

The Rosicrucian Fellowship



Occult Principles of Health and Healing

By Max Heindel

Self-Study Guide Book 3

Healing

By G. E. Carlin and Jim Noel

The Rosicrucian Fellowship School of Spiritual Healing

Foreword

This course of study is structured around Max Heindel's book *Occult Principles of Health and Healing*, as described in the foreword of this book:

“This compilation of material concerning the health and healing of the human organism as considered from the occult viewpoint affords those interested in attaining and maintaining health a treasure chest of valuable information.”

For in this book, Max Heindel wanted to describe and explain *“the real causes of physical and mental disorders as revealed in the realm of cause, the higher or superphysical planes”* and to provide the *“origin, functions, and proper care of the vehicles of man”*.

Therefore, the goal of these Self-Study Guides is to prepare students with a firm foundation in principles of spiritual healing so they may aide others in healing as Visible and Invisible Helpers. In each Study Guides you will explore the concepts and ideas of health and healing as expressed in the 25 chapters of the *Occult Principles of Health and Healing*. These Study Guides will also be used in the classroom setting at The *Rosicrucian Fellowship of Spiritual Healing* in Oceanside, California.

Disclaimer

Please note, the views and opinions expressed about the different forms of healing and the related scientific understandings in the *Occult Principles of Health and Healing* are those of the author, Max Heindel, and do not necessarily reflect the current views or positions of the science and medical professions. The content in this Self-Study guide is not intended to diagnose, treat, or prevent any condition. Please consult your doctor for all medical issues or before making any changes to your health regimen.

Historical Context and Concerns

In reading a book such as *Occult Principles of Health and Healing* it is important to take into consideration the historical context of the time in which it was written. Statements about race hierarchy and how they related to levels of spiritual evolution was somewhat common in esoteric writing of the early 20th century. However, that being said it certainly does not minimize the concerns these statements raise. Yet, if we consider the underlying message of the writings of Max Heindel we find a spiritual leader that actively promoted the cause for ***Universal Brotherhood***.

As he states, “The Fellowship disregards national and racial differences, endeavoring to join all together in a bond of love,” While he also encouraged humanity to look beyond “sharply differentiated forms which they behold blind them to the inalienable unity of each soul with all others”. For Heindel then cautions us that we cannot become a Universal Brotherhood, “As long as you are tied to the family, the nation, the tribe, you are siding with the old blood, the old ways, and cannot amalgamate into a universal brotherhood. That can only come when you marry internationally because when you have so many nations the way to unite them is through marriage.

INTRODUCTION

The Rosicrucian School of Spiritual Healing

One of the main functions of the Rosicrucian School of Spiritual Healing will be to teach the Rosicrucian methods of maintaining health in accordance with the underlying principles of the *Ten-Fold Constitution of Man*.



DIAGRAM 5 SHOWS THE TENFOLD CONSTITUTION OF MAN

Man is a threefold Spirit, possessing a Mind by means of which he governs a threefold Body, which he emanated from himself to gather experience. This threefold Body he transmutes into a threefold Soul, upon which he nourishes himself from impotence to omnipotence.

The Divine Spirit	{ emanates from itself	{ The Dense Body The Vital Body The Desire Body	} extracting as pabulum	{ Conscious Soul Intellectual Soul Emotional Soul
The Life Spirit				
The Human Spirit				

The mirror of mind also contributes increasingly to spiritual growth as the thoughts which it transmits to and from the Spirit polish it to greater brightness sharpening and intensifying its focus more and more to a single point, perfectly flexible and under the control of the Spirit.

In order to accomplish this function, the Rosicrucian School of Spiritual Healing will provide *Self-Study Guides* for students to familiarize themselves with the concepts such as; the vehicles man's body, basic anatomy and physiology, spiritual causes of disease, spiritual healing and its methods, and death. In addition, the Rosicrucian School of Spiritual Healing will offer in person and online lectures and classes for students who further wish to expand their learning as well as patients that wish to fully understand their role in their health and the healing process.

There are seven *Self-Study Guides for The Rosicrucian Fellowship School for Spiritual Healing* to help prepare you to volunteer in their Healing Center. The Study Guides were designed as a course of self-study in which you explore the concepts and ideas of health and healing as expressed in the 25 chapters of the book, *Occult Principles of Health and Healing* by Max Heindel.

