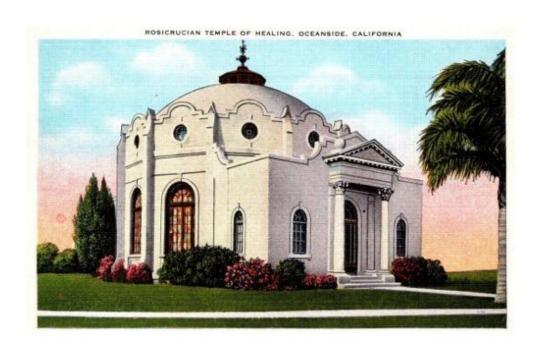
Rosicrucian Insights

How to Participate in The Rosicrucian Fellowship Healing Service From your Home



"One coal will not make a fire, but where a number of coals are heaped together, the heat which is latent in each may be kindled into a flame, emitting light and warmth."

The Healing Service

Behold, I will bring it health and cure, and I will cure them, and will reveal unto them the abundance of peace and truth. (Jeremiah 33:6 KJV)

Healing meetings are held at Rosicrucian Headquarters on nights when the Moon is in Cardinal Signs of the Zodiac (Aries, Cancer, Libra and Capricorn). The hour of this service is **6:30 pm** (7:30 pm during Daylight Savings Time).

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour, 6:30 pm (7:30 pm during Daylight Savings Time). Relax, close your eyes, and make a mental picture of the pure white rose in the center of the *Rosicrucian Fellowship Emblem*. Concentrate your thoughts upon the central *white rose* in the emblem, which stands for the pure heart that is in such an unselfish Invisible Helper.

Pray that your thoughts may be as pure as that rose so that we may be able to generate thoughts of purity, strength, and helpfulness and trust in God in spite of all discouragements. Then concentrate on *Health* and *Divine Love*, and pray to the Great Physician, our Father in Heaven, for the restoration to health of all who suffer, particularly those who have applied to Headquarters.

Note: The virtue of the Cardinal Signs is the dynamic energy which they infuse into every enterprise started under their influence. Therefore, the healing thoughts of helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

Preparation for Healing Service

As healer, it will be especially important that the *night before* a Healing Service our own bodies are at their optimum level of health so at the designated time we can best "generate thoughts of purity, strength, and helpfulness and trust in God in spite of all discouragements" and then concentrate on *Health* and *Divine Love*. Therefore, the night before you might want to a prayer for the Recuperative Power of Sleep:

Prayer for the Recuperative Power of Sleep

Dear Lord, I know that all my thoughts and movements throughout the day break down and destroy my dense vehicle. It is only because you allow my vital body to build back up what has been torn down that harmony can be restored within me each day. By your grace my body is able to eliminate the poisons from the tissue that was destroyed as a result of my daily physical activities, impulses, and thoughts so that my vital body can then use the chemical ether as a medium to repair and rebuild my dense body in my sleep. In your perfect design, our lower vehicles enter into a state of sleep, to allow the Ego to take the mind and desire body into the harmonious vibrations of the Desire World in order to be restored while strengthening the higher vehicles. This divine plan renews the vital body

sufficiently so it can then rebuild our dense body and suspend any additional waste production. It is only by the power of the recuperative sleep you bring to us that we restore the rhythm of my body can and thereby preserve our health so we might best serve your will. Amen

- My Prayer based on Rosicrucian Cosmo-Conception, p. 92-94

In order to heal others, it is essential that we suspend all *doubt* and *disbelief* that healing will occur for others. Therefore, prior to concentrating on healing and divine love we should confirm that we are completely confident in the Lord and His abilities. *Psalm 139:23-24* provides us with just such a prayer. Notice it is only 31 words. These 31 words represent the condensation of millions of thoughts, feelings, emotions, words of petition so as to produce a short, highly charged prayer. It is so highly charged that you should think of it as the battery of a race car being placed into a small toy car. And you are going to place this super charged prayer into your mind and the only reason your mind can handle such extreme power is your faith and that you have worked diligently to purify and spiritually build yourself.

Prayer to Relieve Disbelief

Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting. (Psalm 139:23-24 KJV)

Next, in order to heal others, you will need to be able to quickly *center* yourself so you can then *concentrate* on Health and Divine Love. In terms of centering yourself quickly or becoming silent, Annie Rix Militz recommends using the opening from *Psalm 103*. However, it is not simply the words "but through realizing their meaning" you will find your center. Praising God is the act of centering yourself which provides the "poise, peace, and power" to put you into the right frame of concentration. These 16 words of praise also put forth a condensed, supercharged payer that once taken into your mind will touch all that is within you including your "soul consciousness".

Prayer to Centering Yourself Quickly

"Bless the Lord, O my soul; and all that is within me, bless his holy name." (Psalm 103:1 KJV)

Now with complete confidence and having centered yourself you should now acknowledge the work you will doing to God, the creator and giver of all healing forces.

Prayer Before Concentration of Divine Love and Healing

O Great and Wonderful Creator of the Universe, as your humble servant you have charged me with the task of healing others in your name. Therefore, I now stand ready to honor those words and further glorify your name. I have no fear as all doubt and disbelief has been suspended from my mind and I firmly believe that there is nothing outside of your divine power. I know I am but a single coal but at the given time I will concentrate my thoughts on Divine Love and Healing so that they then may be focused and directed to the Elder brothers of the Rosicrucian Order to aid in their healing work for humanity. (if prior to a Healing Service you can add: Then with the combined efforts of all my brothers, may our burning coals be kindled together into a greater source of heat and light to receive and liberate your healing force for our fellow man in their times of need.) Amen

-My Prayer based on The Healing Service, Max Heindel

