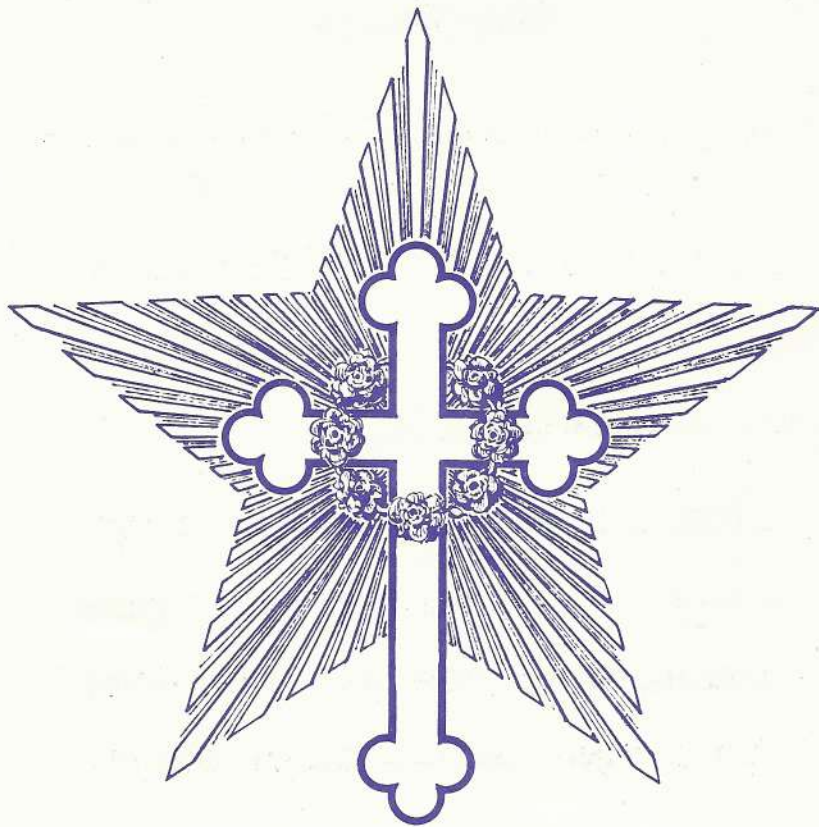
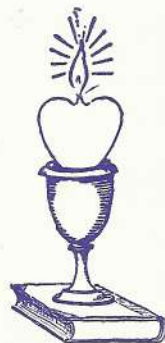


May, 1975 50¢

# RAYS from the Rose Cross



*The  
Rosicrucian Fellowship*



# THE ROSICRUCIAN CHISTIANITY LECTURES

by



*Max Heindel*



Twenty lectures as given to Max Heindel by the

## BROTHERS OF THE ROSE CROSS

Some Chapter Headings:-

SPIRITUAL SIGHT AND SPIRITUAL WORLDS  
ASTRONOMICAL ALLEGORIES OF THE BIBLE  
ASTROLOGY: ITS SCOPE AND LIMITATIONS  
THE COMING FORCE—VRIL OR WHAT?

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"God gave my world to me,  
And I rebelliously  
Cried out, 'How small.  
And is this all?'  
His words were sad, yet mild,  
'All that you love, my child.'

"Myself that moment died,  
And born anew I cried:  
'Love, take control  
And lead my soul  
To serve my small estate.'  
And lo! my world is great!"

---Author Unknown

## By Their Fruits

### Ye Shall Know

Desire is a seed, and grows to fruit  
Fulfilling what its nature would invent;  
In darkness anchoring essential root  
With hidden stirrings of a life intent.

Expanding from the strength of basic  
hold  
It adds to substance as it thrusts for  
light.  
In destiny as formed within the fold  
Of seed, it grows according to its might.

Desire blossoms as a living need;  
Develops fruit in process to endure  
Through multiplied production of more  
seed  
Inherent with potential to mature.

Growers, as their purposes maintain,  
Determine fruitfulness as loss or gain.

— Dorothy Richert

## Gathering Silver

When the house shows no signs of civil-  
ized residing,  
I become indignant, "Why should I do  
all the tidying?"  
Why does this loathsome task always  
fall upon my self?  
I think I'll pack a suitcase and dial  
Rent-an-Elf!

Then I'll daydream in a meadow while  
the elf does all the work,  
cleaning, cooking, mending, everything  
I'd gladly shirk.  
But wait! Wait a minute... a thought just  
came to mind,  
the joy of doing for those I love would  
be the elf's, not mine!

Let's see...I think I'll start with those  
scattered newspapers  
and Johnny's socks need mending and....

— Sue Goske



## Editorial

# Divine Parentage

**W**hat greater joy than to be called a child of God! The parental relationship implies a nurturing and protection in weakness, a solicitous watchfulness for well being, and a boundless, unending love. As a child is cared for and protected in infancy from the dangers and vicissitudes of the world, so are we brooded over and aided to learn to walk in His ways.

When the child grows older he must learn to do more for himself, but the loving parent stands by in continuing devotion and guidance to assist when needed. So our heavenly Father permits us to grow in wisdom and understanding by allowing us to reap the consequences of our actions. In infinite patience He suffers our willfulness, waiting with open arms for us to tire of the husks. What sublime comfort to rest in those arms, having been clothed upon with the symbols of His care and forgiveness.

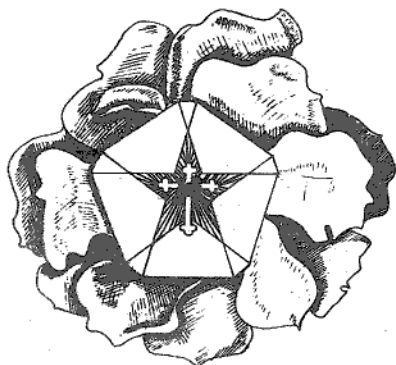
As we grow in knowledge more is required of us, and we are expected to obey His commandments of love. Like all good parents, His love for us never fails, and He is always waiting to encourage and sustain us when we falter. With growth comes deeper understanding and appreciation of our Father. In humility we ask to be made a servant in His house, and in inexpressable joy, discover that we are son, heir to the kingdom, and joint heir with Christ. In mingled gratitude and adoration we claim our sonship, and declare our everlasting love and commitment to our Father.

"Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew Him not.

Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when He shall appear, we shall be like Him; for we shall see Him as He is.

And every man that hath this hope in him purifieth himself, even as He is pure." (1 John 3:1, 2, 3)

Mystic



Light

## Motherhood -- the Highest Privilege

DAGMAR FRAHME

**D**espite current efforts in some circles to disparage motherhood and degrade it as a function involving drudgery and boredom, the role of motherhood, when examined in the light of the deeper teachings, is one of the most fulfilling to which a woman can aspire and one of the most important in which she can engage. The responsibilities and privileges of motherhood, if entered into reverently and seriously, can make for some of the most rewarding of earthly experience and produce valuable soul growth.

Every mother provides the initial physical vehicle used by an Ego returning to rebirth. Every mother, more than any other single individual, is in a position to determine the type of environment in which her youngster will grow up, and the influences to which he will be subject during his formative years. Every mother, because of the care or lack of care she has given to her own physical, mental, and emotional vehicles, and because of her own deep-seated attitudes, is influential in determining the degree of health or illness with which the forming vehicles of her offspring will be developed.

From the occult point of view, attempts to conceive children should be

made only when planetary lines of force are favorable; at all other times the creative force should be channeled into avenues of mental creativity and not used for purposes of pleasure or passion.

Since most human beings have not yet evolved to such a high point, it is understood that a life of near-celibacy would as yet be too much to expect from the majority of humanity. Therefore, children continue to be conceived at inopportune times.

Once conception has taken place, whether deliberately or unintentionally, the mother's first duty is to that child. She and the father have, by their actions, made themselves responsible for an Ego returning to earthly life. Whether it is convenient or not, they must discharge that responsibility to the best of their ability, both for the sake of the incoming Ego and for the sake of their own futures. The ease with which pregnancies are currently terminated simply for the sake of convenience is reprehensible, and we may be sure that those involved are incurring heavy debts of destiny for themselves.

The epitome of motherhood is found in Mary, the mother of Jesus. In the orthodox Christian tradition she is revered as an immaculate virgin, of inviol-

able purity and spirituality. Esoteric Christianity also reveres her for her spiritual purity, but teaches that the "immaculate conception" refers to the fact that Mary and Joseph, two of the most advanced members of the human race, were able to perform the generative act without passion, and solely for the purpose of making it possible for the Ego known as Jesus to incarnate on Earth. Jesus, whose mission was to develop his physical vehicle for the use of the Christ, was necessarily the most pure, high minded, and spiritually evolved human being. His mother, of necessity, also had to embody similar purity and nobility, for only then would she have been fit to carry and raise a son of such exalted stature.

Ideally, then, a lifetime of pure, selfless living in accordance with the precepts of natural law is the best preparation for motherhood. The more experience the prospective mother has had in "living the life" and in giving the best possible care to her own vehicles, the more able she will be to work with her child along the same lines. Certainly, however, no matter what direction the previous years of her life may have taken, as soon as a woman becomes aware that she is carrying a child, it is her responsibility to make a concerted effort to think only those thoughts, and do only those things, which will enhance the welfare of the child.

### Harmful Habits

Scientific studies are showing that such injurious habits as smoking, drinking alcoholic beverages, and taking drugs, cause considerable harm to the developing foetus. Hopefully, the concurrence of material science in this view will help persuade some prospective mothers to give up these practices when they otherwise might not have done so. It seems, however, that common sense alone would be sufficient to show that these noxious habits are potentially as dangerous to the child developing within the mother's womb as they are to the

mother herself.

The same is true of the food that the mother consumes, particularly during the time she is carrying the child. A diet rich in nutritive essentials helps provide the mother with the strength to do her job properly, and furnishes the best matter with which to construct the child's vehicles. In contrast, a poor diet, consisting largely of refined products, sweets, and similar harmful elements, is detrimental to both Egos concerned.

### Peaceful Surroundings

Equally important are the thoughts that the mother sends out toward her child. The time of return to Earth life is particularly hard on an Ego. He is leaving the security and harmony of the spiritual world and returning to physical manifestation with its attendant tumult and pain. No matter how eager he may be to resume physical experiences, the actual "plunge into matter" cannot be other than unsettling. Incalculable help is received by an Ego who at this time feels himself loved and wanted. If he senses that the family into which he is being born, and particularly his parents, are prepared to welcome him with open arms, the vicissitudes of his forthcoming life lose some of their sting. It is perhaps even more true for an incoming Ego than for one who has been somewhat hardened by years of earthly experience that the presence of love lessens all burdens, while the absence of love increases the weight of even the smallest annoyances.

Important, too, is the atmosphere in which the mother moves and is allowed to move. If her home life is peaceful, if she herself is the recipient of affectionate care from husband and family, if she is surrounded by and can appreciate that which is beautiful in the spiritual sense -- classical music, flowers, uplifting literature, etc. -- all this will be reflected not only in her own state of mind and being but also, ultimately, in the well-being and the interests of the child she carries. To the extent that



disharmony, crassness, ugliness, depravity, and activities of questionable taste are allowed to penetrate the mother's consciousness and disturb her equanimity, both she and the child will suffer.

### The Ego and the Laws

Occult science knows that the Law of Consequence and the Law of Attraction govern the placement of every incoming Ego in a particular family and environment. Unfriendly associations between Egos in previous lives must be continued until they are resolved in mutual love. This is why antagonisms among members of individual families are not uncommon. It sometimes happens that there seems to be an underlying antagonism between the mother and her child, sensed from the outset. This is clearly a case of two Egos who are being given an opportunity favorably to resolve their relationship. Such a situation, of course, requires particular wisdom and perspicacity on the part of the mother -- as well as of the child as he matures. Conversely, family members who are drawn in close affection to one another may also have earned the right to such a felicitous relationship as a result of conduct in their previous lives.

The Law of Consequence, too, helps determine the well-being of the incoming Ego, as well as, to a degree, the circumstances in which he must live his life. Former lack of care of his vehicles results in weakened ones in the present lifetime. Debts of destiny may indicate that the Ego must grow up amid deprivation of one sort or another. Although these natural laws cannot be thwarted, and the lessons to be learned under them must be learned, the spiritually astute mother can nevertheless do much to alleviate distressing conditions. If an Ego must live this life with a weak physical body, for instance, the mother still has the prerogative -- as well as the duty -- of teaching him the rules of diet and hygiene which will enable him to make the best use of what he has and,

perhaps, even strengthen what might otherwise be a debilitating weakness. Similarly, although a family may not have the money with which to surround a child with material advantages, the mother (and the father) can still give of themselves. If they show love and concern for their children and active interest in what the children think, do, and feel, their creative presence will be of far greater value in molding the children into morally upstanding, self-sufficient, and reliable human beings than would merely a proliferation of "things." The justly famous and widely-applauded television program, "The Waltons," aptly illustrates this fact.

### Astrology an Aid

Once the child is born, it would be wise for the mother to set up his horoscope as soon as possible. Ideally, she is sufficiently proficient in astrology to be able to do this and interpret the chart herself; if she had not studied astrology before the conception of her child, a study of this divine science would be a spiritually profitable way of spending some of the time during the months of waiting. In any case, an interpretation of the child's horoscope, made by a qualified spiritual astrologer, should be carefully studied by the mother.

Planetary configurations at the moment an infant takes his first breath reveal the strengths and weaknesses with which he has returned to Earth -- characteristics merited by conduct in previous lives. Knowing the particulars of the influences, good and bad, to which her child is prone, and knowing his strong points and those areas in which he must work hard to improve himself, she can guide the totality of his experiences during his early years accordingly. If he is likely to be prone to sensual indulgence, stressing of moderation in all things is in order. If he is likely to be withdrawn or hostile to other people, the mother would do well to guide him into experiences in which he has to "come out of his shell,"



to share with playmates, to do little things in service to family members or other children, etc. If an inclination toward material supremacy, power, or intellectual prestige are present, particular diligence in trying to bring out the child's spiritual nature and enhance his spiritual understanding is important.

### Education

In this connection, it helps to remember that children are fresh from the heaven worlds, where the skepticism, cynicism, and illusion of the physical world are unknown. A strong foundation of esoteric Christian philosophy, couched in terms meaningful to children, will equip them as adults to lead wholesome lives. The basic tenets of the Rosicrucian Fellowship Philosophy, and particularly the concept of universal brotherhood and love, can be conveyed even to very young children.

Because young children are uncritical, imitative, and teachable, the attitudes and actions of close associates, particularly the mother, comprise a lasting influence on them. These close associates, again particularly the mother, cannot help but engender in them habits and patterns of conduct which are very hard to unlearn later in life. For this reason, the mother must be particularly careful of her self-expression at all times, even when she thinks the child is not observing her. Ideally, she is unprejudiced, but if she has prejudices she does well to keep them to herself as best she can. Ideally, she is unafraid of any experiences life has to offer, but even if she cannot rid herself of fears and worries, her first duty is to communicate optimism and confidence to her child. Ideally, she has already learned to live a pure, selfless life, but if her lower nature is still importuning her to this or that physical or emotional indulgence, she makes every effort to suppress the inclination and force it to wither away as a result of indifference.

Certainly patience is an important characteristic for the mother to cultivate

if she has not already done so. Certainly, too, there are likely to be times when the strain of raising a family tells on her. Even in the most affectionate home environment, the problems of maintaining the household smoothly, preparing meals, and all the myriad other facets of housekeeping, coupled with the continuing care of energetic toddlers and small children, at times tax a mother's strength to the utmost. It is at this point that the level of her development and understanding shows itself most clearly. The higher powers are always ready to help anyone who turns to them prayerfully for guidance, particularly a mother who is trying faithfully to discharge her obligations to her family.

