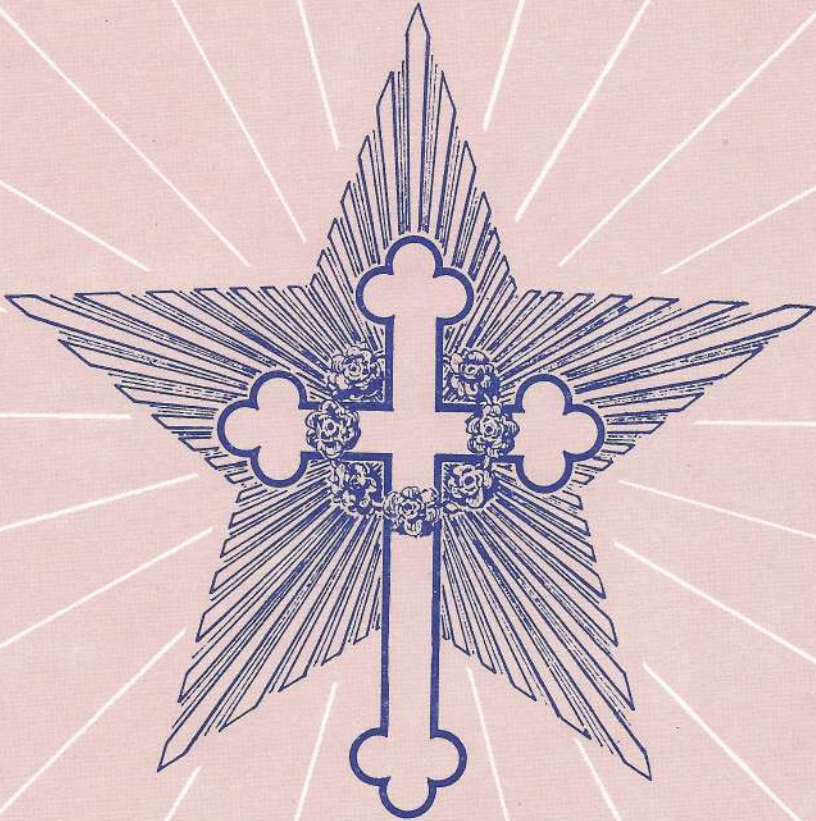


July, 1976 50¢

RAYS from the Rose Cross



*The
Rostercian Fellowship*



LETTERS TO STUDENTS

by

Max Heindel

Warm, loving letters, sent once a month to his students.

Chapters on:

- * INVISIBLE GUARDIANS OF HUMANITY
- * KEYNOTE OF THE ROSICRUCIAN TEACHINGS
- * INITIATION NOT TO BE ATTAINED THROUGH
BREATHING EXERCISES

Spiritual Light and Insight Reveal

Wonders of the Coming Age

237 Pages

Paper

The Rosicrucian Fellowship

2222 Mission Ave. PO Box 713
Oceanside, CA 92054 USA

The Rosicrucian Fellowship Magazine

ESTABLISHED BY MAX HEINDEL
JUNE 1913

Vol. 68

No. 7

July



1976

Contents

U.S.A. 1776--1976	
Muriel Thurston Frost	290
EDITORIAL--	
Harmony	291
MYSTIC LIGHT--	
Finding Freedom	
Helen Pelletier	292
With Reason's Torch	
Richard Parsons	297
Herald of the Age	
James Noel	301
The Power of the Spirit	
Felicia Boyd	303
The Ductless Glands	
Dr. Daniel Amick	306
MAX HEINDEL'S MESSAGE:	
The Heavens Declare the Glory of God	311
STUDIES in the COSMO-CONCEPTION:	
Freeing the Higher Vehicles	313
WESTERN WISDOM BIBLE STUDY:	
The Second Commandment	314
ASTROLOGY DEPARTMENT--	
The Sun-Principle of Power	
Elman Bacher	315
The Children of Cancer, 1976	320
NEWS COMMENTARY--	
Once Upon a Time	325
Fairy tales are Important to Children	326
BOOK REVIEW--	
"Ancient Egypt, Its Culture and History"	327
READERS QUESTIONS--	
The Mystery schools	328
The Christ Ray in the Two Earth Hemispheres	329
NUTRITION and HEALTH--	
Nutrition may be 'No. 1 Problem' says McGovern	330
Inflation, Recession and Mental Health	331
From the Rosicrucian Fellowship	
Vegetarian Cookbook	332

