseased condition will not be described as it is today by physicians and psychologists, but it will be spoken of in musical terms, as one would speak of a piano that was out of tune.* – **Rudolf Steiner**
3. *Healing is communication; and music, in its universal nature, is total communication. In the deepest mysteries of music are the inspirations, the pathways, and the healing which lead to one-ness and unity.*
– **Olivia Dewhurst-Maddock**
4. *Music can heal the wounds that medicine cannot touch.* – **Debasish Mridha**
5. "Life seems to go on without effort when I am filled with music."
- **George Eliot**

"Music is the mediator between the spiritual and the sensual life."
- **Ludwig van Beethoven**

Chapter 7 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Chapter 8: A New World Music

“After silence, that which comes closest to expressing the inexpressible is music.”
- Aldous Huxley

Page 36

183. What is the purpose of the “*common music form for the Western Hemisphere*”?

184. How does the music of the totalitarian world differ from the democratic world?

185. What does John hear and record in the *Book of Revelations*?

186. What needs to occur before Christ’s second coming?

Page 37

187. What occurs as man raises his spiritual condition?

188. How many planets will we eventually have in our solar system?

189. What will future work in the Temple of the Grail consist of for those progressing along the musical Ray?

190. What is destined to happen to man?

191. What will happen when we *walk in the light*?

192. Where should we look to find our souls?

*Sit, Jessica. Look how the floor of heaven
Is thick inlaid with patines of bright gold:
There's not the smallest orb which thou behold'st
But in his motion like an angel sings,
Still quiring to the young-eyed cherubins;
Such harmony is in immortal souls;
But whilst this muddy vesture of decay
Doth grossly close it in, we cannot hear it.*

- William Shakespeare, the Merchant of Venice

Summary/Research Activities

1. How is celestial music produced?
2. How did Pythagoras describe a pitch?
3. How did Aristotle describe the music of the spheres?
4. How did Kepler explain musical intervals and harmonies?
5. What are “*stellar harmonies*” and what can they tell us?

Further Research Activities/Questions

1. What are some of the political party songs from around the world?
2. What is “*Planet Nine*”?
3. What is “*Planet Y*”?
4. What is the frequency, octave, tone, color, and tempo in beats per minute for each planet?
5. What is the meaning of 1 John 1:57?

This is the message [of God’s promised revelation] which we have heard from Him and now announce to you, that God is Light [He is holy, His message is truthful, He is perfect in righteousness], and in Him there is no darkness at all [no sin, no wickedness, no imperfection]. 6 If we say that we have fellowship with Him and yet walk in the darkness [of sin], we lie and do not practice the truth; 7 but if we [really] walk in the Light [that is, live each and every day in conformity with the precepts of God], as He Himself is in the Light, we have [true, unbroken] fellowship with one another [He with us, and we with Him], and the blood of Jesus His Son cleanses us from all sin [by erasing the stain of sin, keeping us cleansed from sin in all its forms and manifestations].

(1 John 1:5-7 AMP)

“Next to the Word of God, the noble art of music is the greatest treasure in the world.” - Martin Luther

Thoughts for Meditation

1. *“Music is the divine way to tell beautiful, poetic things to the heart.”*
- **Pablo Casals**
2. *“Music is the literature of the heart; it commences where speech ends.”*
- **Alphonse de Lamartine**
3. *“Music cleanses the understanding; inspires it and lifts it into a realm which it would not reach if it were left to itself.”* - **Henry Ward Beecher**
4. *“Music gives color to the air of the moment.”* - **Karl Lagerfeld**
5. *“When we listen to music, we are not listening to the past, we are not listening to the future, we are listening to an expanded present.”* - **Alan Watts**



Chapter 8 Summary

| | |
|--|--|
| <i>Essential Scientific/Medical/Anatomical Information to Understand Music</i> | <i>Specific Findings, Tests, Observations to Support Music Healing/Therapy</i> |
| <i>Music Connection Examples</i> | <i>Spiritual/Astrological Connections with Music Healing/Therapy</i> |
| <i>Specific Practices of Music Healing/Therapy</i> | |

Hymn to the Holy Spirit

by Hildegard of Bingen

1. *O fiery Spirit, praise to you,
who on the tympana and lyre
work and play!*

2. *By you the human mind is set ablaze,
the tabernacle of its soul
contains its strength.*

3. *So mounts the will
and grants the soul to taste—
desire is its lamp.*

4. *In sweetest sound the intellect upon you calls,
a dwelling-place prepares for you,
with reason sweating in the golden labor.*

5. *Yet in your hand you always hold the sword
to cut away
the deadly apple offering
its blackened heart—a homicide,*

6. *when once that cloud reached out
to overshad the will and its desires,
in which the soul takes flight and circles round about.*

7. *But of the will and of desire the mind serves as the bond.*

8. *For when the spirit rears itself
to seek to see the evil eye, the gaping maw of wickedness,
then swiftly in your fire do you consume it, when you will.*

9. *But when the reason strays and, working evil things,
falls flat and low,
then as you will, you draw, constrain, and bring it back
through floods of trials and ordeals.*

10. *When evil yet its sword against you
draws, you break its blade into its heart—
the thrust against the fallen angel first
you made when into Hell you cast
his tower of pride.*

11. *Another tower you raised up in its place,
amongst the taxmen and the sinners—
to you their sins they do confess by their own works and deeds.*

12. *So ev'ry creature, as it takes
its life from you, returns to you its praise,
for you are that most precious balm
for broken, fetid wounds,
transforming them into
most precious gems.*

13. *Now deign to gather us, to draw us all to you,
and to direct us on the upright course. - Amen.*