### Development of Bodies

The child's physical body develops most during his first seven years, and in much of this period he is a dynamo of curiosity, investigation, physical experimentation and, often in all innocence, mischief. The mother who can gently though firmly help him guide this abundance of energy into channels which are best suited to his development contributes greatly to his future self-control, self-reliance, and self-satisfaction.

Of course, too, it is impossible to reason with a child at this age. If he does not respond favorably to suggestions of alternative behavior — far better than a steady stream of "don'ts" — discipline is necessary. The type of discipline meted out by the mother again shows her own level of development. Corporeal punishment — the slap or spanking administered in anger — may serve to release her pent up emotions, or to reinforce her sense of superiority over the child. The lasting effect on the child, however, is negative.

If discipline is needed, therefore, it is much more effective, in the long run, to withhold favors and withdraw privileges. This policy will impress upon him the impropriety of his conduct without submitting him to the indignity of physical punishment.

Another responsibility of the mother, particularly during these early years, is to subject the child as much as possible to the influence of good music and rhythm. All created things are the embodiments of the great Cosmic Word continually resounding through the universe. Although we cannot hear the music of the spheres, we can work on the child's body by terrestrial music. Nursery rhymes have wonderful rhythm. The more a child is taught to say, sing, and repeat them, to dance and to march to them, and the more music is incorporated into his daily life, the stronger and healthier will his body be in later years.

### Etheric Vision

One of the saddest failings of some modern mothers is their inability to tolerate, much less understand, their children's "invisible playmates." It is common for children to have etheric vision during their earliest years, and a child who tells of seeing fairies or angels, or who insists that the unseen little boy who is his constant companion wants to ride in the car too, is most likely *not* "making up stories." "Invisible playmates" are very real entities, as much a part of many children's lives as are their "flesh and blood" playmates. The wise mother understands this and accords them what would be proper respect in her child's eyes, even though she herself is unaware of their presence.

Imagination, however, does have a significant place in the child's life. From imagination stems creativity; without imagination a creative life is not possible. The mother who permits a child's imagination to be stultified by allowing him to spend much of his time at indiscriminate television viewing instead of engaging in creative play and "pretend," or who lavishes quantities of ready-made toys upon him instead of giving him the opportunity to create his own play-things, diminishes his ability to cope with future crises, as well as, positively, to make useful contributions

to society in his adult life. The cry, "I'm bored," or "I've got nothing to do," does not issue from children whose mothers are wise enough to encourage their imaginative pursuits and their creative instincts.

### Security of Love

In whatever she does, the mother's primary concern should be to show her child the love, compassion, and understanding which will reinforce for the good the impressions of his formative years. It is not easy to be a child. Restrictions beset him at every turn, and his very size is against him in a world of big people with big furniture. There are more things in his life to be contended with, learned, and mastered than there are to be enjoyed or to feel comfortable and confident with. The sense that he is secure in his mother's love, and that she will be patient and understanding, no matter what he does or does not do, not only makes the immediate process of growing up much easier, but also provides a foundation of self-confidence that will be invaluable in his later years.

\* \* \*



Who seeks for heaven alone to save  
his soul  
May keep the path but will not reach  
his goal;  
While he who walks in love may wander  
far,  
Yet God will bring him where the  
blessed are."

—From Mr. Parchment's Notebook

# Vestiges of the Teraphim

Frances Smith

A Story

**I**n the time since we have moved to this little California ranch so many incidents have acted as catalysts to clarify nebulous theories and ideas in my life that I am beginning to get suspicious. Are there places on this planet of ours that have accumulated some mysterious powers over the millenia?

Early scientists tried to explain the classical oracles of Delphi and Cumaea as being located in caves from which certain noxious gases emanated and which acted on the priestess as today's mind-expanding drugs do on our young people. But those derogatory guesses have been superceded by further studies. And occultists always have said that Jerusalem, in its many incarnations, has been a sacred place since time began.

Then, too, there are the old Roman gods of the hearth, tutelary spirits or guardians called *Lares* who took care of the home. Each family had a *Lar*, as well as the gods of the storeroom, the *Penates*. They were supposed to bring material prosperity and general good fortune and remained with the family for many generations.

This same type of household god was called *Teraphim* in the Bible. You remember when Jacob took his family back to the land of Canaan, his younger wife, Rachael, took her father's *Teraphim* and caused quite a commotion (Gen. 31:19). We have an account in Judges 17:5 in which a certain Micah "made an Ephod and a *Teraphim*." The minor prophet Hosea (3:4) says that the children of Israel shall abide "without a *Teraphim*."

Old source books give the name of the first two Creative Hierarchies as *Xeophim* and *Teraphim*, belonging to the zodiacal signs Aries and Taurus

respectively. The root of the word *Teraphim* is *ter* from which the Latin *terra* derives. Max Heindel writes that they "are said to have passed beyond the ken of anyone on Earth. It is known that they gave some assistance at the beginning of our evolution." (*Cosmo-Conception* p. 221)

Be that as it may, when I first read of the *Teraphim* I was reminded of an incident in my brother Rick's life when he was stationed in Naples, Italy, during World War II. After I discovered astrology and found his moon in Taurus I understood why everyone loved him so much. But he had grown up shunning responsibility, content to remain at home playing at his hobbies of music, photography and chemistry. No amount of persuasion — or bribes — by my father moved him. We all tried to tell him that he should be using those strong forceful years in constructive building and not just dreaming them away.

Now here was Rick, past thirty-six years of age, and just ripe for the first draft. He ended up in a photography unit in the Air Force. But his old charms were not working their magic now and he was working hard supervising a darkroom.

Years later he told me, with the help of a diary which he kept under lock and key, of a strange experience that he had had while in Naples. The natives, war weary, hungry and often caught up in the black market as a desperate means of survival, had kept the San Carlo Opera House functioning as best they could. All G.I.'s had passes and they were welcomed there as only those music loving Italians knew how to share hospitality.

Rick said that after one of the operas the orchestra had come to the foyer and

had played popular music and they had all danced. One of the clarinetists had even let him tootle a little on his instrument. This all added to the subtle feeling that Rick had of feeling so at home in that vicinity.

The leading soprano, Rosa Pucci, young and beautiful, came and danced with the men. Rick said she was at ease with them and offered to show them some of the historical spots. He characterized her as being as sophisticated and old as the Roman civilization itself – we would say simply that she was an old soul.

"The next day several of us 'borrowed' two jeeps from the army and picked up Rosa and her two friends. We drove through old villages with crooked streets, detoured around old olive trees that must have endured hundreds of years of productivity and several wars. For a few miles we rode on the Via Appia, or Appian Way, that road made in the third century B.C., even crossing on one of its well-preserved bridges. We skirted Vesuvius, saw sections of old Roman cities and finally stopped at the ruins of an old country estate.

"Then it happened! I saw this young soprano in a Roman stola or dress, golden sandals and all walking hand in hand with a young blond Legionaire uniformed a la Quo Vadis movie tradition. The vision lasted only a moment but something happened to me in that moment.

"I blinked and said, 'Miss Rosa, I just saw you as a Roman lady walking with a Legionaire!' "

She laughed. "My mother has a friend who has what you call the second sight and she has seen me like that, too. This old estate once belonged to the Flavius family. I think I bring you here on purpose! You are the second one to see the ghost!" We all laughed and walked on.

"That night I relived the incident and felt once again that certainty that I had lived there once before. It seemed that all the nebulous ideas, the unsureness

of the past was gone. I had finally been grounded here to this planet Earth and a great surge of belonging came over me. I cannot think that I was that Legionaire but undoubtedly I had lived on that estate during that particular time. Probably that was why I landed there during the war. I owed somebody something, or somebody owed me something."

Rick did come home from the wars, settle down, marry and raise a family and enter into community affairs. He was truly grounded to Earth, even though that was the only experience he had of that nature. At least it was the only one he ever spoke about, and that only the once.

Even though those Creative Hierarchies that once worked through the Constellation Taurus have completed their work, so far as their own spiritual growth is concerned, and have left this planet, still when there is a need, I think they sense it and respond.

Is this madness? Then it were well if there were more of such madness.

\* \* \*



The most beautiful thing we can experience is the mysterious. It is the source of all true art and science. He to whom this emotion is a stranger, who can no longer pause to wonder and stand rapt in awe, is as good as dead: his eyes are closed. . . . To know that what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty which our dull faculties can comprehend only in their most primitive forms – this knowledge, this feeling, is at the center of true religiousness.

Albert Einstein, *What I believe.*

# Concerning the Rose Cross

Thomas Decker

**T**he Rose-Cross is an emblem of an Order that is dedicated to the Light and is based upon natural law, the Law of God. It is the key to the mysteries of the Order of the Rose Cross.

These mysteries, as symbolized by this divine emblem, can be revealed only to those who have devoted themselves to living the life of purity and selfless service to humanity. This doesn't mean that these are closed secrets, incapable of ever being perceived. In fact it is quite the contrary. These mysteries are revealed to any and all who have the eyes to see.

It is a natural law that a person is capable of receiving only that which he is vibrationally attuned to. Thus when a person has developed the necessary quality within, these truths are made manifest. In this way the sublime secrets of the Rose Cross are concealed from the unprepared, who might use them to the detriment of humanity.

Before we can have some understanding as to what is contained within the Rose Cross we must go back to the beginning, or rather before the beginning. During this "time" the Virgin Spirits (who are now man) were All-conscious as God *in whom* they were differentiated. They were not self-conscious, as the attainment of self-consciousness is partly the object of evolution.

Evolution plunges the Virgin Spirit into a sea of matter of gradually increasing density that eventually blinds it from the All-consciousness. In this way the Virgin Spirit is forced to turn its consciousness *inwards* and there finds its *self*, as the Ego, separated and apart from all *others*. Thus, self-consciousness is effectively developed.

The above is directly related to the cross, the starting point, the symbol of the matrix around which everything else

is built. The cross represents the differentiation of the Virgin Spirit in God, as mentioned above. By drawing the cross we are performing the creative process, the giving of form to an archetype. Thus we can see that the line forming the cross denotes the crystallization of the dense body out of the Essence.

That which is contained within the cross is representative of the Divine Spirit (man's highest vehicle) from which the dense body (man's lowest vehicle) is emanated. In this condition the individual consciousness prevails, the Virgin Spirit seems to be separate from the rest of creation when in reality it is yet one with creation.

When man is fully enmeshed in the illusion of materialism, the cross of the body is black, with but one tiny point of white light situated in the center. This indicates that man is unaware of the Spirit within, that the Light shines in the darkness, and the darkness comprehends it not.

However, at some time in the evolution of man the Light within is kindled and the fire upon the altar is lit. From thence onwards man has an intense longing to live the higher life, to journey back to the Father. No longer can he know the illusory contentment that he had had when his existence was centered around material things. No longer does striving for the purely temporal hold any meaning. The only thing that the surging breast of man desires is once again to regain the All-consciousness by following in the footsteps of the Christ.

At this point the seven roses, which had previously lain latent within, bud. They form a chalice to contain the precious Christ-light, the ethereal white rose, the jewel around which the Golden Wedding Garment is woven. By each act

of love and compassion the aspirant cleanses the temple and prepares it for the Mystic Marriage. In so doing he also nurtures the seven roses which stand upon the altar and adds a lustrous thread to the seamless Wedding Garment. Then when the lower nature has been completely vanquished, the Rose-Cross shines out in all its glory. The aspirant ascends into the heavens with an exultant, "Consumatum Est."

\* \* \*

## Symbolism of the Cross

**T**he Cross Ansata or Ankh was the most sacred symbol of ancient Egypt, only carried by the major gods and by the Pharaoh who represented the gods upon the earth. It was laid on the breasts of the mummied dead and written on the forehead of the initiate. Together with the Tau Cross it also played an important part in the rites of initiation.

The Ankh Cross belonged to the gods and the dead, that is, to those who lived beyond the portals leading into the heaven worlds; further to those who, by initiation, had gained entrance through the gates of the higher realms. For the Ankh Cross is a combination of two symbols, namely the Tau which signifies physical life and the supreme hieroglyph Ru set upright on the Tau Cross.

The Tau is a cross consisting of two limbs only – the lower limb and the horizontal one. The Ru is drawn in the shape of an ellipse or an eye; it means "the door," the "gate." In ancient astrology the sign Cancer was called the gate of man, the sign Capricorn the gate of the gods. In astrological symbolism the Tau Cross denotes that part of the celestial map which is under the horizon; as a symbol of man's evolutionary status it indicates the stage of *involution*.

After man has been ushered into life material **through** the gates of Cancer he goes through the stages of plantlike consciousness denoted by the lower

limb of the cross, animal consciousness denoted by the vertical limb, until the mind is developed and self-consciousness gained. Then man, the spiritual being, begins to assert himself, he lifts his head above the cross of life in matter, the Tau Cross changes into the Ankh Cross, he is on the path of evolution, towards the gates of the gods, of life spiritual, of his heavenly homeland. These gates are guarded by Thoth, the god of mind, reason, and wisdom, the supreme god of ancient Egypt. In his hands the Ankh Cross is transformed into the magic Caduceus; he is the god of the dead and of initiation.

For as long as man is still on the path of evolution he cannot gain entrance into the spiritual realms unless he die or become initiated. But death will, through rebirth, bring him back again into physical existence. Not until the Ankh, the sign of life eternal, has been placed on his forehead, not until he has received the nine initiations can he through the tenth sign, Capricorn, the gate of ascension, enter the spiritual regions as a free citizen of the heaven worlds, free beyond return into matter.

The Ankh Cross also expressed the number 10 which again denoted *heaven*. The hieroglyph Ru, originally an ellipse, an eye, is often changed into the circle, the symbol of the spirit and eternity, also drawn with a dot in the center and representing the sun, the celestial eye of the Great Father, the light of the universe, the supreme Cause behind and above the gods. Relative to humanity the dot within the circle is indicative of the "third eye," the awakening of the spiritual sight, and – above all – the creative faculties in man: genius, epigenesis.

Wherever we meet with the cross, whether in ancient Gaul and Ireland, or India, Chaldea, Greece, or Egypt it is the sacred symbol of *life*, in all its evolutionary phases, from life generated in matter to life created in spirit.

The Christian Cross is also found on the monuments of Ancient Egypt, but is carried by or connected with the Pharo-

ahs or King-Initiates of *one* dynasty only, namely that of the shepherd Kings. These Hyksos or shepherd Kings were Semites, that is, belonged to the "chosen" progenitors of the Fifth or Aryan race and as such were sent amongst the Atlantean Egyptians of the Fourth Race for the special purpose of inaugurating there the typically Aryan or Fifth Race Initiation of the Lamb. Not until the Christ had made the supreme sacrifice, when the Sun by precession of the Equinoxes was in the constellation of Aries, the Ram or Lamb, did the Aryan Initiation of the Lamb, become open to all. But it was foreshadowed as early as 13000 B.C. when the Sun by precession went through the constellation of Libra. From that time on Initiates who acted as pioneers or missionaries were dispersed through all the countries to prepare the way for the coming of the Son of God under the sign of the Lamb. Their attribute was the shepherd staff in the form of a cross, their sign of Initiation the three limbed cross. We find this three limbed cross in all countries, at the very dawn of antiquity and know that there existed centers of initiation prophetic of the Lamb.

Initiations of ancient days were open only to a chosen few. Christ made initiation possible for all. The upper limb of the Christian Cross, if considered in its aspect as a symbol of initiation, signifies the straight road to Initiation through Service and Self-sacrifice. The "gates of the gods" may be reached by all, if they choose this straight and narrow path. The one and only preparatory formula for this Initiation of the Lamb is found in the Rosicrucian ritual: "Loving, self-forgetting service to others is the shortest, the safest and the most joyful road to God."