HEALING DEPARTMENT--

Strength in Numbers

CHILDREN'S DEPARTMENT--

Change of Address

Dagmar Frahme

Kaleidoscope



Subscription in the U.S., Canada, and Mexico, one year \$4.50; two years \$8.00. Other countries, \$5.00. U.S. money or equivalent. Single copies 50 cents, current or back numbers. Entered at the Post Office at Oceanside, California as Second Class matter under the act of August 24, 1912. Accepted for mailing at special rate postage provided for in Section 1103, Act of Congress of October 2, 1917, authorized on July 8, 1918. Writers of published articles are alone responsible for statements made therein.

Issued on the 5th of each month. *Change of address* must reach us by the 1st of month preceding any issue. Address ALL correspondence and make ALL remittances payable to The Rosicrucian Fellowship.

Printed and Published by
The Rosicrucian Fellowship
P.O. Box 713 Oceanside, CA 92054 USA

U. S. A. 1776 — 1976

Moved by impassioned urgency of soul
To worship God as conscience should
decree,
The Pilgrim fathers braved rough
elements,
And came to terms with hostile Indians.
In anguished revolutionary war
Half-starved, with frozen feet, the
pioneers

"Shouting the battle cry of Freedom"
Somehow withstood the armies of the
king

And under God brought forth a govern-
ment;

He nurtured it and blessed it with His
grace.

The rich dark earth woke from its age-
less sleep;

Vast prairies sang a golden song of
grain

And sparkling rivers hauled their cargoes
To the sea.

The song of freedom lay not yet

In every throat. Black slaves in cotton
fields

With bent and beaten backs, would watch
the lark

Swooping and diving high into the blue
In cataracts of song, and think: Like that
God meant each life to be! And yet again
the need

For freedom gathered like a hurricane
Rending North from South in civil war.

In pain

Peace spread its wounded wings in
union. Silence

Lay upon the land; the forests and the
plains

Became the mighty organ of the wind
Whose anthem stirred the soul. Now
every man

And woman could stand as equals in the
law

God saw that it was good, and smiled
upon

The land. Barns bulged. Orchard and
field and stream



Teemed with sustaining food. Even the
rocks

Gave up their gold and precious minerals.
In gratitude the people had engraved
Upon their silver coins: "In God we
trust."

And looking out to sea, Miss Liberty
Held high her blazing torch and cried,
"O send

Your poor to me —" From every land they
came,

Are coming still. Some came for free-
dom's gifts,

And gave their own, rich legends, song
and dance,

And thus sprang up "a nation of many
nations."

Some came for gainful greed, and some
for power

However it was won — fair means or
foul.

If justice were imposed they angrily
cried

Their liberty was infringed. And crime
blackened

The sky . . .

Nevertheless, rich now and powerful,
We speed to rescue the oppressed from
tyrant

Rule. Our youth, having come to man-
hood here,

Having drunk sharp wine of free men,
press their cup

To tortured lips. How better can a man
Offer his life's blood!

O Pilgrim Fathers, maybe only

In Heaven will freedom finally be won.

—Muriel Thurston Frost



Harmony

Often if conditions are not openly hostile or inharmonious we consider them harmonious. But is this what is truly meant by harmony? Harmony is not the absence of something, it is the presence of something.

We have all had the experience of walking into a room which was apparently peaceful, but getting a feeling of discord. We can't quite put a finger on the reason but we sense that all is not as it appears. The cause, of course, is the undercurrent we are feeling of the attitude of those present. If disagreement or anger is present in the hearts and minds of the people then, even though it is being disguised by surface pleasantries, we cannot call it harmony. To be truly harmonious, the outer and the inner must be in perfect agreement.

As we look at the life of Christ Jesus we see an example of harmonious living. If we look closer to see what made it so, we find the constant close touch which he kept with the Father. He withdrew frequently for nights of prayer. He lived in such a fashion that He was able to say, "I and my Father are One."

St. Paul had an answer. He admonished us to pray without ceasing, and we are sure that this is what Christ Jesus did, as well as the nights apart spent in prayer.

We begin to see the need for inner discipline, for keeping ourselves holy and integrated within. We must learn to take our feelings from the divinity within — the Christ or Sun Center — from which all guidance and direction comes and which keeps us truly one with the Father.

