

Rosicrucian Insights



Participating in the World Peace Meditation

By G. E. Carlin

World Peace Meditation

Now the Lord of peace himself give you peace always by all means. The Lord be with you all. (2 Thessalonians 3:16 KJV)

On each day of the month when the Moon enters a Water Sign (*Cancer, Pisces and Scorpio*) the Rosicrucian Fellowship has a ***World Peace Meditation***. On these days we ask that all peace lovers create thoughts of peace so that these thoughts can be collected and united into powerful thought-forces for the purpose of creating World Peace. In order to create this thought force, students pray the following prayer:

"Our heavenly Father, according to Thy will, may the Love-Wisdom Principle of Divine Power eradicate discord and establish harmony and universal peace in the hearts and affairs of men."

If preferred, the *Rosicrucian Fellowship Prayer* may be used in response from or in place of a silent concentration, or an oral repetition of the Prayer may be given to break the silence if this meditation is used by a group.

The Rosicrucian Fellowship Prayer

*Not more of Light we ask, O God,
But eyes to see what is;
Not sweeter songs, but ears to hear
The present melodies;
Not greater strength, but how to use
The power that we possess;
Not more of love, but skill to turn
A frown to a caress;
Not more of joy, but how to feel
It kindling presence near,
To give to others all we have
Of courage and of cheer.
No other gift, dear God, we ask,
But only sense to see
How best the precious gifts to use
We have received from Thee.
Give us all fears to dominate,
All holy joys to know,
To be the friends we wish to be,
To speak the truth we know;
To love the pure, to seek the good,
To lift with all our might,
All souls to dwell in harmony
In Freedom's perfect light.*

If you prefer another excellent prayer by St. Therese of Lisieux may be used in response from or in place of a silent concentration.

St. Therese's Prayer for Peace

St. Therese of Lisieux

May today there be peace within.

May you trust God that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith.

*May you use those gifts that you have received,
and pass on the love that has been given to you.*

May you be content knowing you are a child of God.

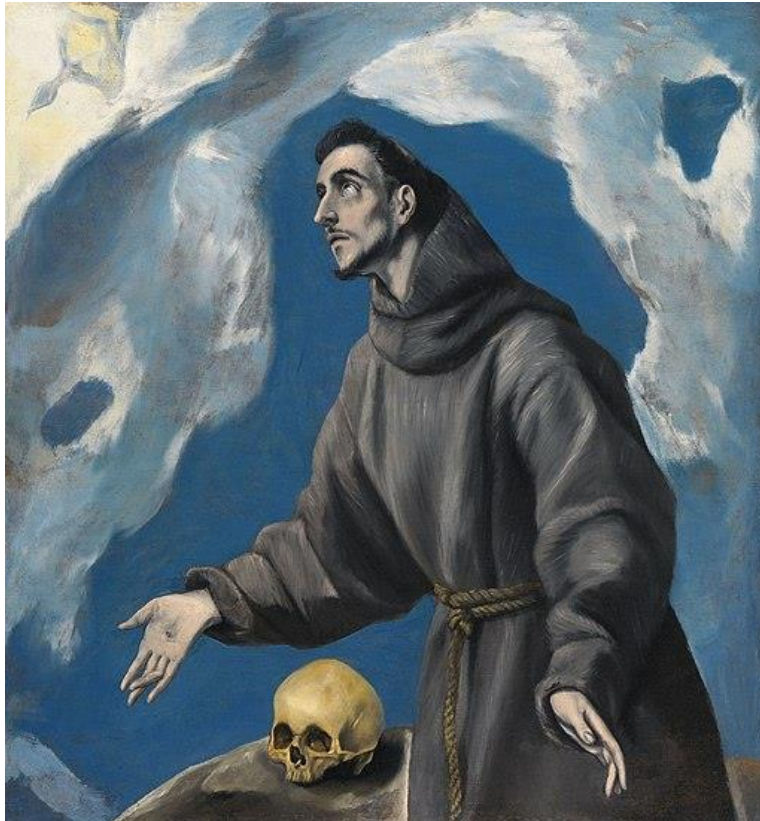
*Let this presence settle into your bones, and allow your soul the freedom to sing,
dance, praise and love. It is there for each and every one of us.*



If you prefer another excellent prayer for peace is the *Prayer for Peace* attributed to (but not written by) St. Francis of Assisi may be used in response from or in place of a silent concentration.

Prayer of St. Francis of Assisi (*Prayer for Peace*)

*Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.*



Preparing for the World Peace Meditation

In order to produce thoughts of peace we also must first have peace within ourselves, as Max Heindel tell us, there must be peace between our lower and high natures and we should be self-reliant so that we can stand on our own in difficult and trying times. Then and only then can we truly “walk the path to peace”. Here is my sample prayer so that you may walk the path to peace:

My Prayer for Walking the Path to Peace

My Merciful Lord, within me I feel the raging battle between my higher and lower natures tearing my breast apart as I struggle in my quest for the Grail. In my times of despair lift my head so I might continue my journey to the sacred and purer spheres. Help me to help myself and cultivate the cardinal virtue of self-reliance so I do not blindly lean upon you. Lord, give me strength and courage, point me in your way so I can walk the path to peace rejoicing in your mercy for you have considered my trouble and known my soul in adversities and yet have always been near to strengthen my heart. May the bliss of Your peace touch the hearts of all men as you have touched me. Amen

- My Prayer based on *Mysteries of the Great Operas*, p. 25 and Psalm 31

My Prayer Prior to Meditation

Make us, Lord, always ready to create living thought-forms within our mind and meditate upon them. Gently transition my concentration into mediation so I may acquire complete knowledge upon my chosen object. Walk with me, hand in hand, as we trace the history of the object and envision even the smallest pieces of evidence that will shed light upon its relation to the world in general. For only then can my spiritual aspirations of unifying my higher and lower natures be accomplished through my meditation. And when I chose to focus on Your life, grant me the privilege to see beyond all the miraculous events of your life, the depths of your suffering and glory of your resurrection so I can fully know You as the Father knows you. Amen

- based on *The Rosicrucian Cosmo-Conception*, p. 465, 489-491

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My Prayer After Meditation

O God, the sovereign God of my soul, through my meditation today I came into Your presence so I could listen and think about what you wanted to show and tell me which then allowed me to come to a closer understanding of your divine character and an understanding of the spiritual truths of the higher worlds. I am sensing that my mediation has begun to produce a transformation in my thoughts and beliefs so that your divine nature now has room to reside within me. I feel your thoughts and nature slowly merging with mine so that my mind can now go beyond itself and tap into “new fields of knowledge and gain new understandings” and connect with forces that exist in higher and purer spheres. Your daily presence in my meditation has started to open my heart and I feel myself becoming as You were to the world; loving, compassionate, and merciful, completely filled with goodness, joy, and unimaginable peace. Therefore, I will praise thee, O LORD, with my whole heart; I will shew forth all thy marvelous works. I will be glad and rejoice in thee and I will sing your praise.

- Prayer based on RF Writings and Psalm 9:1-2 KJV

And the fruit of righteousness is sown in peace of them that make peace.
(James 3:18 KJV)



Blessed are the peacemakers: for they shall be called the children of God.
(Matthew 5:9 KJV)