\* \* \*

"Happiness is a daily duty."

—Goethe

## GLOSSARY OF BIBLE AND MYTHOLOGICAL TERMS

(conclusion)

- Twelve Gates—The twelve cranial nerves, gates to seat of consciousness. Number 12 is the 12 attributes within us.
- Valley—Usually indicates low thoughts or morals.
- Village—A state of consciousness.
- Vineyard (to plant)—Cultivate the life force.
- Wall—High plane of consciousness.
- Wand—See reed.
- Wars—Combat of the opposing faculties within.
- Water—Emotional nature or desire body, spiritual realms.
- Waters—Cosmos root substance. Generation.
- Wedding—Blending of the head and heart.
- Well—Produces the water of life that brings regeneration. The spinal cord in the body. Spiritual center. Hidden truth.
- Wells (digging)—Opening desire vortices.
- West—Spiritual place. Back side of the body, or side of the Tree of Life.
- West Room—The Tabernacle in the wilderness faced the east. The "west room" is the head.
- Whale—Purgatorial regions. Earth submerged in water.
- White—Purity. White like wool indicates pure thoughts.
- White Stone—Philosopher's Stone.
- Widow—Life force without mind. Heart side.
- Widow's Son—Following the head or fire type.
- Wife—Heart or emotional nature.
- Wilderness—Place of seclusion and preparation in the natural and unregenerate world.
- Winds—Powers or motions of God's Spirit.



Wine—Life force. Masculine pole of Spirit, product of the Earth as body of Christ.  
 Winter, flight in—Conditions in old age where the lower nature is still in control.  
 Wisdom—Knowledge tempered with love. "Crystallized pain."  
 Wise Men, Three—Gold, spirit; Myrrh, Soul; Frankincense, body (a vapor).  
 Witch—Lower emotions that have been allowed to control.  
 Woman Teaching—Heart in command.  
 Word—Vibration. Word of Christ is a very high vibration.  
 Zion—Sunny, dry. High state of consciousness.  
 Zodiac, Twelve Signs of—Qualities within.

This concludes our glossary. We realize, of course, that there is much more that could be said in this field and we have covered only a limited area. The present glossary has been keyed mostly to the story of the Prodigal Son and the 24th chapter of Matthew. There are, too, references to events in the 4th chapter of Matthew and to the Parables of the Loaves and Fishes and the Sower. The story of Cinderella, which has appeared in some form throughout all ages and in all cultures will also yield its hidden message when studied in this way. It is now up to the reader to use the suggestions given here to interpret for himself and ponder over these matters, for only as we use these things, taking them into ourselves, will they be to us as manna in the wilderness.

\* \* \*

## The Power of Prayer

One warm summer afternoon my two girls, one of their friends, and I were at a southern California beach in a spot remote from people and life guards. The water was warm and calm but nevertheless deep and moving. My girls were

seven and ten at the time. Since they both had had beginning swimming lessons, I let them venture into the water and decided to rest in the warm sand with eyes closed.

Time seems impossible to calculate when napping on the beach, and when I suddenly awoke and scanned the edge of the water for the three girls they were no where to be seen. Suddenly I saw three dots bobbing in the water at what seemed a great distance from the shore. I was immediately overcome with fear, as there was no one close by to call on for help. Prayer was the only answer, and I remembered the power of it as described in the Healing Service: "When someone is intensely in earnest, his aura seems to form itself into a funnel-shaped thing. . . ." I stood and waved, and the three dots appeared to take on form. One dot suddenly disappeared and then re-appeared.

When they at last tumbled in with the breakers, they told me that their friend had told them of a sand bar with shallow water beyond the breakers, and they had decided to venture out there. The water was very deep beyond the waves, but they kept swimming so they could rest on the sand bar. Only accomplished swimmers ever venture beyond the breakers in southern California. The girls made a quick return, and the youngest one was once caught in the lolling motion of the waves just before they broke. She dived under and, as she described it, saw "all kinds of things" under the water with eyes wide open. They reached the shore tired but safe. I asked them if they weren't afraid to try such a venture, and they said never once were they afraid, just having fun. Somehow I know they must have been protected, and my own prayers helped in some way.

\* \* \*

"Things have not happened to me, it is I who have happened to them."

—George Bernard Shaw

# All Things Work Together

Olivia Barnett

**A**s we review events in the world around us and in our own lives in the light of the Rosicrucian Teachings we are filled with awe and gratitude for the benevolence which is manifested in all ways, even through problems which seem to us harsh and hard to bear. As we work through our problems we find that we have been unerringly guided in the direction of our highest good.

Big business has expanded throughout the world in multinational corporations, going where labor, raw materials, and markets are to their advantage. While the thought has been primarily for economic gain, the effect is to eliminate national boundaries and erode the sense of isolating nationalism.

Gradually we are beginning to realize the oneness of all peoples. As the sunbeam is one with the Sun so are we one with the Father. Each individual who goes forth with special missions and lessons comes from the same Center, is one with it and all other individuals. Inevitably the actions of one affect everyone else. Mr. Heindel says, "The national, tribal, and family unity must first be broken up before Universal Brotherhood can become fact." Unwittingly business interests are being used by the Invisible Leaders to further this condition.

The same thing is happening on the food and agricultural front. World wide shortages are looming and hunger is a fact in one third to one half of the world's population. It is an intolerable situation that one country should have such an abundance of food that it is wasteful with it while the rest of the world suffers. No thinking person wants such a condition to exist. As these things are brought forcefully to our

attention we are given the opportunity to do something about it. Often we will need to change our own habits of eating so that we may share with others. If we have been over-eating or eating carelessly in a manner not for our best health, these restraints will work to our benefit in improved health and concern for others who seem more surely our brothers as we share our food with them. National barriers will further melt away as we strive to help our hungry neighbor and share our abundance with him.

In our personal lives we can see similar conditions if we will but stop and evaluate what happens. Here is one whose natal chart shows a tendency to stomach trouble, pyorrhea, and anemia. These are conditions which the native was faced with to be worked through in this life. Knowing nothing about astrology or the Rosicrucian Teachings at the time, each one was met and mastered in turn.

As each appeared it seemed an unhappy and negative condition. However, in order to gain physical comfort the native was stirred to action and forced to find ways of overcoming the problem. Here again we see the workings of the Invisible Leaders who lead us into paths which will give us the opportunity to find our highest good. Each problem overcome brings us a step closer to the goal we seek and so we can say with St. Paul "...I have learned, in whatsoever state I am, therewith to be content." Phil 4:11; not passively content to abide in negative conditions, but content and grateful for the chance to work through them and learn a needed lesson.

Thus we can truly give thanks for all things, however strange that philosophy  
(Continued on page 235)

# The Self

Audrey Glover

**T**he search for identity" is one of the slogans of modern youth and in this they are on the right track. No knowledge is more important for right living than knowing who we are, what we are here for, where we are going and our relation to other selves and to God. Philosophy, psychology, religion—all try to answer these questions. But people do not believe what they teach or do not understand. Or believing and understanding dimly, do not know how to apply to daily living.

Max Heindel in his *Rosicrucian Cosmo-Conception* gives the most logical, comprehensive answers to these questions. He tells us we are Virgin Spirits; divine sparks from God clothed in a threefold spirit. This is the Ego which is essentially good and true, without birth or death, one with all spirit and is in general the Higher Self. It finds expression in the Lower Self which is comprised of the mind and threefold body. It is the Lower Self which dims the Ego's divine consciousness and engenders the illusion of a separate self. This Lower Self is the personality; that which changes from life to life; that which the world sees; that which has a propensity for what is usually called evil. There is an endless struggle between the two selves until the mind and lower bodies become spiritualized so the Ego can control them. Then we no longer need to return to earth existence.

These are basic facts but we cannot stop with knowing and believing them. Knowledge must grow; must become a wisdom which is incorporated into our being in the long search for self-consciousness.

It helps to find corroboration from other great thinkers and knowers. Krish-

namurti, in his little book *At the Feet of the Master* has this to say: "The body and the man are two, and the man's will is not always what the body wishes. When your body wishes something stop and think whether *you* really wish it. For *you* are God and you *will* only what God wills, but you must dig down deep into yourself to find the God within you, and listen to His voice, which is your voice. Do not mistake your bodies for yourself; neither the physical body, nor the astral (which Max Heindel calls the desire), nor the mental. Each one of them will pretend to be the Self in order to gain what it wants but you must know them all and know yourself as their master."

The same profound truth is expressed by Robert Browning in these lines:

"Truth is within ourselves;  
it takes no rise  
From outward things, whate'r  
you may believe.  
There is an inmost center  
in us all  
Where truth abides in fullness;  
....and to know,  
Rather consists in opening  
out a way  
Whence the imprisoned splendor  
may escape,  
Than in effecting entry for a light  
Supposed to be without."

We have a sanctuary within ourselves where the Ego, the divine Self, sits enthroned, the Silent Watcher. This Self is completely responsible for the nurture and growth of the whole Self through many lives to eventual godhood. The primary job is to put and keep our own house in order, allowing no man or thing to dominate us.

Withdraw from the world daily for times of meditation, retrospection, and prayer to strengthen and renew the vehicles, even as Christ did. We must daily fill our cup before we can give to others to drink. The value of this attention to the needs of the self is made plain in Paul Brunton's book, *A Search in Secret India*. "He who looks within himself and perceives only discontent, frailty, darkness, and fear, should look deeper and longer, deeper and longer, until he presently becomes aware of faint tokens and breath-like indications which appear when the heart is still. Let him heed them well, for they will take life and grow into high thoughts that will cross the threshold of his mind like wandering angels, and these again will be forerunners of a voice, the voice of a hidden, recondite, and mysterious being who inhabits his center, who is his own ancient self."

But to give too much time to our own development is to be a self-centered egoist. The key to the right balance lies in Christ's teaching, "Love your neighbor as yourself" for as we love we serve. This is a law of life. Respect the dignity and humanity of others as your own. There is in each of us a "will to power" We see its manifestations in nations, organizations, and individuals.

With true love for people in our hearts, our aim will be cooperation, not competition or domination. However, love is not enough, wonderful as it is; for true balance in all human relationships, love must be tempered by wisdom. The head and the heart must work together.

A word modern psychology has brought into use which is helpful in this relationship with others is "empathy." Empathy is defined as, "the imaginative projection of our own consciousness into the consciousness of another being." It is related to sympathy which says "I feel with you." Empathy says, "I know how you are thinking and feeling." Sympathy takes on the suffering of others, while empathy has a detached insight in which the reason and judgment can work. Arnold

Bennett surely never heard the word empathy but he had the same idea when he said, "The deliberate cultivation of the gift of putting your self in another's place is the beginning of wisdom in human relations." Note again the mention of the word wisdom.

The way we think of ourselves in our inmost being is the basis of all our actions. In the Bible as well as elsewhere this inmost being is spoken of as the heart. "As a man thinks in his heart, so is he." "Keep your heart with all vigilance for from it flow the springs of life" (Proverbs). Right thought and right attitudes lead to right action.

Let us consider some examples. Do we think of ourselves in relation to others with pride or humility, or as equals in the sight of God? There is a right pride in ourselves as a unique and irreplaceable part of God. There is right humility in knowing that all other beings are also unique irreplaceable expressions of God but mostly we should think of all men as brothers. As Balzac says, "To live in the presence of great truths and eternal laws; that is what keeps a man patient when the world ignores him, and calm and unspoiled when the world praises him."

The Self is totally responsible for Itself and therefore worthy of close attention and high esteem. It takes the understanding of great truths and eternal laws to be able to draw the right line between these two which are so often regarded as stumbling blocks — pride and humility.

In this realm also lies the whole question of leadership and dictatorship, domination and submission. There is great need in the world today for leaders; for people who have the courage, self confidence, and wisdom to be in the forefront of those working for truth and right. A true leader does not dominate others. He appreciates and uses other's abilities. He is much loved because he loves. He thinks always of the good of others instead of his own ego satisfaction. He submits to the authority of others when he recognizes that authority as

valid and good. He knows and values himself and others.

Indeed, we "see through a glass darkly" when we look at ourselves. So often the Lower Self intrudes and deceives us and nowhere more so than in the matter of selfishness and unselfishness. We always want to justify our actions and we often fail to see the real motives behind them. David Seabury's book, *The Art of Selfishness*, deals with these hidden motives. He says there is good selfishness and evil selfishness; good unselfishness and evil unselfishness. Good selfishness is what we have been talking about; the protecting of oneself against all domination, compromise, and defilement.

Evil selfishness is seen over and over in the domination of children by parents; of parents by children; of one spouse by the other. Any control exercised over another for the sake of personal satisfaction is evil selfishness. Evil unselfishness is shown in denying or sacrificing oneself and then talking about it in order to get credit from others.

An example by Seabury of good unselfishness is to do unto others as you would be done by, if you were they; a Slight amendment to the Golden Rule. A little consideration will show how this Rule is clarified by this addition. A father forces a business education upon his son who yearns to be a musician.

The person with empathy is aware of the needs and wishes of others. Empathy at its best is doing to others as you would have them do to you if you were they.

A philosopher has said, "Self knowledge, self reverence, self control, these three alone lead men to sovereign power." These are good. Let us start here but let us not stop here! The world is our arena of action, our testing ground, and we must work out our destiny through relationships with others. Therefore, our aim is not to become entirely selfish nor yet entirely unselfish. Our aim is to become a strong, wise, and loving self that we may reach out to life with

all our strength, wisdom, and love.

We never stand alone. There are Higher Beings who have traveled the same path of evolution who are ever ready to help us with their strength, wisdom, and love.

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## READINGS FOR CHILDREN

(Continued from page 225)

in the elements of fire and earth, with only Jupiter in water and Uranus in air. Both of these are slower moving planets. The fire and air emphasis indicates enthusiasm and sincerity combined with good common sense and practicality. But the lack of air and water shows a corresponding lack of sensitivity in dealing with other people and appreciating more refined feelings. Jupiter opposes Venus (weak but applying), indicating the need to be aware of the heart principle as it gives meaning and power to concepts which otherwise remain as so many intellectual niceties.

Four of the five planets below the horizon are slower moving planets and retrograde. The fifth planet is the Moon. This shows that Michele is able to project herself out into the world well but needs a greater understanding of the causes behind outward effects. This brings us back to what was said in the beginning: the keynote of this horoscope is awareness—awareness that goes beyond the outward appearance of things to find a deeper understanding that can be used as a foundation for more meaningful relationships between self and others.

## The Speeding of a Thought

**F**rom the Logos at the heart of the universe there sped a beam of light – it was a thought of love – I watched its lightning like flash through the worlds; heavenly, mental, desire and physical, and this is what I saw.

The dwellers in Heaven, already enjoying the rhapsody of a great Love felt its presence and a cry went up “Glory to God in the highest.”

And it touched the dwellers in the world of Intellect, and called new powers into their being, and great thought-waves took on a rosy tinge as minds once more bent themselves to services of love in the cause of Humanity’s uplift.

As the starry abode of our radiant soul bodies was lit up by its sword-like flame, I saw each member enveloped in a glow, the dull colors of the lower passions were consumed in its fires, and then – Human Love became angelic and desire burnt at white heat to serve the Great Brotherhood.

Finally, now split up as in a prism the flame of a Divine Thought enveloped in radiance the earth-dwellers, according to their several paths.

Thus – the disciples of Devotion became a focus for vapors of glorious blue-green, those of the mystic ray taking a share of Heaven’s Azure.