We hear about the "harmony of the spheres." This is more than a pat phrase to be tossed off lightly. When we consider the vastness and complexity of the Universe and the billions of bodies traveling at almost incomprehensible speed we can see that any inharmony would be disastrous indeed. To produce such harmony in the infinity of space must obviously necessitate harmony from the Source, for the truth of "as within, so without" is as valid here as in our finite body, which is a universe in miniature. The thought of such harmony as this is awe-inspiring. We think of the Absolute, the First Cause, the "Hand" which put the stars in motion. As we look from effect to cause we are convinced that only total, absolute harmony could have produced the galaxies which whirl around us at such incredible speed in such perfect synchronization. It takes little imagination to conceive of the possibilities for terror and chaos which would explode if inharmony were present in the music of the spheres. The Creative Word of power is a harmonious Word.

How fortunate it is that our words have not yet reached such a magnitude of power. We may chafe at the slowness of our spiritual growth but we begin to see the extent of the Love which has protected us from ourselves until we learn to be as harmonious within as we appear to be without.

Mystic



Light

Finding Freedom

Helen Pelletier

Universally, man desires freedom. To mark adequately the Bicentennial Year of a nation dedicated to freedom, its citizens do well to assess their individual concepts of the search for it.

We live in consciousness — our level of awareness — and the use of our thought power determines that level. To conduct our search intelligently, we must examine our highest concept of the goal. What is freedom, and how shall we recognize it when we find it? Such questions are what thoughtful citizens would resolve as a young nation celebrates two hundred years of life.

Our highest concept of freedom now is not concerned with national politics, inflation, or unemployment, but with individual self-control. Man re-enacts over and over again the story of the Prodigal Son. Some men act as libertarians, those who hold to the doctrine of free will, and some as libertines, those who are freethinkers, sometimes uncontrolled, dissolute freethinkers, tasting the sufferings of willful disobedience of God's Law in the search for freedom.

Desire for freedom is a worthy desire, providing incentive to grow.

The thirst for knowledge turns us outward to formal education and accumulation of facts, although man is blessed with God's indwelling Spirit of Truth to guide him concerning all knowledge. Some facts are pure truth, others contain only partial or twisted truth, and still others are entirely false.

For example, we believe this physical body to be the real man while our thought is centered upon the material world, and at first we accept this as a fact. But that is false. Until we exercise our prerogative for testing facts by turning to our Source of Truth, we have no sound criterion for weighing them. On the other hand, when we can distinguish between the real Spirit-man and his physical body, a new level of freedom is gained, providing peace and most comforting security.

Emerson recommended that we watch for these flashes of Light from our indwelling Spirit — "so pure as to require no other helps!" And the following lines by the great Goethe point up our need for this inner Counsel on Truth:

"The chief thing is to have a soul that loves Truth and harbors it where it finds it. And another thing: The Truth requires constant repetition because error is being preached about us all the time, and not only by isolated individuals, but by the masses. In newspapers and in encyclopedias, in schools and universities, error rides high, and basks in the consciousness of having the majority on its side."

How many there are who hear truth and find it worth exploring — some other time. This *does* represent progress from general resistance to new ideas and a reluctance to avoid any change requiring independent thought. Following those who do their own thinking is easier than thinking independently for ourselves.

Those, however, who love and harbor Truth wherever it is found, have a secure, sound way to grow. We would choose this better way, practicing self-control, pursuing knowledge, and turning within for verification of our findings. But first, have we sufficient faith that such a program leads to freedom? Unless firm faith supports it, there shall not be enough desire and will power to see us through to success. If the state of our faith is uncertain, we may check with others around us. What system are they following? Is it more direct than ours?

Detours

Some of our brothers are more uncertain than we; others, enthusiastic over some self-promoting route, encourage us to join them on it. Our acceptance inevitably proves to be a disappointing detour until we look beyond human frailties and behold a Higher Self indwelling others, too. It requires much patience, forbearance, and discipline, but it does teach us to love others and to begin expressing this by serving them. The joy we experience at this point affirms that, although blindly following others is a

detour, learning to love and serve them has returned us to our freedom road, for we have acquired a measure of self-control.

So we find that detours taken for *wrong* reasons can be turned to good account when we consult our Inner Splendor; but as long as we resist turning within for guidance we are obliged to rely upon vague hunches for directions in any matter. Are we faintly recalling the lesson from distant past experiences, increasing our faith in self-control? It is taught that we build better today unencumbered by clear recollection of our past experiences. Their moral essence, however, remains with us as soul power, ready for use in making decisions that can be confirmed as good ones by our instinct or Inner Counsellor.