The *Occult Principles of Health and Healing* consists of seven Self-Study Guides:

- 1. *Understanding the Vehicles of Man***
- 2. *Disease***
- 3. *Healing***
- 4. *Maintaining Health and Special Applications for Healing***
- 5. *“There is no Death”***
- 6. *General Anatomy***
- 7. *On Conducting a Healing Center***

This is **Book 3: *Healing*** in the Self-Study Guides series. And it consists of five chapters from the *Occult Principles of Health and Healing* that are related to Disease.

Ch 8: *Origin and Development of Healing*

Ch 9: *The Rosicrucian Fellowship Method of Healing*

Ch 18: *Form of Healing to Use*

Ch 19: *The Scope of Healing*

For each chapter in the Self-Study Guide there will be:

- Pre-Reading Activity
- Reading Template
- Chapter Questions
- Summary Questions
- Class Discussion Questions
- Research on Your Own Activity
- Reflection and Connections
- Final Thoughts

Please Note: that you may use any edition of the *Occult Principles of Health and Healing* book in either hardcopy or downloaded as a .pdf file from the *Rosicrucian Fellowship* website at <www.rosicrucian.com>.

Instructions for Each Component of the Self-Study Guide

Pre-Reading Activity

This consists of four questions related to the topic of the chapter that you are to answer based upon your beliefs and understandings prior to reading the chapter. It is intended to provide a reference by which you can judge how your thoughts and beliefs prior to reading the chapter were confirmed, enriched, or challenged with new ideas and concepts.

Reading Template

During the course of your reading, you may want to record certain information or organize the information into a different format (i.e., Mind Map) therefore a large box (**NOTES**) is provided in the template for you to use as you see fit. In addition, as you read you may have:

- Questions that you can record in the **QUESTIONS** box.
- Ideas or concepts you want to further look into (**INVESTIGATE Box**)
- Things you are not sure you understand (**CLARITY Box**)
- Or ideas, concepts, or practices you understand or believe differently about (**CHALLENGE Box**)

As these the things that can be discussed with *Probationers* at your group meetings and online forums for the School of Spiritual Healing.

Chapter Questions:

As you read each chapter in the book you will be asked questions in which the answers come directly from the reading. Please note the questions are in sequential order with the reading to ensure that you will be able to locate the needed information to answer the question, ideas for your work in the Healing Center, and information you might share with patients when appropriate.

Summary Questions:

These are larger, overarching questions that cover the main ideas or concepts from the chapters. Information from your Chapter Questions will be helpful in answering these questions. Information to answer these questions can be in one section of the chapter or found throughout the chapter.

Class Discussion Questions:

This is a list of sample questions that might be discussed during your class discussions with other students and a Probationer of the Rosicrucian Fellowship.

Research on Your Own Activity:

You will be asked to research on your own certain ideas or concepts that are presented in the chapter. Generally, they are ideas and concepts used in supporting the content of the chapter so they are minimal in their description and explanation. Therefore, you can use any of Max Heindel's books such as *Rosicrucian Cosmo-Conception* to find additional information.

Reflection and Connections:

The reflection questions are asking you to identify what *you* consider to be the most important information from the chapter, ideas for your work in the Healing Center, and things you might share with patients when appropriate. Finally, the "Connection" will require you to explore something on your own that is related to the topic of the chapter.

Final Thoughts:

Some final ideas connected to the topic of the chapter are presented as well as a summary of some key ideas and concepts.



Prayers for Your Work

Prayer Before Your Spiritual Reading

My Short Prayer to Open Your Mind to God's Words

Lord, Give me understanding, and I shall keep thy law; and I shall observe it with my whole heart. Open my mind that I might understand your divine words from these spiritual books and apply them always to my life so I might glorify your name. Amen

- (GEC) Based on Psalms 119:34 and Luke 24:45

Pause to Pray at Heartfelt Times

There will be times when you are reading a spiritual book that something special or insightful touches you or “penetrates the heart”. So, stop reading and offer a heartfelt prayer of thanksgiving to God. Do not be concerned if you have only read a brief amount in your spiritual book before you stop to offer a pray to God.