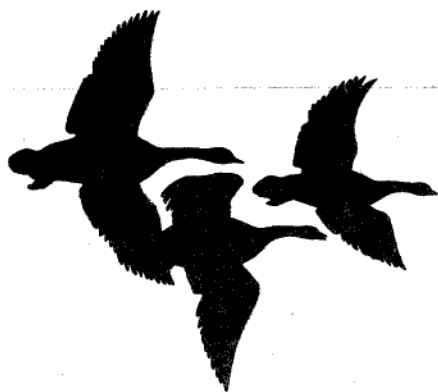
Artists and musicians, revelling in beauty, received a baptism of rosy red flames – each one an inspiration.

And I could see many philosophers and seekers in cloister, laboratory, or library, solitarily pursuing an everlasting quest, and these seemed to be in the direct ray of sunshine caused by the Yellow vibration, and with songs of hope in their hearts, they bent once more to their several tasks.

A.C.

Others of god-like radiance in whom I could discern those on the “way of the cross” were hewing out-paths for weaker brethren through endless forest tangles, some of them finding precarious and painful foothold on precipitous cliffs, and these looked up in ecstasy as a fountain of Violet spray descended upon their bleeding brows, a baptism of Divine Fire.

And they began to sing, and the burden of the song was of a glorious future, yet not a future but a condition



in which time, space, past, present and to come were all one, when all will live in the eternal Now – gathering and harvesting experiences of love and service to a great brotherhood which includes the lowliest herb and meanest insect, and stretches far away into the heart of the Universe where dwells the Logos – the Spirit of Love.

# MAX HEINDEL'S MESSAGE

## "But One Thing is Needful"



**W**e will take the Magnetic Needle as our subject of meditation, for it has a lesson of supreme importance in our spiritual career, a lesson which it behooves every faithful follower of the Mystic Light to take earnestly and prayerfully to heart.

The Magnetic Needle is made of metal which has an inherent affinity for the lodestone, namely, steel. Other metals are but indifferently affected, if at all, but when steel has once been touched with the lodestone, its whole nature is changed. It has become alive, as it were, imbued with a new force which we might describe as a constant yearning after the lodestone which once kissed it. Needles made of other metals, and unmagnetised steel may be put upon a pivot and they will stand in any balanced position wherever they are placed. They are passive to whatever force is applied to them from without. But the Needle which has been touched by the lodestone resists, and no matter how often or how severely we push it away from the magnetic position, as soon as the force exerted against it is removed, it will instantly revert and point toward the magnetic pole.

A similar phenomenon is seen in the life of the Christian. Once he has felt, thoroughly felt, in his being the love of the Father, he is a changed man.

The worldly forces from without may be exerted in various ways to divert his interest and attention, but every particle of his being yearns for God and is always turning in that direc-

tion unaffected by the world of drifting, listless men. Whatever else he may do in the world (because it is absolutely necessary to take the proper part in the world's work), will be done because it is right and dutiful to do so, but with his whole being he yearns towards the Father, whose Love, whose Being, and whose Force has drawn his soul. To him "But one thing is needful:" His Father's Love, and his every effort is directed to win His approval.

When we turn from the earth to heaven, we find almost identical conditions there. Everywhere through the great firmament millions and billions of miles — yea, infinite space — is filled with marching orbs that move with a velocity which beggars comprehension by the human mind. They change with every tick of the clock — all but one. Among all these countless stars moving at such an enormous speed, there is one that is changeless, one that always occupies the same position: The North Star. No matter what time during the day or night, during summer or winter, from birth to death, we look up into the heavens, that star will be found always in the same place. Whenever it is visible to our eyes or by the help of a telescope at anytime, it will always be found to occupy the position which we speak of as "North."

Now mark the phenomenon of the changeless needle, always pointing towards the changeless star, and con-



sider the connection between them and the lesson there is for us in this phenomenon. The magnetic needle is not a fair-weather follower, it does not matter whether it rains or shines, whether it is calm or stormy, whether there are fogs or clouds; under all circumstances the magnetic needle points with unvarying fidelity towards the North Star, and upon this great fact the mariner stakes the property and life of himself, his crew and his passengers. Though the sleet and the rain, snow or hail may beat in his face, almost blinding him and making it impossible for him to see the front of his ship, yet so long as he can see that faithful needle he knows that he is on the right course. He knows that it will never swerve; that even though the ship should founder and find a watery grave at the bottom of the sea, that faithful needle will remain in the same position, pointing to the changeless star until the very last atom of its being has been disintegrated by corrosion. Therefore he trusts implicitly to this faithful guide as he "lays him down in peace to sleep, rocked in the cradle of the deep."

There is in the unswerving devotion symbolized by this magnetic needle, one of the greatest and most wonderful lessons for those who have seen the Mystic light and who aspire to the privilege of guiding others who have not yet found the path. Let us realize that to do this, the first, foremost, and the greatest prerequisite is that we shall, ourselves, have become firmly grounded and rooted so that we are not disturbed by worldly changes going on about us; whether the clouds of doubt, scepticism, or persecution, be cast about us by others, or whether they seek to ensnare us to blinding fogs of other doctrines.

It behooves us to hold fast to that which is good, yea, even though life were the price we have to pay, we must imitate that faithful needle. As the ship founders and settles to its watery grave, we must continue to point to the one goal of all, "Our Father in Heaven,"

never swerving to the right or to the left, no matter what may come. The needle that has once been touched by the lodestone is impregnated with a yearning after that changeless star. This yearning does not cease until the last atom of its being has been dissolved by the action of the elements. So also must we, if we are really and truly yearning to be competent guides to others, continue with unswerving devotion on the path which we have chosen. We must look neither to the right nor the left, but fasten our eyes upon that changeless star ahead: "Our Father in Heaven", in Whom there is no change or turning. For as the slightest deviation upon the part of the magnetic needle in the compass would be sufficient to dash the mariner upon the shoals or rocks of a dangerous shore, wrecking both ship and lives, so also, if we swerve from the path we have once chosen, we become stumbling blocks to others who are looking to us for guidance and example, and their lives are on our heads.

"To whom much has been given, from him much will be required." We have received much from the teachings of the Elder Brothers. The mystic light has beckoned us on, and may we realize the great responsibility we have, by our example and our lives, faithfully to guide those seekers with whom we come in contact to the haven of rest and refuge.

\* \* \*



If your morals make you dreary,  
depend upon it they are wrong.

—Robert Louis Stevenson

Never take any kind of oath or obligation to a person or school. When you take an obligation, let it be to the God within or your own Higher Self.

# Studies in the Cosmo-Conception

*This department is devoted to a study of the Rosicrucian Philosophy by the Socratic Method, the material being taken from the Rosicrucian Cosmo-Conception.*

## Occult Schools

Q. How are occult schools divided?

A. All occult schools are divisible into seven, as are the "Rays" of Life, the Virgin Spirits. Each School or Order belongs to one of these seven Rays as does each unit of our humanity.

Q. Can an individual belong to any School?

A. Any individual seeking to unite with one of these occult groups, the "Brothers" in which do not belong to his Ray, cannot do so with benefit to himself. The members of these groups are brothers in a more intimate sense than are the rest of humanity.

Q. Why is choice of the right Ray important?

A. Perhaps if these seven Rays are compared to the seven colors of the spectrum their relation to one another can be better understood. For instance, if a red ray were to ally itself with a green ray inharmony would result. The same principle applies to Spirits.

Q. Are they not all one?

A. Yes, they are all one. As all the colors are contained in the white light but the refractive quality of our atmosphere seems to divide it into seven colors, so the illusory conditions of concrete existence cause the Virgin Spirits to seem grouped and this apparent grouping will abide while we are in this state.

Q. Why was the Rosicrucian Order established?

A. The Rosicrucian Order was started particularly for those whose high degree of intellectual development caused them to repudiate the heart. Intellect imperiously demands a logical explanation of everything—the world mystery, the questions of life and death.

Q. Did not the Church satisfy these questionings?

A. The reasons for and the *modus operandi* of existence were not explained by the priestly injunction "not to seek to know the mysteries of God."

Q. Why is such knowledge necessary?

A. To any man or woman who is blest, or otherwise, with such an inquiring mind it is of paramount importance that he or she shall receive all the information craved so that when the head is stilled, the heart may speak.

Q. Is this not merely intellectual knowledge?

A. Intellectual knowledge is but a means to an end, not the end itself. Therefore the Rosicrucian purposes first of all to satisfy the aspirant for knowledge that everything in the universe is reasonable, thus winning over the rebellious intellect.

Q. When may esoteric development begin?

A. When the intellect has ceased to criticise and is ready to accept provisionally, as *probably* true, statements which cannot be immediately verified, then, and not until then, will esoteric training be effective in developing the higher faculties whereby man passes from faith to first-hand knowledge.

Q. Is the candidate then fully informed?

A. Even then it will be found that as the pupil progresses in first-hand knowledge and becomes able to investigate for himself, there are always truths ahead that he knows to be truths but which he is not yet sufficiently advanced to investigate.

Reference: *Cosmo*, pp. 439-440

# WESTERN WISDOM BIBLE STUDY

## Jonah and the Whale

But he answered and said unto them, An evil and adulterous generation seeketh after a sign; and there shall no sign be given to it, but the sign of the prophet Jonas:

For as Jonas was three days and three nights in the whale's belly; so shall the Son of man be three days and three nights in the heart of the earth.

The men of Nineveh shall rise in judgment with this generation, and shall condemn it; because they repented at the preaching of Jonas; and, behold, a greater than Jonas is here. — Matthew 12:39-41.

This great allegory, like so many other allegories of the Bible, can be correctly interpreted only if one has the occult key. Its interpretation involves some of the profoundest occult truths, going back to the very basis of our evolutionary scheme.

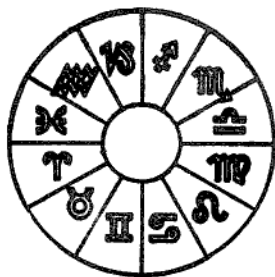
According to the Western Wisdom Teachings as given out by the Elder Brothers of the Rose Cross through Max Heindel, there are seven great Days in our scheme of manifestation: the Saturn, Sun, Moon, Earth, Venus, Jupiter, and Vulcan Periods, and a great Cosmic Night following each Period. In each of these Periods there are Revolutions, or shorter periods of manifestations, of the evolving life waves which recapitulate previous conditions in the different Periods. At the present time we are in the fourth or Earth Revolution of the fourth or Earth Period.

"Now, Jonah means dove, a well recognized symbol of the Holy Spirit, or third Aspect of the Triune God. During the three 'days' comprising the Saturn, Sun, and Moon Revolutions of the Earth Period, and in the 'nights', or rest periods, between, the Holy Spirit (Jehovah), with the assistance of other great Creative Hierarchies, worked in the Great Deep, perfecting (from without) the *inward parts* of the Earth and man, and removing the dead weight of the Moon. (The Moon became the home of that part

of humanity too crystallized to stay on the parent planet.) Then the Earth emerged from its watery stage of development in the middle of the Atlantean Epoch, 'Jonah, the Spirit Dove,' or Holy Spirit Principle, having accomplished the salvation of the greater part of mankind.

"Neither the Earth nor its inhabitants were capable of maintaining their equilibrium in space, and the Cosmic Christ therefore commenced to work with and on us, finally at the Baptism descending *as a dove* (not in the form of a dove, but *as a dove*) upon the man Jesus. And as Jonah, the dove of the Holy Spirit, was three Days and three Nights in the Great Fish (the Earth submerged in water), so at the end of our involutionary pilgrimage must the *other dove*, the Christ, enter *the heart of the Earth* for the coming three revolutionary Days and Nights to give us the needed impulse on our evolutionary journey. He must help us to etherealize the Earth in preparation for the Jupiter Period when we will function in bodies of ether."

Thus the man Jesus gave up his dense and vital bodies to the Christ Spirit, so that Christ Jesus might function here on the Earth for three years, teaching and preaching the precepts which form the basis of the Christian religion. At the Crucifixion, the Christ Spirit was liberated from the bodies of Jesus and entered into the Earth to become its indwelling planetary Spirit, radiating its great Love-Wisdom Power outward to humanity so that the individualized Christ Spirit within each human being might be impinged upon and fostered into greater brilliance. So will He, "a greater than Jonas," aid humanity to unfold the *Christ Within* and become liberated from the bonds of materiality.



# Astrology

## Astrology and the

I.J.R.

## Training of Children

(Part 1)

"The child is father to the man" is a truism which we may all prove from our own observation. If we wish the man to be worthy of admiration and respect, we must train the child wisely and well. Solomon said, "Train up a child in the way he should go, and when he is old he will not depart from it." But let us mark well that Solomon said, "when he is *old* he will not depart from it." He did not say when he is still young or when he is a man. Between childhood and old age he may follow many devious and forbidden paths, but when he is old he will revert to the teachings learned at his mother's knee and profit by them.

This may be a source of comfort to parents who see their children walking in the unsatisfactory ways of selfishness and worldliness. Rest assured that the early training can never be lost.

Is the training of an affectionate parent always all that Solomon meant, however? How many times we see children indulged in their little faults, and smiled at because they sound funny or clever, when they should actually be checked. When these children grow up rebellious, indolent, selfish, and indifferent to their parents, hearts are broken and the children are blamed, when really the parents are at fault for not teaching self-control, self-reliance, and unself-

ishness.

There are many aids to the wise training of the child, but none more helpful than astrology. Even in the absence of ability to erect a child's horoscope, much help is available if study is made of the different signs and planets and the characteristics given by each. If we know the rising sign and the signs in which the Sun and Moon are placed, we can fairly accurately judge the character of the child. Then we can help it more effectively to overcome its weaknesses and strengthen its good qualities, and thus train it to be a good and successful individual.

It is said that everyone can be placed into one of two classes, the helpers and the leaners. We should all desire our children to be in the class of helpers. These are the strong, self-reliant, compassionate, alert, and useful members of society. Let us see how astrology can help us train our children to become members of this class.

*Aries* — This sign governs the head and brain. Children with a strong Aries should not be punished for their faults, but should be taken aside, talked to, and shown the unreasonableness of their actions. These little ones are very likely to respond to appeals to their reason.

The Aries child is a natural leader

and pioneer, and should be carefully watched lest he tyrannize his playmates. If Aries children are taught the great responsibility of their power and how to use it aright, they can be of great help to their parents in the training of brothers and sisters.

Aries children are apt to be too active; brain and body seldom rest. Therefore these children require considerable sleep. Praise should be given them discreetly, and they should never be compared with other children to their own advantage, for they are natural egotists. They are loyal to their little friends and are not likely to say anything against them even though they see their faults, but are not so loyal to people they do not like.

Those who are responsible for the training of Aries children should be most consistent in their own behavior, for Aries children are very quick to see the inconsistencies of their elders. Should these children show signs of headache or languor, all studies should be suspended for a time.

*Taurus* — When Taurus children are aroused they seem, for the time being to have no reason. If they should fly into a temper, as they seem often inclined to do, leave them quite alone even if they scream and stamp their feet. Leave them with a kind, loving, word, however, and as soon as their passion is spent and often before their tears are dry they will come and ask forgiveness in their own delightful way.

Taurean children must be ruled and guided by their affections. They must be drawn, never driven, or they will become stubborn and dangerous like the bull, by which this sign is typified, and thus their temper completely spoiled. They should, if possible, live in the country and have an abundance of outdoor exercise. They should be taught very early the disastrous consequences of giving way to passion.

*Gemini* — The children of Gemini are intellectual but changeable. They are fond of a friend or a toy one day, but

do not care for either the next. Generally, however, Gemini children show a friendly spirit to everyone. They do not have the strong antipathies which natives of some other signs show, and do not require such vigilant watching as do the Aries and Taurus children.