Thought Force

With that established, we can turn attention to such practical lessons as understanding the mind and right use of thought force. These excerpts from Max Heindel's writings cannot be repeated too often:

"Thought force is the most powerful means of obtaining knowledge. If it is concentrated upon a subject, it will burn its way through any obstacle and solve the problem. If the requisite amount of thought force is brought to bear, there is nothing that is beyond the power of human comprehension. So long as we scatter it, our thought force is of little use to us, but as soon as we are prepared to take the trouble necessary to harness it, all knowledge is ours."

"Thought is our principal power, and we must learn to have absolute control of it, so that what we produce is not wild illusion induced by outside conditions, but true imagination generated by the Spirit from within." (*Cosmo-Conception*, p. 486-7)

This true imaging power "generated by the Spirit from within," is our

unfailing Guide to solution of every problem and every need, including the search for freedom. Every individual must harness thought force for himself, which makes finding freedom more an inner than an outer quest.

This brings us to a fork in our freedom road. We must decide whether to undertake the very difficult route of screening every thought, accepting only the constructive ones, or with good will to follow our wandering thoughts and hope for the best.

What the scientific world has pieced together concerning Atlantean culture is of interest now. Is modern day man repeating the mistake of entrusting his destiny to formal institutions? It is possible that our decision to allow others to guide our destiny explains our history of spiritual and moral deterioration. Also, instead of looking to past lives for helps, we might better turn to ancient myths and legends for *their* truths. Then we can recognize the wisdom in our coming to birth each new Earth school day with little or no recollection of past lives.

If we are eager to promote Truth, much hidden truth is found in ancient mythology, upon which the world's greatest operas are based. These include Wagner's profound *Parsifal*, teaching purity, *The Ring of the Niebelung*, truth, and *Lohengrin*, faith and loyalty.

Bible

Another superb outer help is our Bible, preserved for man by his ministering Angels as all that he needs for his development. Thus we are not set adrift from all contact with our past but retain that which can help us most on our evolutionary journey. With growing control of our highly creative thought force, our minds can be stilled in meditation while we listen for confirmation of truth from our Higher

Self. "Ye shall know the truth, and the truth shall make you free." (*John* 8:32)

All of God's gifts to man, as well as His indwelling Spirit, were perfect and complete when first bestowed upon us. We must learn to understand and rightly use this latent or developing divine inheritance. Even when the will to grow is aroused, we are immature and need patient help. The new level of freedom this involves is so exhilarating that much discipline, patience, and obedience to instructions is needed to avoid errors in right use. Especially is this true regarding the mind and free will.

From the beginning, however, in His divine wisdom, our Father has provided for His prodigal sons so far from their true home. Long ago, invisible Leaders undertook the responsibility for our safe, sure evolutionary growth. Under their tender supervision, we are to be brought to full maturity, unconsciously as long as necessary, then, when we will it, with our conscious cooperation. We shall develop strength and wisdom for right use of our divine powers, learning to cleanse, discipline, and control our vehicles as master-craftsmen clean and sharpen their most valued tools for perfect workmanship.

Because each prodigal child of God, himself a god-in-the-making, first must become a good follower, humanity's tuition began with a system of spiritual helps, instituted in outer form where they could be readily recognized and ultimately followed. These helps are the race religions, the Religion of the Son, which is the Christian religion, and the Religion of the Father.

Bringing the desire body under control and preparing us for union with the Holy Spirit by "uplifting the human race through a feeling of kinship limited to a group — family, tribe or nation" have been the objects of the

race religions. The object of the Christian religion is union with Christ by purification and control of the vital body, "further uplifting mankind by forming it into a Universal Brotherhood of separate individuals." The Religion of the Father is still beyond our understanding, except that the physical body shall be spiritualized and there shall be elimination of all sense of separateness.

Free Will

Such long-range viewing of the past, present, and future development of man fosters in us increased faith in the wisdom of these great Beings who have been entrusted with our training and well-being. As we pursue our experience-lessons to gain control of our instruments, either consciously or unconsciously, we are allowed free choice at every turn. Sons of the Most High God may be aided but never coerced. Therefore, to start with, we are free!