My Short Prayer to Thank God for Touching You with His Words

Lord, what you have just given me in this reading has grown the seeds within my mind to yield a fruitful harvest. Your wisdom and knowledge brightly shine around me and I now feel them richly dwelling in my heart. I thank you, My God, for the joy in my heart and praise your glorious name. Amen

- (GEC) Based on Psalm 85:12, Colossians 3:16, and 1 Chronicles 29:13
Prayer

Prayer After Your Spiritual Reading

My Short Prayer to Thank God for His Words

Lord, in this reading you have taught me your ways so I now might walk in your truth. Even though your thoughts are very deep I now begin to understand how great are your works through these blessed words. In our reading together you have satisfied my longing soul and filled it with good things. Amen

- (GEC) Based on Psalm 86:11, Psalm 92:5, and Psalm 107:9

Prayer Before Studies

“Almighty God, our Heavenly Father, without Whose help labor is useless, without Whose light search is vain: Invigorate my studies and direct my inquiries, that I may, by due diligence and right discernment, establish myself and others in Thy holy faith;” ... then I can use the knowledge you have allowed me to acquire to best serve you and my fellow man. Amen”

A Student’s Prayer

By Thomas Aquinas

Come, Holy Spirit, Divine Creator, true source of light and fountain of wisdom! Pour forth your brilliance upon my dense intellect, dissipate the darkness which covers me, that of sin and of ignorance. Grant me a penetrating mind to understand, a retentive memory, method and ease in learning, the lucidity to comprehend, and abundant grace in expressing myself. Guide the beginning of my work, direct its progress, and bring it to successful completion. This I ask through Jesus Christ, true God and true man, living and reigning with You and the Father, forever and ever. Amen.

The Student’s Prayer

The Rosicrucian Fellowship

*Oh, God, increase my love for Thee
so that I may serve thee better from day to day.
Let the words of my mouth and the meditation of my heart
be acceptable in thy sight,
O LORD, my strength and my redeemer.*

- Max Heindel

Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

- **2 Timothy 2:15**

Occult Principles of Health and Healing



By Max Heindel

Self-Study Guide: Chapter 8

Origin and Development of Healing

Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give. – Matthew 10:8

Pre-Reading Activity: *What Are Your Thoughts About the Development of Healing?*

Before reading Chapter 8: *Origin and Development of Healing* it is important that you first consider your current thoughts on the development healing so upon completing the reading you can then see how your thoughts were confirmed, enriched, or challenged with new ideas and concepts.

<p><i>What do you believe to be the role of a “spiritual advisor”?</i></p>	<p><i>How close do you believe humanity is to obtaining perfect health, why?</i></p>
<p><i>Is there a difference between curing and healing?</i></p>	<p><i>What is the patient’s role and responsibility in healing?</i></p>

Reading Template for Chapter 8

CHAPTER 8 NOTES

Questions

Investigate

Clarity

Challenge

Chapter Questions for Chapter 8

1. Why are spiritual advisors closely associated with healing?

--

2. How have Catholic orders worked with people in times of sickness?

--

3. How was the power of the priest to uplift his patient increased?

--

4. Why do we still need further efforts in healing?

--

5. Why must man be thought of as composite being in our healing efforts?

--

6. What is the main distinction between a healing and a cure?

--

7. Why are some treatments in producing a cure only temporary?

--

8. What does healing require?

--

9. What was essential in expecting a healing from Jesus?

--

10. What are four examples from the Bible of people actively cooperating with their healing?

--

11. How did Elijah ask Naaman to demonstrate the spirit of submission?

--

12. In your own words state the law of Nature for healing.

--

13. What brings disease?

--

14. What happens when a person demonstrates obedience in their healing?

--

15. What are the three great factors in healing?

--

16. Where is the power of healing found?

--

17. What is the role of the healer in healing?

--

Summary Questions for Chapter 8

1. Explain the difference between *Curing and Healing*.

2. Why did Jesus *not* do healings in Nazareth?

3. Explain the *requirements* for healing.

4. Describe the flow of the *power of the universe* in the *three great factors of healing*

Class Discussion Questions for Chapter 8

- **How may humanity attain and maintain perfect health?**
- **What does it mean to “cure” someone?**
- **What does it mean to break the laws of Nature in terms of health?**
- **What did people receive when healed by Christ?**
- **How do we actively cooperate during a healing?**
- **What does it mean to have a “spirit of obedience”?**
- **How is disobedience related to disease?**
- **What makes God the Great Physician?**
- **How does power flow in a healing?**