Gemini children should be taught especially steadfastness and persistence, and all vacillating tendencies should be checked. They should be watched in their treatment of their playfellows, for if a person is well dressed and has a charming manner, a Gemini child will see only what is admirable in him. Calmness is most essential to these children, for they are likely to be high strung and nervous. Any tendency to lung trouble or nervous disease should be dealt with instantly. Also, they should be trained to keep their hands and arms still.

*Cancer* — The children of Cancer are particularly sensitive, and should not be nursed by old or weak people; neither should they be caressed or embraced too much, or their vitality will be lowered. The fact that Cancer is ruled by the Moon makes these children very receptive. Therefore their friends and the people with whom they are surrounded should be very carefully chosen; otherwise disastrous consequences may ensue, affecting the whole life.

These children should be dressed very plainly, for they are over-fond of dress and jewelry. Their diet should be very carefully administered, as their digestive organs are easily affected and they are prone to gastric troubles. Cancer children should be made to sit quietly for at least a few minutes each day to help them regain their equipoise, which is easily lost.

*Leo* — The children of Leo are the sunny, happy little ones, full of vitality and will power. They are whole-hearted and enthusiastic, and possess good memories. Children born under this sign are the most magnanimous of all.

They are very fixed in their opinions, however, and obstinacy must be watched

for and combated. They are fiery and passionate, and care should be taken not to rouse their temper. They should be trained with love and kindness, and they will sacrifice everything for those who thus treat them.

Leo children should be guarded against over-excitement and over-exertion. Care should be taken to protect the head and neck in very hot weather, otherwise they may have sunstroke. Leo children are very fond of entertaining their little friends, and like everything put on the table which they can persuade mother to bring out of her stores. Hospitality is an excellent quality, but the Leo child is apt to overdo it. He should be guided in this particular, that his hospitality does not degenerate into extravagance.

*Virgo* — Virgo children are the shyest of all children, and their great timidity often makes them appear awkward. They prefer to be unnoticed. They should be taught fearlessness and encouraged in every possible way. Virgo children are often considered dull and of no account at school because their timidity keeps them from showing their skills to advantage. But if they are taught by an understanding person, they can advance rapidly. In fact, the Virgo child generally needs only guidance in his studies, for he imbibes knowledge most readily and without great effort.

The sad and sordid things of life should be kept from Virgo children as much as possible, for if they hear a gruesome story they are likely to dwell upon it and frighten themselves by wondering if the same thing will befall them. As in the case of any shy children, their reactions in public places might cause digestive or other physical or emotional troubles.

Virgo children possess the finest critical faculty of all the signs. If they are trained aright, this quality becomes most useful and productive of good, but if they are untrained, it can become devastating in its results.

Virgo rules the intestines. Intestinal

sluggishness should be particularly guarded against, not only for its own sake but also because this condition, by reflex action, sometimes affects the chest, causing bronchitis. Virgo children also often have sensitive stomachs, and appear capricious regarding food. This, however, is the result of instinctive knowledge of what suits him and what does not. Do not force Virgo children to eat food they habitually refuse, for if they are made to eat what they really dislike, illness may well be the result.

*Libra* — The children of Libra are graceful and courteous; there is no need to teach them deportment or politeness, for they understand and practice both. They usually possess beautiful, expressive eyes. Libra is ruled by Venus, and is typified by the scales, the balance. The Libra child must be taught to keep its balance and not to be swayed by every wind that blows.

Libra is the sign of partnership; therefore the little friends of the Libran child should be closely scrutinized, for he always greatly feels the need of a friend or partner — one who will share his joys and sorrows — and if he does not find a suitable friend, the chances are he will choose an unsuitable one. The Libra child is pleasure-loving, but he should be taught simplicity in this direction. He cannot endure quarrels or disagreements and will go out of his way to avoid them. If he is obliged to listen to harsh words, he will look ill and uncomfortable and become very quiet. Disagreements will soon make a Libra child ill. These children long for harmonious conditions.

*Scorpio* — The children of Scorpio are the opposite in character of Libra children. They will sometimes provoke dissension by making an annoying remark, and not feel the worse after the small storm is over. This characteristic, however, must if possible be eradicated or at least modified in childhood or it may spoil their whole life.

Scorpio children are clever, posses-

sing the faculty of knowing intuitively the inner meaning of a remark, and they often answer accordingly, sometimes to their elders' discomfiture. Their questions should be answered with tact, patience, and absolute truthfulness. They are likely to ask the most awkward and difficult questions, but do not put them aside or they will go and ask others and possibly get wrong information. They can probe to the bottom of a matter, and often disclose that which one usually keeps to oneself. At the same time, however, a Scorpio child can keep a secret and no one will know that he possesses it. This is truly an uncommon and wonderful faculty to possess.

Teach Scorpio children at an early age the great sacredness of the creative act. Tell them that the keynote of their sign or nature is *regeneration*, and teach them the meaning of that word. If well trained, these children in later years make excellent dentists and surgeons, and, when spiritually awakened, successful clergymen.

*Sagittarius* — The children of Sagittarius are ruled by Jupiter. They are kind, genial, jovial, and general favorites among their companions. If anyone is hurt or in trouble, the Sagittarian child will be the one most likely to help, partly because he is kind-hearted and likes to help, and partly because he cannot bear to see long faces or hear tales of woe; therefore, he helps his companions to get out of trouble in the quickest way. Never stop these children in their truly Christ-like ministrations, but encourage and commend them.

They are good story-tellers, and keep their small audiences interested when relating an anecdote. They should be watched in this particular, however, for they are fond of approbation and may overstep the truth in the desire to gain applause. Sagittarius children do not mean to be untruthful, though they often seem to be because they speak before they think. They should be taught not to answer a question until they have fully considered their reply. In speech they

are rather blunt and abrupt. They are very fond of sport of all kinds, and generally successful both in sport and speech. Their bluntness and seeming untruthfulness must be checked, as these faults may spoil an otherwise excellent character.

*Capricorn* — Since they are very reserved, the children of Capricorn are the most difficult to understand, yet they crave most to be understood. They are very reliable and practical. They are quiet and taciturn, but when they do speak it is to the point, and what they say receives attention. They crave to be left alone to do their own work in their own way and resent interference of any kind.

A quiet word of reproof should be given when necessary, but no punishment. Punishment brings to the surface the revengeful thoughts of Capricorn children, for they are more or less revengeful. They possess the unusual qualifications of self-analysis and self-censure, and if left quietly alone will take themselves to task for their faults.

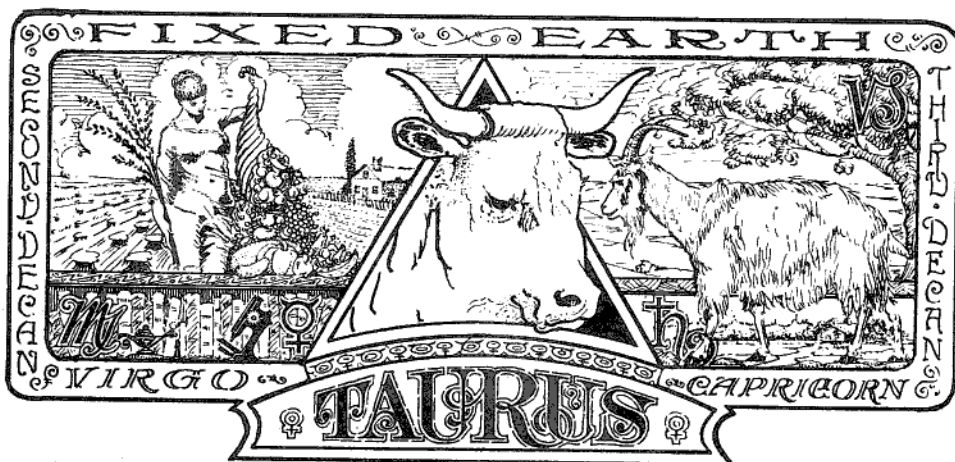
The sign of Capricorn is typified by the goat. In its natural habitat the goat ascends to great heights, balances itself upon narrow ledges of rock, and stands there alone, serene and content, surveying the distant landscape. Similarly, the Capricorn child likes to go away alone, apart from his companions, and not be questioned when he returns to them. He will regain his equipoise if allowed to do so. The Capricorn child is ambitious and likes to associate with his elders, and with those in authority. When he grows older, his greatest success often comes a long distance from his birthplace. (Continued)

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The crisis of self-surrender has been, and must always be, regarded as the vital turning point of the religious life.

—William James





## The Children of Taurus, 1975

**T**aurus is a fixed, earthy sign and may be likened to fertile soil, wherein most of the plant kingdom, which sustains both animal and human life on the physical plane, grows. As plants take root in the soil, they hold it down and keep it from eroding, thus making it possible for communities of man and animal to exist. Taurus is similarly a very fertile sign and produces the desire for security. The Taurian tends to be reliable and thorough in all that he does. He is sometimes rather slow, seldom doing anything in a hurry but like the plant that in time reaches its maturity, the Taurian will slowly but surely reach his goal. He does not usually make up his mind quickly, but once a course of action is chosen a dogged determination eventually produces results despite any obstacles. The Taurian is usually kind and easy-going, not wishing to harm or offend anyone, but desiring to be left to his own ways and not be pushed into changes dictated by the whims of others. It is best not to arouse his anger, for it is like an earthquake when it breaks loose.

On the less desirable side, the Taurian is downright stubborn, clinging to the established pattern in order to

maintain a feeling of security. He fears change as a threat to his well-being and is not willing to consider proposals for change even when they may improve his situation. Instead, he often exerts his energy in efforts opposed to change. In this respect the Taurian must be careful, for soil can be a habitat for either useful crops or weeds. The reliability and steadfastness of the Taurian nature can give the necessary substance for the maturation of germinal ideas implanted by the preceeding sign, Aries, in which case a valuable function has been performed. But when the weeds of stagnation and immobility have been allowed to overrun the nature, not only has no useful purpose been served, but also there is less room left for the nourishment of those qualities which support its further development.

In the esoteric anatomy of man, Taurus corresponds to the desire body, which gives persistence to action. The ruler of Taurus is Venus, referred to in Greek mythology as Aphrodite, the goddess of love. The feelings engendered by Venus run all the way from the sensual lusts of the lower Desire World (purgatory), to the refined, artistic, and esthetic impulses of the higher Desire

World (first Heaven).

As the Sun passes through Taurus, the Christ Spirit has left the physical Earth. He is working in the Desire World as He passes through it, helping to purify and transmute the lower, selfish emotions of man and supplying man with more refined material from which he can build a desire body that is under his control.

The Sun in Taurus sextiles Mars in Pisces from April 21 to May 21, giving these natives a secretive nature in regard to their affairs. They may work behind the scenes where one does not come in direct contact with the public. This aspect suggests that these children should have an abundance of vitality and constructiveness. They are likely to be determined and self-motivated without imposing on others.

Between April 21 and April 29 the Sun opposes an exalted Uranus in Scorpio, which may make children who have this aspect behave in an erratic manner. They should be taught to channel any destructive impulses into creative activity.

Saturn sextiles the Sun from April 26 to May 14, and these natives could utilize their power to overcome obstacles and make the most of their determination to accomplish. Saturn is in Cancer, so the latter life may be more successful than the younger years.

From April 21 to April 27 Venus in Gemini sextiles Jupiter in Aries, which adds a mental rather than emotional quality to the love nature; also, an interest in literature, writing, and fraternizing is indicated. These children should have a thoughtful, honest disposition.

Venus has several other aspects as well, and the difficult ones also must be considered in describing the potential of these natives. Venus squares Mars from April 21 to May 3. The signs are flexible, giving some freedom of choice. These natives must learn to control and transmute any licentious tendency and any predisposition to act upon the im-

pulse of the lower, coarser emotions. During some of this period, April 21 to April 26, Venus trines Pluto in Libra, and a re-direction of these impulses is possible with interest in large groups of people and organizations.

Venus opposes Neptune from April 21 to April 28, signifying possible deception. These children should be taught to avoid anything to do with speculation and personal deception. Misplaced emotional confidences may bring sorrow. From May 10 to May 21 Venus is in Cancer squaring Pluto. These children should be taught to guard their emotions carefully, as they may be hypersensitive and excessive in their cravings.

Venus squares Jupiter from May 15 to May 21, again stressing the need to control the appetites. Venus in Cancer expresses in a motherly and home loving way and induces a vivid imagination, but if afflicted can attract negative conditions.

Venus conjuncts Saturn from May 18 to May 21. These children must learn to give and love unselfishly, to have faith, and to put aside fear, so they can love freely without wanting to possess.

Mercury, the planet of communication and expression, is in Taurus and sextiles Mars from April 21 to April 28. These children may have active, determined minds and be enthusiastic, persuasive talkers. An opposition to Uranus in Scorpio however, from April 21 to April 23 predisposes to an implacable quality of mind. These natives must learn to be forgiving and have an open mind to suggestions and ideas other than their own. There is a tendency to lose the line of concentration and be led off on a tangent of strange or wild ideas.

Mercury enters Gemini on May 14 and trines Pluto on May 12, giving the mind versatility and keenness. The mentality will be hypersensitive and may work well along occult and medical lines, always wanting to be in touch with the social line or groups of people.

From May 7 to May 16 Mercury opposes Neptune. The emotions must not be allowed to interfere and cloud an otherwise bright mind. Communications received from superphysical sources must be put to the test of logic in order to avoid misconception and disoriented ideas.

Mercury sextiles Jupiter in Aries from May 7 to May 21, bestowing a latent wisdom and good sense of integrity. These natives should do well in any line of communication.

Mars in Pisces trines Saturn in Cancer from April 21 to May 8, and squares Neptune from April 21 to May 4. Although Mars and Saturn are not strong by sign the trine offers a way for healthy constructive work during the life, but the square to Neptune will be a weak point. These children should be taught to guard against impulsiveness and against being misled into impractical or indulgent conduct. Although they are practical, determined and hard-working, they may easily take offense. They must be careful to avoid a "get-even" attitude.

Jupiter squares Saturn and trines Neptune during the whole solar month of Taurus. Jupiter amplifies whatever he touches, and it is important to consider his house placement in the individual chart, as well as any lunar aspect which will be the avenue of direction for the Jupiter ray. This is the planet of growth and development and must be given careful consideration in the native's chart.

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Shall I tell you the secret of the true scholar? It is this: Every man I meet is my master in some point, and in that I learn of him.

—Emerson

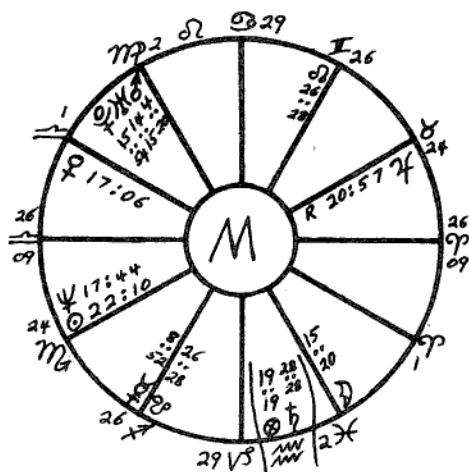


Never attend negative psychic meetings of any kind. Each time you make yourself negative for the manifestation of some discarnate spirit or entity, you are laying yourself liable to dangers so far reaching that the average Westerner cannot even imagine them. If you would not turn your car over to any stranger whom you had never seen, why should you turn your body over to someone that you do not know and have no reason to trust? It is a known and accepted fact that spirits of the departed do not immediately become "Angels" at death. Therefore, it is only common sense that with a few exceptions those Egos that "hang around" in the lower regions of the Desire World and communicate are those to whom the Earth's atmosphere is not offensive. Any spirit content in the Earth's Aura is not a highly developed spirit. Think it over if you are doing automatic writing, etc.