The exercise of free will accounts for our varying degree of progress and the wide range of freedom consciousness. Freedom, then, becomes an ever-advancing state of consciousness, proportionate with willingness to accept and learn the lessons taught by our patient, dedicated Teachers.

Today the search for freedom continues. In a year when it is being celebrated far and wide, does anxiety cloud our view? To meet this, we can apply the same method of turning within for Truth to get our bearings on freedom. Some occult students find that Mr. Heindel's statements presented over a half-century ago sound familiar enough to have been taken from comments on today's newcasts:

"Now all over the world, we see the breaking down of the old system when man was content with a patriarchal and paternal government in which he had no part. We are

learning that there are other oppressions than those of an autocratic monarchy. We see that we have still industrial freedom to gain. We are chafing under the yoke of the trusts and an insane system of competition. We are trending toward cooperation, which is now being practiced by the trusts within their own confines for private profit. We are desirous of a society where 'They shall sit, every man, under his vine and under his fig tree; and none shall make them afraid.'"

"Nations, as such, have had their day, and are unwittingly working towards Universal Brotherhood, in accordance with the design of our Invisible Leaders, who are nonetheless potent in shaping events because they are not officially seated in the councils of nations. These are the slow means by which the different bodies of humanity at large are being purified, but the aspirant to the higher knowledge works *consciously* to attain these ends. . ." (*Cosmo-Conception*)

To attain these ends *consciously*, we choose "the shortest, safest and most joyful road to God" to save ourselves unnecessary delays. The great Sun Spirit, Christ, saved the world for us and continues His sacrifice annually, that we may not perish while learning our evolutionary lessons. Regardless of the delays our willfulness contrives, all of the helps given mankind confirm that we are under a decree of divine Love ultimately to attain our true freedom goal.

Past action follows us as desirable and undesirable destiny. We enjoy the good, but the suffering caused by undesirable destiny demands our attention.

Such destiny is not the will of the Father but our prodigal's portion, the result of self-will from which we must cleanse ourselves. We created it; now we must expiate it; none can do this for us. Meeting our responsibility

becomes a first conscious step on the freedom road, clearing the way for many more, this time in full compliance with God's Law.

Conscious Steps

One of our conscious steps is recognizing the world of Spirit instead of the material world as the world of reality and thus distinguishing between the real man or Ego, eternal Spirit, and his temporary physical body.

Another conscious step is learning to control the effect man's creative thought force has upon his material world. For him, the world is pleasant or fearful, treacherous or friendly, according to the nature of the thoughts with which he has colored it — a mirrored reflection of his habitual thought patterns. A sense of power brings him new freedom when he knows that he is not a pawn at the mercy of the world but, in truth, quite the opposite. The world becomes whatever he can conceive it to be. Especially is this true when he can view outer conditions as manifested reflections of yesterday's thinking and know that he is free to reverse or change them with his thinking today.

With this understanding, man carefully avoids undesirable destiny. His will for the world and all in it now is good will, and the world becomes proportionately a better place because of that good will. By applying forbearance, he banishes the bitterness of disappointment when a brother fails him, and he learns forgiveness. With thoughts of patience and compassion, he dispels many heartaches, giving love in return. And what he views of cruelty, waste, and suffering constitutes his call to service, with deeds where possible but ever with powerful prayer-thoughts radiating love for the use of God's Ministering Angels where it is most needed.

Irrespective of outer world condi-

tions, there is new freedom ahead when we can drop all thought of competition. As we replace its separateness with cooperation, the good will attitude of viewing others as brothers can grow and, with it, a unity of purpose to fulfill the Christ Ideal of Universal Brotherhood.

Therefore, "No other gift, dear God, we ask" expresses our full faith that the Father's almighty gifts, and our true control of them, are all we need to find freedom. Realizing this, we gladly accept our divine powers and "Give to others all we have of courage and of cheer."

The search for freedom ends when we become champions of Truth by undertaking our fair share, thought-by-thought, deed-upon-deed, of the cleansing work to be done for our troubled world. Its freedom waits upon our achieving individual freedom through self-mastery. The world peace for which we pray awaits this individual continence. The work is not that of nations or their armies. Instead, it rests with each individual's true use of his creative thought power "To love the pure, seek the good, and lift with all our might, all souls to dwell in harmony in freedom's perfect Light!"