*****Research on Your Own – Chapter 8*****

1. Who was *Aesculapius*?

2. What *myth(s)* is associated with Aesculapius?

3. Where is Aesculapius seen in the *sky*?

4. What does Aesculapius represent the *horoscope*?

Reflection and Connection for Chapter 8

Four Most Important Things You Learned
1.
2.
3.
4.
Three Important Ideas for Your Work in a Healing Center
1.
2.
3.
Two Things You Can Share with Patients in a Healing Center
1.
2.
Most Essential Concept in the Chapter, Why?
1.

Final Thoughts for Chapter 8

Spiritual Healing

Spiritual healing operates on the higher planes of being but is affected in strict adherence to Natural Laws which prevail below as above. Consequently, all natural therapeutics applied on the physical plane are in harmony with the work of the Invisible Helpers on the higher planes.

The Right to Health

Some people "*demand*" perfect health and claim they have a right to it. They forget that, either in this or a former life, some have forfeited their God-given right through disobedience to Nature's Laws which are God's Laws. Through suffering, they have to learn obedience. When they have mastered their lessons and are willing to "*sin no more*," their right to health will be restored to them.

The Laws of Nature

We live in this world, governed by the laws of nature. Under these laws we must live and work, and we are powerless to change them. If we know them and intelligently cooperate with them, these nature-forces become most valuable servants, e.g., electricity and the expansive force of steam. If, on the other hand, we do not understand them and in our ignorance work contrary to them, they become most dangerous enemies, capable of terrible destruction.

Therefore, the more we know of the working methods of nature, which latter is but the visible symbol of the invisible God, the better able we shall be to take advantage of the opportunities it offers for growth and power; for emancipation from bondage and for elevation to mastery. – **RCC. Pp. 191-192**

Obedience

Yet, as we follow the evolution of man in detail, we shall see that the present phase or period of development, though it cannot be called a golden age in any but a material sense, is nevertheless a necessary one, in order to bring man to the point where he will be able to rule himself, for self-mastery is the end and aim of all rulership. No man can safely remain ungoverned who has not learned to govern himself, and at the present stage of development, that is the hardest task that can be given him. It is easy to command others; it is hard to force obedience from oneself. – **RCC, p. 273**

Occult Principles of Health and Healing



By Max Heindel

Self-Study Guide: Chapter 9

The Rosicrucian Fellowship Method of Healing

He sent his word, and healed them, and delivered them from their destructions.
– Psalm 107:20

Pre-Reading Activity: *What Are Your Thoughts About Rosicrucians and Healing?*

Before reading Chapter 9: *The Rosicrucian Fellowship Method of Healing* it is important that you first consider your current thoughts on spiritual healing so upon completing the reading you can then see how your thoughts were confirmed, enriched, or challenged with new ideas and concepts.

<p><i>Why do you think Rosicrucians heal others?</i></p>	<p><i>Do you believe everyone has the ability to heal, why or why not?</i></p>
<p><i>Should healing be free of charge to the best of our medical system's ability for everyone?</i></p>	<p><i>What do you believe are the spiritual causes of pain and sickness?</i></p>