## NOTICE

We are discontinuing the Horoscope readings for children and the Vocational Guidance readings with this issue of the *Rays*. Space will allow us to print only two of each every month but we receive many times that amount of requests every day. Although this service has been conducted as fairly as possible — the names are drawn by lot — there are inevitably many disappointments, and some who do not understand feel they have been treated unfairly when their submission does not appear. Therefore, we feel it best to discontinue the readings entirely. We continue to encourage our students to study Astrology so that they may do the horoscope for themselves.

# Readings for Subscribers' Children



David D.C.  
Born November 14, 1964, 4:28 A.M. PST,  
Latitude 34N09, Longitude 118W15

David's horoscope shows a life full of experience and challenge, which things can bring much soul-growth if used aright, for there is a double T-Cross present. As a man develops physical strength and endurance by working with and overcoming physical obstacles, so does he develop spiritual power by working with and overcoming inharmonious and frictional conditions in himself and his surroundings.

The first T-Cross is formed by the Sun and Neptune in conjunction, both opposed to Jupiter and all three square to the Part of Fortune. The Sun and Neptune are in Scorpio and the 1st house; Jupiter is in Taurus and the 7th house; and the Part of Fortune is in Aquarius and the 4th house. This T-Cross in fixed signs and angular houses indicates a potentially difficult situation that will not be easy to overcome or ignore; but it also gives courage and fortitude that sticks to a thing and does not give up easily.

The desire nature is strong, so David will have to be careful of overindulgence in bodily appetites. We also see that

there is a strong drive for spiritual power and understanding. It is proper to strive for higher development so that we may continue to progress on the path of life, but we must not try to force our development and create an imbalance thereby. If we try our best to live usefully and honestly each day, we will not need to worry about going unnoticed by those great Beings who guide our evolution, for they are ever so much more anxious to help us than we are to be helped. Too much time spent preoccupied with "spiritual" matters and not enough attention paid to physical responsibilities is likely to result in some type of physical deprivation that will forcibly remind us of the latter. Let us remember that no matter how "physical" a chore may seem, it is spiritual work if done in the attitude that all things are to the glory of God.

The second T-Cross is formed by Pluto and Uranus in conjunction, both opposed to the Moon, and all three square to Mercury. Mars is also square to Mercury. Mars, Pluto, and Uranus are all in Virgo and the 11th house, the Moon is in Pisces and the 5th house, and Mercury is in Sagittarius and the 2nd house. This shows that David may hold strong opinions at times and want others to share them with him. He seems to have a basic insecurity and fear of being wrong in his beliefs and so feels that others must agree with him in order to show that he is correct. When this does not occur, David may have a tendency either to become very critical or totally withdraw from a situation in self-righteous indignation.

It is indicated that David may have difficulty in making friends and getting along with others in his same age group unless he can learn to appreciate and respect other people's opinions and points of view. He should try to realize that no one of us is perfect and never

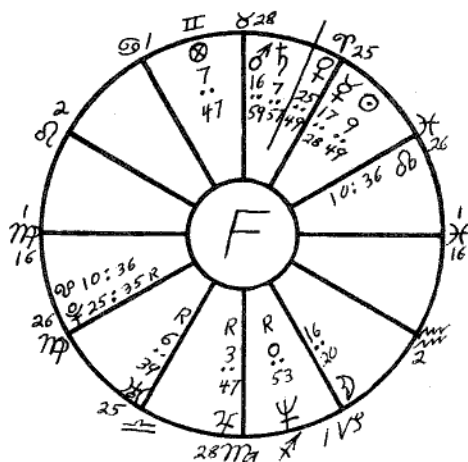
makes mistakes, neither is anyone capable of understanding everything. Thus, we should be anxious to share our experiences, knowledge, and understandings with one another, not deny them, so that we may all be richer as a result.

The Moon also sextiles Jupiter and trines Neptune and the Sun. These aspects reveal an essentially kind and sympathetic nature. They indicate that through a greater awareness of self, a greater understanding of the predispositions of others and a sense of purpose and fulfillment will be developed. We are told that the greatest of all the commandments is that we should love the Lord our God with all our heart, mind, and soul, and the second one is that we should love our neighbors as ourselves. But we can only love God to the extent that we can feel and be conscious of love, and we cannot love our neighbors if we do not love ourselves. "Man, Know Thyself," was the ancient admonition, good today as then, meaning that the greater our self-conscious awareness is, the greater our awareness and understanding of the things outside ourselves will be.

This then, is the potential indicated for David: self-interest turns to interest in the welfare of others. Increasing sensitivity and self-conscious awareness develop compassion and sympathy along with the desire to alleviate the sufferings of others. However, these desires must be translated into action. Such opportunities will be presented, perhaps to work as a counsellor to troubled individuals.

We find the Libra ASC trine Saturn, this being the only significant aspect that either the ASC or Saturn make. This indicates that the first impression David makes on others is that of one who is kind, sociable, and well-balanced. The ruler of the ASC, Venus, is also in Libra, thus essentially dignified, deposited in the 12th house and having only one significant aspect, a trine to the Part of Fortune. This once again gives a relatively refined temperament and the

ability to impress others favorably. But it seems that David tends to hide this more delicate and refined side of his nature from himself and others, only bringing it out for show. He should realize, though, that such qualities are not a sign of weakness in one's character, but rather, help to balance the character, rounding off rough edges and enabling one to interact more smoothly and effectively with the rest of his fellow men.



Michele L.H.

Born March 30, 1970, 3:00 P.M. PST,  
Latitude 34N03, Longitude 117W10

In Michele's horoscope there are five planets below the horizon and five above, each group of which is separated from the other by a significant space (83 degrees on one side and 129 degrees on the other). There are also a number of oppositions. The keynote of this arrangement is "awareness." By experiencing the two polarities of a thing one becomes aware of that which lies between. It is then possible to begin to work with these opposites to effect a well-integrated balance between them.

Michele may at times go to extremes in some of the things that she does, but it is because the Spirit is endeavoring to understand how to work more meaningfully with the thing involved.

When she does go to extremes, Michele can be helped best by an example of moderation rather than an exposition on the virtues of the opposite extreme. When one polarity of something is expressed it tends to draw out the opposite and thus to generate friction and discontent in life. But the goal is balance, and we will find ourselves there much more quickly if we recognize this and act accordingly. Thus Michele's parents can watch for these things and endeavor to the best of their ability to be examples of moderation and balance in all things, as Michele will be sensitive to any examples of excess.

We find the exalted Sun in Aries and the 8th house, conjunct Mercury, the ruler of the ASC, which is also in Aries and the 8th house. The Sun also sextiles the Part of Fortune in Gemini and the 10th house, and opposes Uranus in Libra, the sign of balance, and the 2nd house. This tells us of a pioneering Spirit who is searching for answers to the meaning of life, its purpose, and her place in it, and has a good analytical mind to help her, though she must be careful of a somewhat critical and undiplomatic vein in herself at times.

There is a need to be more sensitive to the feelings of others, realizing that when we try to build ourselves up by putting others down we will eventually find ourselves down too. The Sun rules the 12th house and Uranus the 6th, which says that this insensitivity is a possible source of much sorrow, disappointment, and frustration. As Michele gains a greater awareness of her own inner spiritual power, however, her insight into the needs of others can be an asset of no small significance in successfully helping others.

We find the Moon in Capricorn and the 5th house, trine Mars in Taurus and the 9th house. This shows a great deal of resilience in being able to bounce back and try again after a setback. This is further reinforced by the mutual reception between Mars and Venus. It also shows a positive, optimistic attitude, holding

that everything will turn out for the best. The Moon also squares Mercury, showing that there is a tendency toward impetuosity, expecting an undertaking to produce immediate results instead of patiently working toward the result desired. But let us remember that nothing really worth having ever comes without an effort.

The Virgo ASC sextiles Jupiter in Scorpio and the 3rd house and trines Venus in Aries and the 9th house. Venus rules the sign on the cusp of the 3rd house. These configurations once again show a good learning capacity, scientific inclinations, and an ability to relate well to others on an intellectual level. A sense of beauty is found in intellectual ability and achievement. Pluto, ruler of the sign on the cusp of the 4th house is found in Virgo, near the end of the 1st house, trine the MC, indicating identification with organizations of mentally oriented people, whose purpose is to research, investigate, and gather knowledge.

The ASC squares Neptune, which rules the 7th house and the sign on the cusp of the 8th, intercepted in Sagittarius, in the 4th house. (Neptune also opposes the MC and the Part of Fortune.) This reveals a somewhat suspicious and distrustful attitude toward others which will draw out the same attitude in others toward her, resulting in possible deception and material loss unless a more positive attitude is cultivated. Anything that smacks of the "occult" and does not admit of a logical explanation is looked at askance and rather disdainfully. However, with five planets distributed through the 8th and 9th houses there will no doubt be some interest in philosophical matters. More accurately, there will be much experience and preoccupation in the direction of science, philosophy, and religion—much searching, with disappointments and discoveries, failures and successes.

In Michele's horoscope there are eight planets plus the ASC and the MC

*(Continued on page 210)*

# VOCATIONAL GUIDANCE ADVICE

John L.B.

Born October 18, 1949, 8:21 A.M. EST,  
Latitude 41N20, Longitude 73W05

On the cusp of the 10th house we find Virgo, and in the same sign and house are Saturn and the Moon. Saturn is co-ruler of the 3rd house and the Moon rules the sign on the cusp of the 9th. Saturn conjuncts the Moon and is sextile to the Scorpio ASC. The Moon is conjunct and parallel to the MC and sextile to Uranus, the other co-ruler of the 3rd house, in Cancer and the 8th house. The MC is conjunct Mars in Leo and the 9th house, also sextile to Uranus. These things auger well for occupations that have a mental emphasis. The ability to concentrate and work with details is seen, as well as an intuitive insight into and an enthusiastic attitude in tackling difficult problems. Suitable vocational areas would be electronics, electrical engineering, structural engineering, mechanical engineering, acoustics, etc. There are also good indications for the study of archeology, anthropology, or languages, probably in some specialized area of one of these.

The ruler of the 6th house, Venus, is in Sagittarius and the 1st house, sextile to Neptune, Mercury and the Part of Fortune. Mercury and Neptune are in Libra and the 11th house, the Part of Fortune is in Libra and on the cusp of the 11th house. This shows that John has a desire for working conditions that have more than just a mental atmosphere, where there is also an element of the artistic, the meaningful and the spiritual. Facts and figures are not enough, they must also point to a higher reality and be employed with that realization in mind. The creations of man must be seen as a reflection of and tribute to the creativity

of God.

We find that Venus is also square to Saturn and the Moon, this showing a conflict between the types of vocations that are suitable to John and the conditions under which he would desire to work. This could take the form of inharmonious relations with fellow employees, or employers, who are more materialistically inclined than himself and who view his attitudes as being incompatible with his work and inhibiting his ability to produce reliable results. Inner emotional conflicts may also affect John's ability to work most productively.

Mercury and the Part of Fortune are square to Uranus, and Mars is square to the ASC. This indicates that John has a tendency to jump to conclusions sometimes and push ahead with an idea before it has been adequately tested, resulting in failure when unanticipated obstacles arise. This may be one source of inharmonious working conditions. This tendency may also result in financial loss since we find Jupiter, ruler of the sign on the cusp of the 2nd house, in Capricorn and the 2nd house, square to the Sun in Libra and the 11th house. John should be very careful with heavy investments and school himself in wise money management.

The Sun is sextile to Mars, and with three planets in Libra and the 11th house John is able to maintain an optimistic attitude and keep on working toward his goal with vigor, though he could be a little more definite about what goal he wants. Venus trine to Pluto shows that emotional control in working with groups of people is the key to a greater degree of success in life.



Kristin V.K.

Born December 4, 1950, 7:33 P.M. EST,  
Latitude 39N06, Longitude 84W31

The MC of Kristin's horoscope is in Pisces and Aries is intercepted in the 10th house, giving Neptune and Mars prime rulership over the types of professions that would be suitable, there being no planets in the 10th house. Mars is in the 7th house, exalted in Capricorn, sextile to the MC, indicating opportunities for recognition in a public capacity as a director or executive.

Neptune is intercepted in the 4th house in Libra, conjunction and parallel to the Moon, which is the ruler of the ASC. Neptune and the Moon are sextile to the Sun and Venus, both of which are conjunction in Sagittarius and the 6th house of service. These configurations indicate sensitivity and creative imagination used in daily work situations. Mercury is also in Sagittarius and the 6th house, and together with the Sun and Venus, this shows one who aspires to put her best into her work and has high expectations for the results to be obtained therefrom. Most occupations where an artistic bent is required would be suitable; occupations whose goals are to make people's lives more productive through exposing them to aesthetic, pleasing, harmonious and beautiful surroundings. An example of this would be a consultant to firms that produce furnishings for homes and other buildings, advising people what would best suit their needs. Working in a government position in a similar capacity is also indicated as a possibility. There are of course many other vocational areas in these directions.

As in every case, we find that there are challenges to be met and obstacles to be overcome in the realization of potentials. We find Mars opposition to the ASC and both of these square to Neptune, forming a T-Cross. Also, Saturn, in Libra and the 4th house, is opposition to the MC and both of these are square to Mercury, forming another

T-Cross. These things indicate that Kristin is impatient to realize results, is easily discouraged when there are not any and broods over failure unduly. More forethought and careful planning is needed, especially since there is a lack of fixed sign emphasis, showing a lack of persistence. Let us remember that we cannot reach the top of the stairs without first climbing the bottom ones.

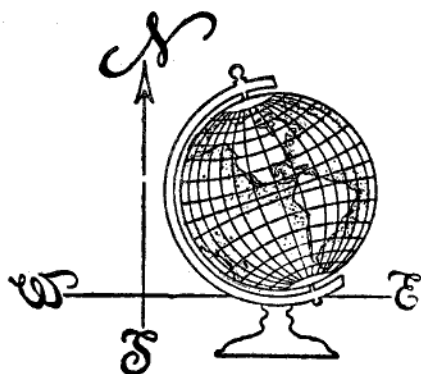
There are three planets in Libra and three in Sagittarius, giving pre-eminence to these two signs. Librans are very susceptible to their surroundings and are easily swayed thereby. They need to learn the lesson of balance. Sagittarians are optimistic and entertain high expectations. They need to guard against disappointment and disillusionment.

Pluto, ruler of the 5th house, is in Leo and the 2nd house, square to the Part of Fortune in Taurus and the 11th house. Kristin should stay away from "get rich quick" ideas and use the influence of a well aspected Sun, ruler of the sign on the cusp of the 2nd and 3rd houses, to keep her purpose firm, and Pluto trine and parallel to Venus to keep her ideal noble and worthy. The interceptions in the 4th house indicate that harmony created first in the home environment will then allow for greater success in wider fields.

\* \* \*



A pitcher cannot be filled or receive any more when it is already full. Therefore, when you have been studying and have filled yourself with spiritual wisdom, give it out with discrimination and love, so that you may receive more. Keep before you as your ideal in this, the Aquarian Man, with his carefully balanced urn. This is the symbol of the future man, who will give to all, but only what each requires, from his store, with nicety and discrimination.



# MONTHLY News INTERPRETED

## 'Organic Farming' Proves Beneficial to Wildlife

The future of Nebraska's and the nation's wildlife is, in the minds of many managers and conservationists, rather bleak. The economic strife and the demands of increased production are literally destroying the environment necessary for the perpetuation of wildlife.

"We are losing wildlife cover at a rapid rate," said William L. Baxter, of Lincoln, research biologist for the Nebraska Game and Parks Commission. "Hedgerows, fence lines, creek bottoms and grasslands are being destroyed for the planting of row crops."

"In addition, we are faced with farming operations which threaten wildlife. I'm talking about clean farming operations which leave little or no cover for fall and winter needs of wildlife."