We must develop all our faculties into powers — all our attributes into wisdom and strength. It is a crucial time in our evolution. Unless we allow the spiritual side to express we shall find ourselves far behind at the close of day. How would we feel to find ourselves in the kindergarten class in spiritual culture when our other faculties are engaged with the higher mathematics? That would be a ludicrous spectacle were it not so pathetic — so tragic.

With Reason's Torch

Richard Parsons

Einstein said, "Never lose a holy curiosity." Others might call it by some other name, but for many of us it was a holy curiosity that led us to the Rosicrucian Fellowship Teachings.

We were not given the right answers in the churches we had been attending. Perhaps our questions had been evaded, or perhaps the answers given us were not acceptable. Some clergy, too, embraced teachings other than those learned in seminaries. Their devotion to the churches they had been serving had been unquestionable, yet there came a time when they were not sure. They, themselves, were not completely satisfied with the answers their church leaders expected them to pass on to their parishoners.

What power this holy curiosity has wielded in our lives! It hasn't been easy for many to break away from early orthodox training and embrace a New Age teaching. As we searched deeper and deeper for answers, little did we realize how well-concealed Truth's secrets are. Christ Jesus told His listeners, "The Truth shall make you free." Pilate asked, "What is Truth?" Because he was incapable of knowing from within, he received no answer.

Many contend that if a certain explanation is true, all others must be wrong. But emphatically, this is not the way to get at Truth, which is many-sided and multiplex. Each occult truth requires examination from many different points of view. Each viewpoint presents a certain phase of the Truth, and all of them are necessary to get a complete, definite conception of whatever is under consideration.

In the Rosicrucian Fellowship

Opening Hymn, we sing: "With reason's torch we search for truth, to restore the harmony, life, and youth; for reason's torch when thus applied in wisdom's quest, is safest guide. If we persist tho oft we fail, in time, our efforts shall prevail to end the discord, and dispel all evil with harmony's rhythmic swell."

In the few lines of that verse, in which Mr. Heindel made every word count, we are given the answers to who? what? where? how? and why? In the same way, Mr. Heindel made every hour count. Once this teacher set his foot on the Path there was no holding back, no delay, no detour. The tenacity and determination, the "stick-to-it-iveness" of this great teacher should be an inspiration to each one of us. He tells us why we should persist and gives assurance that we can "end the discord and dispel all evil with harmony's rhythmic swell."

Let's think about those three words: harmony's rhythmic swell. Perhaps we might say that we can end the discord and dispel all evil with a harmonious expansion of consciousness or awareness. To end discord, dispel evil, and restore harmony is the challenge facing us all.

Truth

Albert Pike, one of the greatest Masonic philosophers, wrote that all religions, all Mysteries, Hermeticism, and alchemy, conceal their secrets from all except Adepts and sages, and use false explanations and misinterpretations of their symbols to mislead those who deserve only to be misled and to conceal the truth from them and draw them away from it. Truth is not for

those who are unworthy or unable to receive it.

James Russell Lowell wrote: "Careless seems the great avenger. History's pages record one death grapple in the darkness 'twixt old systems and the word. Truth forever on the scaffold, wrong forever on the throne — yet that scaffold sways the future, and behind the dim unknown standeth God within the shadow, keeping watch above His own."

In these days of fast-moving events, it is easy to lose ourselves in the turmoil, unrest, and confusion all around us.

Thomas a'Kempis had some thoughts along this line when he wrote: "Happy is he whom Truth by itself doth teach, not by figures and words that pass away, but as it is in itself." Of the doctrine of Truth he also wrote: "From one word are all things, and all things utter one word: and this is the beginning which also speaketh unto us. No man without that word understandeth or judgeth rightly. O God, Who art the Truth, make me one in Thee in everlasting love."

An occult maxim says: "A lie is both murder and suicide in the Desire World." A person who lives a clean life, endeavoring to obey the laws of God and striving earnestly for truth and righteousness, will create thought forms about him of a corresponding nature. His mind will run in grooves that harmonize with Truth, and when the time comes in the second heaven to create the archetype for his coming life, he will readily, intuitively, and by force of habit from the past life, align himself with the forces of right and Truth.

None of us at the present time are able to tell "the whole Truth and nothing but the Truth." We are deceived because our senses are illusive. When we look down a railroad track or a street it seems to narrow in the distance, when in reality it is just as wide on either end.