Reading Template for Chapter 9

CHAPTER 9 NOTES

Questions

Investigate

Clarity

Challenge

Chapter Questions for Chapter 9

1. What is the one great truth about Rosicrucians

--

2. What are the two reasons for the Rosicrucian healings?

--

3. How will death be overcome in the new dispensation

--

4. What will be required to live under the conditions of the new Heaven and new Earth?

--

5. What is the Rosicrucian motto?

--

6. What vow did the lay brothers take in terms of healing?

--

7. What were the two commands of Christ?

--

8. What is the cause of pain and sickness?

--

9. How do we teach the sick to attain health?

--

10. What are the different methods of healing?

--

11. Who are the Invisible Helpers?

--

12. How are the Probationers gathered together?

--

13. What system is used to form and organize bands of Invisible Helpers?

--

14. What does a group of healers consist of?

--

15. How are Probationers found for healing?

--

16. What is required of the patient for healing?

--

17. What happens to red blood cells when the Ego begins to work?

--

18. Why can parents give ether for their children until the time of puberty?

--

19. What is the greatest drawback to the Rosicrucian healing activity?

20. What happens to the Ego during certain protracted illnesses?

21. What effect does a Panacea have upon a patient?

22. How is the healing substance produced in the Temple of the Rosicrucians?

Summary Questions for Chapter 9

1. Explain the meaning of the Rosicrucian motto.

2. Describe how the Invisible Helpers work to heal others.

3. Describe how a patient can most effectively work with the Invisible Helpers.

4. Explain why Spiritual Panaceas are needed.

Class Discussion Questions for Chapter 9

- **Why do Rosicrucians heal others?**
- **How can we live under the conditions of the New Heaven and the New Earth?**
- **How is the Rosicrucian moto related to healing?**
- **How do we honor the two commands of Christ?**
- **What is the Elder Brother's system of healing?**
- **What is the function of the Invisible Helpers?**
- **Who are the Invisible Helpers and how are they found and grouped together?**
- **Why is effluvia necessary in organizing bands of Invisible Helpers?**
- **Why is man classified as a mammal?**
- **Why must parents request the Invisible Helpers for their children up to puberty?**
- **How do patients sometimes interfere with their own healing?**
- **What is a spiritual panacea and why is it needed?**
- **How can we describe a panacea and how is it produced?**

***** Research On Your Own – Chapter 9 *****

What are the characteristics of *Mammals*?

What is the structure and function of a *Red Blood Cell*?

Who was *Paracelsus*?

Who are the *Elder Brothers*?

Reflection & Connection for Chapter 9

Four Most Important Things You Learned
1.
2.
3.
4.
Three Important Ideas for Your Work in a Healing Center
1.
2.
3.
Two Things You Can Share with Patients in a Healing Center
1.
2.
What can you connect in this chapter to Chapter 2: <i>The Vital Body</i>?

Final Thoughts for Chapter 9

The Rosicrucian work of healing is carried on by the Elder Brothers of The Rosicrucian Order through a band of Invisible Helpers whom they are instructing. The work is conducted according to the commands of Christ Jesus, namely, *"Preach the gospel and heal the sick."*

The Invisible Helpers

The Invisible Helpers are those who live a worthy life of helpfulness during the daytime while in their physical bodies, and whose evolutionary development is such as to earn the privilege of being helpful through the instrumentality of the Elder Brothers at night while functioning in the etheric bodies. This is indicated in the words of the Rosicrucian Evening Service: *"Tonight while our physical bodies are peacefully resting in sleep, may we as Invisible Helpers be found faithfully working in the vineyard of Christ."*

These Invisible Helpers are gathered together in bands according to their temperaments and their abilities. They are instructed by other Helpers who are physicians, and all of them work under the guidance of the Elder Brothers, who naturally are the moving Spirits of the whole work.

We must qualify for the Panacea by doing physical healing work with physical agencies on the physical plane. We know that we cannot be Invisible Helpers engaged in healing work on the invisible planes at night unless we have qualified for that service by being visible helpers during the day.

It is logical to suppose that the Fellowship must become a VISIBLE healing agency before it can become an INVISIBLE healing agency through the instrumentality of the Panacea, and that we must start the Rosicrucian Fellowship Health School for this reason if for no other

Effluvia Transmitted in Weekly Report

Before the Invisible Helpers can work with the patient, they must have effluvia from his vital body. This is the etheric counterpart of the physical body and the operating sphere of the vital forces. The effluvia are obtained by having the patient write a weekly letter consisting of a few words or a few lines with pen and ink. This is important, as a pen charged with fluid is a greater conductor of magnetism than a dry pencil. The ether which thus impregnates the paper upon which the patient writes week by week gives an indication of his condition at the time of writing, and furnishes an entrance key to his system. It is something which he has given voluntarily and for the express purpose of furnishing access to the Invisible Helpers. Unless the patient does his part in this respect, the Invisible Helpers are unable to do anything for him, so it may be seen that it is of the utmost importance to keep up the weekly letters to Headquarters.