"We are also concerned with the immediate and long-range effects of chemical fertilizers as well as pesticides and herbicides."

"I'm not saying all pesticides, fertilizers or weed control agents are detrimental. The truth is we don't know what effect many of them have on wildlife. We do feel there are more factors than just a loss of habitat influencing the decline of animals, such as the cottontail, and birds, such as the pheasant and quail."

Baxter made the statement en route to the Del Akerlund farm a few miles north of this Platte Valley farming community. He and Game Commission education coordinator Ben Schole of Norfolk have been investigating the farming practices of Akerlund and some of his neighbors who quit using chemical fertilizers, pesticides and insecticides six years ago.

"I'm convinced the practices involved in the Akerlund operation are beneficial to wildlife," Schole said. "At least with the

crop rotation program and the lack of chemicals on the land it is better than most of the practices we see today."

"Call it organic farming if you will," Akerlund said. "Crop rotation to build the soil, plus the use of organic fertilizer, is working for me."

He uses a rotation system which begins with the planting of oats combined with clover. "We plant an 80-20 mixture of red and sweet clover with the oats," he said.

"The oats are harvested and a long stubble left standing. The clover and stubble are allowed to stand over the winter and plowed under in the spring. With this method, we harvest a cash crop. The oats made 100 bushels per acre this year, while the clover adds about 150 pounds of nitrogen to the acre."

"We follow with corn, sometimes two years in a row, and then a year for soybeans before we go back to the oats and clover."

Akerlund said.

The accumulation of humus is also an important factor.

"It helps hold moisture," Akerlund said. "I think it really showed up this year with the drought condition we went through. Our beans ran 42 to 47 bushel per acre while the corn made 35 to 70 bushels. The yield was far better than the average for this area. Some area fields farmed chemically produced only eight to 10 bushels."

"I am not saying our method of farming outproduces others," he said. "I'm saying we are making a farm work without all the chemicals. We may not produce the volume in some years that others do, but our quality will surpass most when it comes time to sell the grain."

Akerlund said his fertilizer and chemical bill before he switched to the rotation

system was about \$25,000 annually. "The bill for fertilizer now is just about half that figure. We haven't had a weed or insect problem. The stress factors on our grains are nil."

He said he is well aware of the wildlife habitat problem facing the state and nation.

"Our clover-oat planting attracts birds such as quail and pheasants," he said.

"It offers nesting cover as well as roosting and winter cover. I feel the birds keep insect pests, such as grasshoppers, in check. With the rotation system we can keep at least one field attractive to wildlife the year-around."

Akerlund said he went to the rotation system and organic fertilizer because of many factors.

"We found ourselves putting more insecticides, fertilizers and weed killers on each year. It seems as though the problems of control multiply. Insecticides used one year become less effective the next because of the immunity factor."

"Fertilizers and weed killers are showing up in ground water, and runoff is contaminating lakes and streams. We decided there must be a better way of farming, so we went to the system of rotating crops used many years ago. With today's technology and equipment, we find it a pleasant and profitable way to farm."

by Gene Hombeck, *Sunday World-Herald*, Omaha, December 22, 1974.

The time-honored system of crop rotation had proven its worth to generations of farmers before more "progressive" modern methods of inorganic agriculture were introduced. Advantages of crop rotation and organic farming, as enumerated by Mr. Akerlund, speak for themselves. We hope that, for the sake of man, wild animals, and the general environment, many other farmers will follow the example being set by Mr. Akerlund and his neighbors.

## More on Solar Energy

Amid the continuing agitation fostered by the energy crisis, it is encouraging to learn of increasing endeavors to make practical the large-scale use of solar energy. The September, 1974 edition of *Chemical & Engineering News* described some of the solar energy concepts which were discussed at the 9th Intersociety

Energy Conversion Engineering Conference. These include the development of huge orbiting solar plants and the establishment of immense "solar farms" in the desert. Most interest, however, seemed centered around the use of solar energy for wide-spread electrical power production and the heating and cooling of homes.

One of the chief problems facing solar energy planners is that of storing thermal energy for use when the Sun is not shining. A possible solution advanced by Dr. George G. Libowitz of the Allied Chemical Corporation was explained as follows:

"Key to the Allied system is metallic hydrides that decompose endothermically (endothermically: absorbs heat) and produce an equivalent amount of heat when the metal and hydrogen decomposition products recombine. Dr. Libowitz told the conference that blocks of a metallic hydride could be placed under solar collectors on the roof of a house where they could be decomposed by the sun's rays at temperatures of 200 (degrees) F. or more.

The hydrogen that is produced can then be fed to storage tanks in the basement. When the house cools and more heat is needed, it can be made available on demand by releasing the hydrogen from the storage tank and returning it to the metal blocks on the roof. There it combines exothermically (exothermically: releases heat) with the free metal. The heat can then be used for space heating, for hot water, or to run an air conditioner. Alternatively, the hydride block can be stored in the basement where it is heated to its decomposition point by solar-heated air or water that is piped from solar collectors on the roof." (A metal hydride is a combination of a metal, such as sodium, with hydrogen (NAH). When exposed to solar radiation the energy absorbed separates it into two components.)



# BOOK REVIEWS

## "The Sound of Music and Plants"

*The Sound of Music and Plants*, by Dorothy Retallack, DeVorss & Co., Publishers, Santa Monica, Calif., 1973.

Numerous articles about Mrs. Retallack's experiments regarding the effect of music on plants have appeared in recent years. In this book she compiles her findings chronologically and presents an overall view of her work.

Mrs. Retallack, a professional singer, attended Temple Buell College a few years ago. She performed her first "musical experiment" with plants to fulfill a requirement in an also-required biology course. The results so interested her that, with permission and cooperation of college authorities, she continued with this work.

Mrs. Retallack first wished to determine whether plants react to certain tones more than to others. Eventually, her experiments led from single tones to different types of music including contemporary classical, country western and folk, jazz, acid rock, works by J.S. Bach and Debussy, and the East Indian music of Ravi Shankar.

Seedling plants such as corn, squash, petunias, zinnias, and marigolds were placed in Biotronic Control Chambers in which light, air, temperature, soil, and watering schedule were controlled. One chamber remained silent, and in the two others speakers were installed.

Briefly, Mrs. Retallack found that plants grew grotesquely and sharply away from the sound of, and died after prolonged exposure to, acid rock. She defines acid rock as: "the kind of rock which simulates a drug 'trip', or which

has a definite message in its lyrics referring to the positive effect of drug use, bodily eroticism, and the drop-out culture."

Most favorable growth and root development occurred in plants exposed to East Indian devotional music, Bach organ music, and jazz. Admitting surprise at the evidently favorable response to jazz, Mrs. Retallack speculated whether the fact that these three types of music had their origin in religion might account for the seemingly positive effect on plants exposed to them. In other words, what influence might the *intent* of the composer have when his compositions are played?

To learn more about the effect of intent, Mrs. Retallack, as the book went to press, was devising experiments in which Wagner's thematic music was to be played "straight" to one group of plants and, taken from the same tape, backward to another group. In this way, both groups will be exposed to the same number and degree of high and low frequencies, the energies of individual notes, the same chord structure - everything, in fact, except the "idea or creativity of the thematic material." It would be interesting to know the results!

Mrs. Retallack's work and that of a few other people represent just the beginning of experimentation in this field. Many questions remain to be answered about the response of plants to music. We recommend this little book not only because of the light it sheds on the author's investigations, but also because of the spiritual and joyful context in which she appears to live and move and which shines through its pages.

# Readers' QUESTIONS

## Psychic "Readings" for Profit

### Question:

In the *Cosmo-Conception*, p. 68, we read: "No genuinely developed seer will ever exercise this faculty (clairvoyance) for money or its equivalent; nor will he use it to gratify curiosity; but only to help humanity." Several of my friends have consulted psychics for "readings" and have been distressed and out of sorts afterward. Nevertheless, they continue to be drawn to other "readers" for new and different versions. Please discuss the fallacy and foolishness of psychism run on the profit principle.

### Answer:

Voluntary clairvoyance is under control of the cerebro-spinal nervous system, and will be attained more universally as the human race progresses spiritually. The man who consciously evolves his spiritual faculties controls the vibration of the pituitary body and the pineal gland by will, and his clairvoyance is constant, to be used at his discretion.

The voluntary clairvoyant develops his sensitivity and learns to control his extrasensory abilities by exercising his will to live a pure, spiritual life and devote himself to selfless service to others. In time, after he has proved himself worthy, he receives the teaching necessary to complete the connection between pituitary body and pineal gland and to become a trained clairvoyant — a

master of his faculty at any and all times, free to exercise it at will.

Such an individual, whose past performance indicates whole-hearted devotion to spiritual principles, has passed beyond the stage of thinking in terms of monetary rewards. He knows enough to use his advanced abilities for purposes of service only, and would consider it a prostitution of his talents to *sell* this service. Since he is a master of his clairvoyant faculty, trained in its use and in constant control of it, whatever information he obtains is likely to be accurate and complete. As does the spiritual astrologer, the spiritual clairvoyant phrases his information in positive terms — indicating what has to be overcome but also indicating the means available with which to counteract possible problems. He avoids sensationalism and clothes his objective findings in the aura of impersonal, spiritual love. Also as does the spiritual astrologer, the spiritual clairvoyant presents his information in terms of spiritual development and other development as it relates to the spiritual. He does not help in matters of material gain, etc.

Involuntary, or negative, clairvoyance is exercised by means of the involuntary nervous system. It is not under control of the will and is sporadic in nature. The involuntary clairvoyant is aware only of what happens to come before him and cannot use his power for purposes of investigation.

Negative clairvoyants often allow themselves to come under the control of earthbound spirits who represent themselves as spirit guides and are, in many cases, unscrupulous entities who seek to coerce their human victims for their

own nefarious purposes. The negative clairvoyant then becomes a medium. The spirit guide, in a manner explained in the *Cosmo* and other Rosicrucian Fellowship literature, deprives the medium of his vitalizing principle. The medium truly surrenders his will to another entity, and is from then on not his own master.

Far from exhibiting the spiritual strength and purity of life which underlie the voluntary clairvoyant's character, the involuntary clairvoyant obviously is weak and pliable. He is apt to have no scruples about charging for his readings, and they are only rarely motivated by considerations of service. The medium's reading will consist of whatever information the spirit guide, for purposes of its own, wishes to reveal, and the medium himself has no way of knowing whether or not the things he says are inaccurate or one-sided. The involuntary clairvoyant who is not actually a medium also does not know how accurate his information is because, as said, his ability to "see" is sporadic and not under his control.

Information from an involuntary clairvoyant is often phrased in terms of doom ("A terrible thing will happen in three days") with no help as to how to try to avert that calamity, or in obscure language that could mean anything or nothing. It frequently has to do with material gain, romance, or the superficialities of life, and rarely encourages or helps the subject to improve spiritually. The fact that your friends were "distressed" and "out of sorts" after readings clearly indicates that, whether or not they realized it, they were left dissatisfied in a spiritual sense. The readings did not fulfill the primary criterion of the voluntary clairvoyant — that of genuine *service* to his subjects.

The "distress" experienced by your friends also may indicate that they somehow "felt" the presence of an undesirable entity hovering around in the vicinity. We are warned not to attend seances or any other negatively-oriented psychic

demonstrations because by so doing we open ourselves to the danger of obsession by another entity.

The Rosicrucian Philosophy posits self-mastery as the goal of all sincere spiritual aspirants. As does positive clairvoyance, self-mastery is achieved solely after determined effort and persistence in living pure lives of selfless dedication and service. It behooves us all to develop our own spiritual powers, in a positive way, as quickly as possible. At the same time, we should lean on others as little as possible, and certainly not at all on those whose negative nature and questionable pronouncements are spiritually useless at best and harmful at worst.

## Piscean Age Religion

### Question:

If the religion of the Capricorn Age will be that of the Father, and the religion of the Aquarian Age will be that of the Son (Christ), what then is the religion of the Piscean Age?

### Answer:

During the present Piscean Age we are slowly working our way into the higher phase of the Religion of the Son, which will predominate during the Aquarian Age. Many people in the world, however, including some who profess orthodox Christianity, have not yet been released from the bonds of race spirits and race religion. Separativeness and divisiveness, characteristic of race religions, are obviously still very much a part of the world scene. Thus we may say that the present Piscean Age is a transitional period in which race religions are slowly lessening their hold on a humanity that is beginning to work toward the principle of universal brotherhood — the fundamental tenet of the Religion of the Son.



## Foods for Hyperkinetic Children

DIANA DUPRE

**T**he problem of hyperkinetic children continues to plague parents, educators, and the medical profession. Hyperkinetic children are those who suffer behavior disturbances ranging from simple restlessness to extreme hyperactivity. The child's attention span is interfered with, and he becomes willful, stubborn, hostile, and disruptive at home and at school. Learning difficulties appear despite evident ability, and all too often teachers and parents both are at a loss about how to cope with these youngsters.

Medical treatment of many of these children has centered around the use of tranquilizing drugs, methylphenidate, and amphetamine. Concern about such medication has been voiced by some thoughtful individuals, including certain members of the medical profession, who understand the potentially dangerous consequences of drug use to childrens' delicate and not yet fully formed physical, mental, and emotional natures.

Another school of thought links the dual problem of hyperkinesia and learning difficulties (H-LD) to the increased use of chemical additives in foodstuffs consumed by these children. Dr. Ben F. Feingold of the Kaiser Permanente Medical Center, San Francisco, writing in *Hospital Practice*, October 1973, said: "... a graph projected for the increase in dollar value

for the production of artificial flavors and of soft drink beverages of various types parallels a graph for the increased incidence of hyperkinesia and learning difficulty among the schoolchildren of the country for the past 10 years."

The number of chemical additives, including coloring and flavoring agents, used in food processing in the United States exceeds several thousand. Adverse reactions to artificial flavors and colors have manifested in respiratory, skin, gastrointestinal, neurologic, and skeletal ailments of both children and adults. Behavioral disturbances in children are among the most significant of these ailments.

According to Dr. Feingold: "The California Association for the Neurologically Handicapped estimates that in the past 10 to 12 years the incidence of hyperkinesia and learning difficulty among our schoolchildren has risen from 2% to an average of 20% to 25%, and in some cases 40% of the entire school population. These figures have no relation to socio-economic background."

Some hyperkinetic children have now been successfully treated with a diet excluding all foods that contain salicylates, either natural or added in the form of colorings and flavorings. Again quoting Dr. Feingold: "The control of hyperkinesia with subsequent improve-

ment in scholastic achievement has been demonstrated following management with the salicylate-free diet."

A look at the suggested salicylate-free diet included with Dr. Feingold's article shows the exclusion of many foods considered "choice" by modern children. Foods and products containing artificial flavors and colors which should be avoided under this diet are listed as: ice cream, oleomargarine, cake mixes, bakery goods (except plain bread), jello, candies, gum, cloves, oil of wintergreen, toothpaste and toothpowder (a mixture of salt and soda is recommended as substitute), mint flavors, lozenges, mouthwash, jam and jelly, luncheon meats, and frankfurters.

Beverages listed as containing salicylates include: cider, Kool-Aid and similar beverages, all soft drinks, diet drinks and supplements, tea, and alcoholic beverages.

Some foods also contain natural salicylates. Parents who wish to consider the use of a salicylate-free diet for their hyperkinetic children are well advised to consult a doctor knowledgeable in the field of nutrition.

"The rapid improvement in learning abilities of afflicted children following the elimination of artificial flavors and colors suggests that the pharmacologic action of these additives may serve as a repressor mechanism that prevents the normal expression of these children during this age period," continued Dr. Feingold. "The rapid improvement observed both in the behavioral pattern and scholastic achievement indicates that food chemicals induce a functional derangement rather than persistent organic changes."