Healing Force

All Healing Force comes from God, our heavenly Father, the Great Physician of the Universe; it is latent everywhere; by prayer and concentration it is liberated and directed to the sufferer; it manifested through the Master, Christ Jesus; it goes forth from the daily and weekly healing meetings held at the Rosicrucian Fellowship Headquarters in Oceanside, California.

Through the workings of this supreme Force, the Invisible Helpers raise the vibrations of the patient to a higher rate, thus enabling him, first, to eliminate the disease poison from the system, and second, to rebuild every blood corpuscle, fiber, tissue, and organ until the whole body is made new. This is done, not in a miraculous manner, but in accordance with Nature's Laws. If the patient continues to break these laws and, by a wrong mode of living, to accumulate poisonous substances in the system, he frustrates the healing Work.

Panacea

Statement by Max Heindel. In his Letters to Students, No. 21, issued August 1st, 1912, Max Heindel said:

"During certain protracted illnesses the ego becomes so intent upon the suffering that it ceases to fully vivify the cells; thus bodily ailment breeds mental inaction, and it may become impossible to throw off disease without a special impulse to dispel the mental fog and start the cell activities anew. That is what the Spiritual Panacea does. As the inrushing Christ life on Golgotha commenced to dispel the shell of fear bred by inexorable law that hung like a pall about the earth, as it started the millions of human beings upon the path of peace and good will, so also when the Panacea is applied does the concentrated Christ life therein contained rush through the patient's body, and infuse each cell with a rhythm that awakens the imprisoned ego from its lethargy and gives back life and health. May God grant that we shall soon be able to bring this great boon to suffering humanity."

We must qualify for the Panacea by doing physical healing work with physical agencies on the physical plane. We know that we cannot be Invisible Helpers engaged in healing work on the invisible planes at night unless we have qualified for that service by being visible helpers during the day.

It is logical to suppose that the Fellowship must become a VISIBLE healing agency before it can become an INVISIBLE healing agency through the instrumentality of the Panacea, and that we must start the Health School for this reason if for no other.

Occult Principles of Health and Healing



By Max Heindel

Self-Study Guide: Chapter 18

Form of Healing to Use

And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away. – Revelation 21:4

Pre-Reading Activity: *What Are Your Thoughts About the Different Forms of Healing?*

Before reading Chapter 18: *Form of Healing to Use* it is important that you first consider your current thoughts on the different forms of healing so upon completing the reading you can then see how your thoughts were confirmed, enriched, or challenged with new ideas and concepts.

<p><i>What are some of the different forms of healing you are aware of, do you trust them?</i></p>	<p><i>How do you feel about receiving vaccinations?</i></p>
<p><i>How are food and medicine related?</i></p>	<p><i>What do you believe is the best way to eat during the course of a day?</i></p>

Reading Template for Chapter 18

CHAPTER 18 NOTES

Questions

Investigate

Clarity

Challenge

Chapter Questions for Chapter 18

1. What does the form of healing depend upon?

2. When is it best to send a patient to a regular physician?

3. What does the good of any healing system depend upon?

4. Why must medicines be used circumspectly (with caution)?

5. What are the two distinct operations in the Laying on of Hands?

6. What two things are liable to happen during the Laying on of Hands?

7. What is the first way you can keep away from undesirable conditions during healing?

8. What is the second way you can keep away from undesirable conditions during healing

9. What is the two-fold effect of water in washing your hands during healing?

10. What occurs when your hands are moistened during healing?

11. What should you do during healing if water is not available?

12. What is the best policy in terms of throwing off miasma?

13. What happens when microorganisms invade the body?

14. When a microorganisms invade the body, when does the patient recover and when does he succumb to the disease?

--

15. When does a person become immune to a disease?

--

16. What happens when a healthy person is inoculated with a small amount of a disease-causing microorganism (usually dead or weakened)?

--

17. What is done when a person is unable to manufacture a sufficient quantity of the serum (antibodies or antitoxins) for a microorganism?

--

18. From the occult viewpoint, why are vaccines deplored?*

--

19. What have we learned from the chemistry of our food?

--

20. How does solar energy help to protect us from disease?

--

21. How is the force of the vital fluid intelligent?

--

22. What happens to our vital fluid when we eat?

--

23. Why is gorging ourselves with food dangerous?

--

24. How can we enhance our immunity to disease without the need of vaccines? *

--

Summary Questions for Chapter 18

1. How are the risks of *Laying on of Hands*?

2. How can *water* (moisture) be used to protect us in healing?

3. How do *vaccines* work in the body?

4. How can we protect our bodies *naturally*?

Class Discussion Questions for Chapter 18

- **What determines the form of healing to be used with a patient?**
- **What is the role of faith in healing?**
- **When should a patient take a medicine?**
- **How does laying of the hands work in healing and its dangers?**
- **How does magnetic healing work and its dangers?**
- **How should water be used in certain healings?**
- **Where does training come for healing?**
- **How do vaccines prevent disease?**
- **What is an antitoxin?**
- **How has nature provided all the necessary medicines?**
- **How does “solar energy” prevent disease?**
- **How is diet related to our vital currents?**

***** Research on Your Own – Chapter 18 *****

VACCINES	
<i>PROS</i>	<i>CONS</i>
Your Position on Being Vaccinated, Why?	

Reflection & Connection for Chapter 18

Four Most Important Things You Learned
1.
2.
3.
4.
Three Important Ideas for Your Work in a Healing Center
1.
2.
3.
Two Things You Can Share with Patients in a Healing Center
1.
2.
Foods that Boost Your Immune System?

Final Thoughts for Chapter 18

The vital force from the sun, which surrounds us as a colorless fluid, is absorbed by the vital body through the etheric counterpart of the spleen, wherein it undergoes a curious transformation of color. It becomes pale rose-hued and spreads along the nerves all over the dense body. It is to the nervous system what the force of electricity is to a telegraph system. Though there be wires, instruments, and telegraph operators all in order, if the electricity is lacking, no message can be sent. The Ego, the brain, and the nervous system may be in seemingly perfect order, but if the vital force be lacking to carry the message of the Ego through the nerves to the muscles, the dense body will remain inert. This is exactly what happens when part of the dense body becomes paralyzed. The vital body has become diseased and the vital force can no longer flow. In such cases, as in most sickness, the trouble is with the finer invisible vehicles. In conscious or unconscious recognition of this fact, the most successful physicians use suggestion—which works upon the higher vehicles—as an aid to medicine. The more a physician can imbue his patient with faith and hope, the speedier disease will vanish and give place to perfect health.

During health the vital body specializes a super-abundance of vital force, which, after passing through a dense body, radiates in straight lines in every direction from the periphery thereof, as the radii of a circle do from the center, but during ill-health, when the vital body becomes attenuated, it is not able to draw to itself the same amount of force and in addition the dense body is feeding upon it. Then the lines of the vital fluid which pass out from the body are crumpled and bent, showing the lack of force behind them. In health the great force of these radiations carries with it germs and microbes which are inimical to the health of the dense body, but in sickness, when the vital force is weak, these emanations do not so readily eliminate disease germs.

Therefore, the danger of contracting disease is much greater when the vital forces are low than when one is in robust health. – RCC, pp. 62-64

Types of Immunity from a Medical Perspective

Natural Active Immunity: acquired when we are exposed to a disease through an infection

Artificial Active Immunity: acquired by a vaccination

Natural Passive Immunity: given antibodies not produced on your own, i.e., from mother to child through the placenta or breast milk

Artificial Passive Immunity: receive an injection of antibody-containing serum (immune globulin) that is derived from an animal or another person

Occult Principles of Health and Healing



By Max Heindel

Self-Study Guide: Chapter 19

The Scope of Healing

And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick. – Matthew 14:14

Pre-Reading Activity: *What Are Your Thoughts About Spirituality and Health?*

Before reading Chapter 19: *The Scope of Healing* it is important that you first consider your current thoughts on spirituality and health so upon completing the reading you can then see how your thoughts were confirmed, enriched, or challenged with new ideas and concepts.