Dr. Feingold admitted, however, that not all hyperkinetic children respond favorably to this treatment. The questions then arise: do the children who do not respond favorably experience irreversible damage induced by the chemicals? What effect do food additives have upon the foetus?

Dr. Feingold reported that investi-

gators in the field of fetal development and pharmacology "suspect that drugs given during pregnancy may have a subtle effect upon the foetus that may be manifested later in life as behavioral disturbances." Certain additives, such as drugs, are chemicals of low molecular weight and are able to cross placental barriers. They may, then, adversely affect the foetus.

\* \* \*

## Chlorophyll

Nutritionists often refer to chlorophyll as "Nature's green magic," and with good reason. Its healing properties are effective in the treatment of many and varied ailments; it can be consumed internally or applied externally to good advantage.

The unique medicinal powers of chlorophyll are attributable to the fact that, by breaking down carbon dioxide, chlorophyll is able to produce oxygen. Anaerobic bacteria, a disease-inducing micro-organism found in many human bodies, cannot live in the presence of oxygen. Therefore, when chlorophyll is introduced in or onto an area containing these micro-organisms, they will perish.

A guide to the medicinal uses of chlorophyll is given in *Chlorophyll, Nature's 'Green Magic'*, by Theodore M. Rudolph (Nutritional Research Publishing Company, San Gabriel, Cal., 1957). The range of uses is wide, encompassing ailments from tooth decay, athlete's foot, and burns to diseases of throat, stomach, and rectum.

According to Dr. Rudolph, the presence of chlorophyll is known to enhance the effect of vitamins, an action instrumental in the digestive process. Chlorophyll is also a stimulant for the formation of granulation tissue, which consists of the fleshy projections formed on the surface of a healing wound, and for tissue rebuilding in general.

Dr. Rudolph has found that chloro-



phyll ointment applied to burns, wounds, and leg ulcers promotes fast and relatively painless healing. Chlorophyll liquid, taken with water as directed, has proven itself instrumental in the successful treatment of ear and nose ailments, diseases of the mouth and various internal organs, and arteriosclerosis, high blood pressure, and arthritis. Chlorophyll also functions to eliminate offensive odors associated with some illnesses and with the general condition known as "body odor."

Dr. Rudolph recommends chlorophyll liquid as a general tonic in order to maintain metabolism and physical well being. The suggested dosage is one tablespoonful in half a glass of water twice daily.

Expense appears to be the major disadvantage in the use of this outstanding remedy. The chlorophyll generally used for liquid, ointment, capsule, and tablet comes primarily from alfalfa. About two and one-quarter pounds, or one thousand grams, of green alfalfa yield about two and one-quarter grams of chlorophyll. Thus, many tons of alfalfa are processed in order to obtain a relatively small amount of chlorophyll, and the price is set accordingly.

\* \* \*

## ALL THINGS WORK TOGETHER

(Continued from page 207)

ophy may sound at first. As we observe the world and our own lives carefully we see that we are surrounded and upheld by a most wondrous Love. Even through the darkest of times, perhaps especially then, we are watched and cared for, yearningly led in the direction of our highest good. "And we know that all things work together for good to them that love God, to them who are the called according to his purpose." (Romans 8: 28)

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## Characteristics of Health

In 1872, Dr. Thomas Low Nichols described health in his study, *Human Physiology the Basis of Sanitary and Social Science*, as follows: "Health is Saxon for *whole*, akin to *holy* and *heal*. To heal is to make whole, or to make holy. Health or wholeness, completeness, perfection of the body and mind, corresponds to holiness, wholeness, and purity of heart. It means completeness and perfection of organization, fullness of life, freedom of action, purity from all stain or corruption, harmony of functions ... 'a sound mind in a sound body'.... Health is the energy of life in harmonious action. It is, in the human being, the perfect combination of bodily organization, intellectual energy, and moral power, all in harmony with each other."

Wholeness, harmony, purity, perfection, and holiness, then, are the hallmarks of health. They are also the hallmarks of the spiritually illumined Ego. Health and spiritual illumination are conditions of the complete development which must be attained by every evolving Ego.

Wholeness applies to each vehicle possessed by the Ego, and to the unit of four vehicles acting together as one. The same is true of harmony; the organs of the physical body work in concert, each performing its assigned task, and the physical body works in concert with the other three vehicles.

Purity affects the currents of the desire body; when higher desires predominate and the lower are suppressed, the currents flow smoothly, the incentive to uplifting action is unhindered, and the vehicles hastening to do the bidding of the desire nature can function at their most refined level.

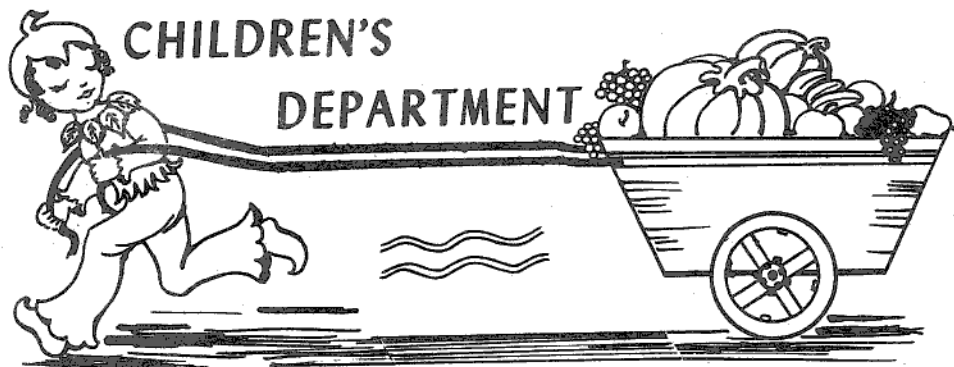
Perfection follows naturally upon the achievement of wholeness, harmony, and purity. When anything is whole, harmonious, and pure, it cannot be other than perfect. Ultimate perfection is found in God; degrees of perfection exist for different stages of human development.

Holiness, a term which suggests sacredness, inviolability, and the highest repository of spiritual power, is That from whence we came and to which we will return. The degree to which we can achieve this exalted condition on Earth shows the state of our health at this point in our evolutionary manifestation.

\* \* \* \* \*

Relax, close your eyes, and make a mental picture of the pure white rose in the center of the Rosicrucian Emblem on the west wall of our Pro-Ecclesia, and concentrate on *Divine Love and Healing*.

Healing Dates, May--7--14--20--27



## Lavender Pencils

DAGMAR FRAHME

Molly and Margie, who were exactly six years old, looked exactly alike. Their brown hair curled exactly alike. Their blue eyes twinkled exactly alike. Their noses turned up exactly alike. Their laughs tinkled exactly alike. Their dresses and their coats and their shoes and their socks and even their brand new notebooks for Miss Duncan's first grade class were exactly the same colors.

But nobody ever had trouble telling Molly and Margie apart.

Molly's hair was brushed and hung neatly to her shoulders. Margie's hair often looked as though a bird had tried to make a nest in it. Molly kept her shoelaces tied. Margie's shoelaces often flopped along the ground behind her.

Molly washed her face and brushed her teeth without being told. Margie almost always had to be told, and even then her face often looked as though she had been eating chocolate pudding. Molly always hung up her clothes and put her toys away. Margie usually left her toys on the floor and her clothes all over her room, and even Daddy, Mother, and Molly together couldn't get her to put them away.

At school, Molly printed neatly and carefully, drew pictures without smudges, and kept her desk tidy. Margie *could* print carefully, but usually didn't. She almost always smudged her pictures and got crayon all over her hands. Miss Duncan asked her to clean out her desk at least once a week, but always, a day later, it was full of stones from the playground, crumpled up papers, and books from the reading table that she had forgotten to put back.

When Molly and Margie went to a party, Margie usually spilled ice cream on her dress or milk on the tablecloth. Molly almost never spilled anything. When Molly and Margie went shopping with Mother, Margie often lost her hair ribbon or her bracelet or her purse. Molly almost never lost anything.

When Molly and Margie went to the library, Margie often dropped a book or tore a page or giggled so loudly that the librarian had to ask her to leave. Molly almost never dropped or tore anything and she certainly never giggled in the library.

Molly was learning to make clothes for her dolls. She knew how to cut the material neatly and make nice, even

stitches. Margie *knew* how to do those things, but didn't try to do them. She cut the material too fast and ruined it. Her stitches were sloppy, because she didn't watch what she was doing.

One morning Molly and Margie each found a brand new lavender pencil next to her plate at breakfast. Mother had them in her drawer and thought that Molly and Margie could use them at school. The children in Miss Duncan's room had yellow pencils and red pencils and green pencils, but nobody had a lavender pencil.

Molly and Margie couldn't wait to show their pencils to the other children. Molly put hers into her school bag so it wouldn't get lost. Margie carried hers in her hand so she could look at it all the way to school.

"You'd better put your pencil in your school bag, Margie," said Mother. "Otherwise you might lose it."

"I won't lose it," said Margie.

"Don't carry it like that," said Molly. "You'll lose it."

"I won't lose it," said Margie.

The girls hurried to school. Margie bumped into a tree, a fence, a man hurrying to catch his bus, and Molly, because she was looking so hard at the new pencil she didn't watch where she was going.

"Why don't you watch where you're going, kid?" asked the man angrily.

Margie looked hard at her pencil and didn't answer.

"Look out, will you?" said Molly disgustedly.

Margie looked hard at her pencil and didn't answer.

Margie was still looking at her pencil when she tripped over a stone on the sidewalk and fell, landing on her knees and her chin at the same time. The pencil rolled out of her hand into the bushes.

Margie's knees were bleeding and her chin was going to be black and blue for a long time, but she didn't care about that.

"Where's my pencil?" she wailed.

"If you'd put it in your school bag like Mother said you wouldn't have lost it," said Molly, who did not feel too sympathetic.

Margie didn't want to hear Molly's lecture about the school bag. She wanted her pencil.

"Where's my pencil?" she wailed again. "Help me look for it."

"I don't want to be late," said Molly, "and you'd better not be either. Come on."

"No," said Margie. "I'm going to find my pencil."

So Molly went on to school, and Margie looked and looked and looked for the pencil. Finally she found it, just as the school bell rang.

Margie ran as fast as she could the rest of the way, but everyone was already in his seat when she got to her classroom, all out of breath.

"Oh, Margie," said Miss Duncan. "What did you do to yourself now? Go to the office and let the nurse clean you up."

So Margie went to the office and let the nurse clean up her knees and her chin. When she got back to her room, Miss Duncan was explaining something on the blackboard, so Margie did not get a chance to show anyone her lavender pencil.

While other children were reading, Margie did not do her work because she was too busy looking at her pencil. During arithmetic Miss Duncan watched her so she did do her work. But while she worked she chewed her pencil, and soon there were teeth marks all over it and the eraser was sopping wet. Then she erased her paper with the wet eraser and smeared it so badly that Miss Duncan couldn't read her answers.

"Margie," said Miss Duncan, "if your work paper doesn't look much better than this tomorrow, I am going to start keeping you after school until you learn to do neater work. There is no excuse for being so sloppy."

Margie looked sadly down at her pencil. When Miss Duncan said she was



going to keep someone after school, she meant it. Margie would have to hand in a very neat paper tomorrow.

The new pencil didn't look so new anymore. Margie pushed it among the many things stuffed into her desk and went outside for recess.

When she came back she found the point broken because she had not put the pencil away carefully. She pushed it into the pencil sharpener harder than she should have, and the pencil was much shorter when she finished sharpening it.

By the time school was over, Margie had chewed the pencil some more even though she had not really meant to. It looked old and beaten up instead of new and beautiful. Margie put it sadly back into her desk.

Molly's pencil looked just as new as when she had found it on the breakfast table. Molly put it into her school bag.

"Aren't you taking your pencil home?" Molly asked.

"No," said Margie.

"Why not?"

"Because."

And try as she would, Molly could not get Margie to say anything except "because."

"Did you girls have a nice day at school?" asked Mother when they got home.

"I had a really fun day," said Molly. "Everybody liked my new pencil. They all want one the same color."

Molly took her pencil out of her school bag and looked at it proudly.

"Where's your pencil, Margie?" asked Mother.

"At school," said Margie gloomily, wishing they would stop talking about the pencil.

"She chewed her pencil and got teeth marks on it and broke it and it looks terrible," said Molly.

"Oh, why did you have to tell?" asked Margie. She went outside and pressed her forehead against the fence, hoping nobody would know that there were tears in her eyes.



After a while, Mother called her inside.

"You feel terrible about your pencil, don't you, Honey?" asked Mother.

Margie nodded. Why did Mother have to keep talking about the pencil?

"I know you didn't want it to look bad. Why did you chew it?"

"I dunno," mumbled Margie.

"Could it be because you weren't thinking?" asked Mother.

"I guess so," said Margie.

"And you weren't thinking when you stuffed it into your desk and you

weren't thinking when you fell down with it this morning either, were you?"

"Did Molly tell you that?"

"She did because I asked her to," said Mother, drawing Margie onto her lap. "Honey, we're all getting worried about you. There seem to be so many times when you don't think. You don't think about how you look, and you don't think about being careful with things you could spill or drop. You don't think about being neat, and you don't even think about watching where you are going. What *do* you think about?"

"Oh," said Margie, trying to think about what she did think about. "I think about stories and going to the woods with Daddy and what my dolls are doing and — and — things like that."

"How do you feel when you think those things?" asked Mother.

"I feel good," said Margie.

"Do you feel good when you fall on your chin or chew up your pencil or when people say your face is dirty or your work is messy?"

Margie shook her head.

"Doesn't that tell you anything?" asked Mother.

Margie swung one leg back and forth and wriggled. Mother held her firmly.

"That I should think about what I'm doing," finally whispered Margie, who had heard that many times before.

Mother pushed Margie gently from her lap and said, "Come with me. I want to show you something."

Mother went to her desk and took something out of a drawer. Margie's eyes widened. It was another lavender pencil, just as pretty as her own had been that morning.

"Would you like to have it?" asked Mother.

"*Could* I?" asked Margie, not believing her ears.

"If you promise that you will try as hard as you can to think about the things you are doing and the things you should be doing."

Margie sighed. She knew that promise would not be easy to keep, but she wanted the pretty new pencil so badly!

"I promise," she said.

"All right, Dear," said Mother, handing her the pencil. "Take good care of it."

Next morning Margie put the new pencil in her school bag. She had made her bed — something that Mother would be very surprised to see after breakfast — and brushed her hair especially well. At school, she cleaned out her desk before the first bell rang. Miss Duncan was very surprised to see *that*.

She did her work very carefully. Her arithmetic paper did have one little smudge in the corner, but Miss Duncan didn't seem to notice. "What a nice, neat paper, Margie," she said instead.

Once Margie stopped thinking for a minute and started to chew her pencil, but she remembered in time to take it out of her mouth before she got teeth marks on it. She broke the point once but sharpened it carefully so that it was *almost* as long as before.

When it was time to go home, Margie put the pencil in her school bag, put her books back on the reading table, and made sure there were no crumpled papers in her desk.

"I wonder what has gotten into that child," said Miss Duncan to herself after everyone had gone.

When Margie got home, she sat down at the kitchen table and didn't move. "In a minute," she said to Molly, who wanted her to go outside and play.

"Why are you so tired, Honey?" asked Mother, setting a glass of orange juice down in front of her.

"I'm tired from *thinking*," said Margie.

"Oh," said Mother, smiling. "Are you sorry you thought so much?"

"No, I'm not sorry," said Margie. "I feel much gooder than yesterday."

"Better," corrected Mother gently.

"Better," said Margie, and smiled at the big glass of orange juice as she picked it up.

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