<p><i>Do you believe that disease have both a physical and spiritual cause, why or why not?</i></p>	<p><i>Do you think that sickness is ever necessary in one's life, why or why not?</i></p>
<p><i>How do you deal with nervousness?</i></p>	<p><i>Do you think that by if we spiritually develop ourselves to the point of having no disease, we have interfered with destiny?</i></p>

Reading Template for Chapter 19

CHAPTER 19 NOTES

Questions

Investigate

Clarity

Challenge

Chapter 19 Questions

1. What is the Law of Destiny in terms of disease?

--

2. Why can't even God determine the exact time and amount of disease we will suffer?

--

3. How can we treat all physical manifestations?

--

4. How should we treat consumption?

--

5. Why is cancer difficult to work with?

--

6. What does a patient with a disease such as sclerosis need to learn in their treatment?

--

7. Once a spiritual cause of a disease is determined, what must the patient learn to do?

--

8. In healing, should we interfere with destiny?

--

9. What is the great majority of mankind ruled by?

--

10. How do we know when a certain debt of destiny is ripe for expression in our lives?

--

11. What information can we get from the Moon for healing?

--

12. What one thing is not shown in our horoscope?

--

13. When are affirmations not in vain?

--

14. When do our bodies become sensitive?

--

15. When is disease necessary?

--

16. Why does the study of higher philosophy better our health?

--

17. Why must we become “doers” of the word?

--

18. What should a person with a nervous temperament do each day?

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Summary Questions for Chapter 19

1. Why is the *Law of Destiny* an important factor in producing disease?

2. Describe and explain how the *Clock of Destiny* rules mankind.

3. Explain how people wrongly use *affirmations* in healing.

4. Describe how to perform the exercises of *Retrospection* and *Concentration* for a person with a nervous temperament.

Class Discussion Questions for Chapter 19

- **What is the Law of Destiny?**
- **How much sorrow and suffering will we have in our lives, why?**
- **What is the “force” that we need to direct at disease?**
- **What is a “debt of destiny” and how does it relate to healing?**
- **What are the ways we can “*breach the laws of Nature*”?**
- **What is the spiritual cause of disease?**
- **What is the “clock of destiny” and how is it related to healing?**
- **Why are wis our health not solely in the hands of fate?**
- **How can we empower affirmations for our health?**
- **How do we conform to the laws of Nature to ensure our health?**
- **When is sickness a higher step in our spiritual unfoldment?**
- **How is knowledge related to healing?**
- **What is Retrospection?**
- **What is Concentration?**
- **How can nervousness be overcome?**

Reflection & Connection for Chapter 19

Four Most Important Things You Learned
1.
2.
3.
4.
Three Important Ideas for Your Work in a Healing Center
1.
2.
3.
Two Things You Can Share with Patients in a Healing Center
1.
2.
What does the Moon represent in Astrology?

Final Thoughts for Chapter 19

The Law of Destiny

“The law of destiny determines what forces influence our lives to ensure we encounter the life experiences that we require for our continued development. Destiny is essentially a series of opportunities that enable us to learn lessons, acquire new abilities, develop our consciousness and help others.”

In terms of destiny in the Bible, we see that “God choose us in Christ before creation to put His glory on display.

“For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will—to the praise of his glorious grace, which he has freely given us in the One he loves.
(Ephesians 1:4-6)

Destiny is determined by the decisions we make in terms of our health and healing. So even though there may be a clock of destiny – our horoscope, but what is not expressed in the horoscope that we as humans may assert ourselves at any time so that we can move beyond what might be our destiny if we were to remain passive and simply accept things.

Walking in the Way of the Virtues

Prudence — find good in all situations and choosing the right way of achieving it.

Justice — unwavering will to give what is due to God and our fellow man.

Fortitude — show of strength in difficulties and times of temptation; leads to overcoming fear and other obstacles.

Temperance — finding a balance in life, moderation in all things, and seeking that which is good.

Faith — undying belief in God and all that all He has spoken (in the Bible or directly) and revealed is true.

Hope — believe in the kingdom of heaven and eternal life that will bring us joy , the promises of Christ’s, and accepting the grace of the Holy Spirit.

Charity — complete love in God as well as love for one’s fellow man as you would love yourself.

Time Required for Cure

Instantaneous cures are frequent when the Invisible Helpers are called upon to assist in cases of acute disease. In the case of a chronic ailment which is of long standing and has taken years to develop, a certain amount of relief may be experienced immediately; complete recovery, however, which is equivalent to a renewal of the whole system, usually can be achieved only in gradual stages. As said before, the healing work of the Invisible Helpers is not suppression of symptoms but reconstruction of the whole system. This reconstruction requires time as well as the patient's faithful and constant cooperation along the lines indicated.