Truth cannot be found in creed-bound religion. He who seeks it must be unfettered by allegiance to anyone. Siegfried, in *Mysteries of the Great Operas*, was called the Truth Seeker. He was told that the Truth Seeker must leave father and mother, creed, dogma, conventionalities, preconceived ideas, opinions, and worldly desires behind.

Lessons

Mr. Heindel sheds more light on the subject when he tells us in *Letters to Students* that we are here to live in the conditions we find and to learn the lessons provided by our environment. Those who are continually soaring in the clouds and seeking spiritual ideals to the neglect of their worldly duties are just as mistaken in their efforts as are those who wallow in the mire of material work grubbing and grinding in their greed for the dollar. Both need help, but in different directions. One class needs to be pulled down till their feet are firmly planted on the Earth. The other needs to be uplifted, that they may see the light of Heaven and begin to think of acquiring treasures there.

"One man's meat is another man's poison," and this applies to spiritual food at least as much as to the physical. Mr. Heindel tells us that there is only one great Truth, Deity, but it is many sided. The angle of presentation which appeals to us may not stir others because it lacks the power, and vice versa. Their outlook upon Truth may fail to meet our needs. Thus there is a reason for all the different religions in the world and the different views presented by the different cults and sects. Each has its mission to perform.

Children take the statements of their elders on trust. If a child has been given wise counseling, he will develop an inherent sense of truth that will be a sure guide. In the same measure that parents fail to do this, however, the child will be likely to go adrift.

What is truth to the philosopher

would not be truth to the peasant. In one of the degrees of Masonry, the candidate is instructed that this rite is not for those who are content with the mere work and ceremonies and do not seek to explore the mines of wisdom that lie buried beneath the surface. He can still advance toward the Light—toward that star, blazing in the distance, which is an emblem of divine Truth given by God to the first man and preserved amid all the vicissitudes of the ages in the traditions and teachings of Masonry. How far he advances depends upon him alone. Here, as everywhere in the world, darkness struggles with light, and clouds and shadows intervene between us and the Truth.

Each mind sees the Truth distorted through its own medium. We all have trod the different paths of life. At one time we walked under the martial ray and its path of activity and passion, not caring who suffered or what became of others. In another life we came under the lighter ray of Venus and trod the path along the love side of life. Later we trod the path of the deep blue, or Saturn ray, and still later, the path of the lighter blue, or jupitarian, ray. We look forward to the higher perception which comes from the yellow uranian ray, though many of us are not at present capable of receiving it but must be content with the lower, deeper yellow of the mercurial ray.

We are all working gradually toward the white light that comes from the Sun, which is the union of all colors. To this we must aspire, for the light from any of the other rays is but secondary.

Symbol of Truth

It has been said that every good person possesses some portion of God's Truth, which he must proclaim to the world and which must bear fruit in his own bosom. We recognize the Sun, then, as the symbol of Truth, because it is the source of light. We have been told that it is our duty always to press for-

ward in the search, for though absolute Truth is unattainable, the amount of error in our views is capable of progressive decrease.

It is reassuring to know that God has so ordered matters in this beautiful but mysteriously governed universe that one great mind after another will arise from time to time, as required, to reveal to men the truths that are needed or wanted and the amount of Truth that can be borne.

History records the changes that took place as the Mysteries were modified, after Egypt, by the habits of the different peoples among whom they were introduced. Though originally more moral and political than religious, they soon became the heritage, as it were, of the priests. They became essentially religious, though in reality limiting the priestly power by teaching the intelligent laity the folly and absurdity of creeds. They were necessarily changed by the religious systems of the countries into which they were transplanted. In Greece, they were the Mysteries of Ceres; in Rome, the good goddess, or Bona Dea; in Gaul, the school of Mars; in Sicily, the Academy of the Sciences. Among the Hebrews, they partook of the rites and ceremonies of a religion which placed all the powers of government and all the powers of knowledge in the hands of the priests and Levites.

Masonry

The pagodas of India, the retreats of the Magi of Persia and Chaldea, and the pyramids of Egypt were no longer the sources at which men drank in knowledge. Each people at all informed had its own Mysteries. With the passing of time, the temples of Greece and the School of Pythagoras lost their reputations, and at that point in history Freemasonry took their place. Masonry, when properly taught, became at once the interpretation of the great Book of Nature, the recital of astronomical

phenomena, the purest philosophy, and the place of deposit where, as in a treasury or spiritual vault, are kept in safety all the great truths of the primitive revelation that form the basis of all religions. Some of the early Popes were members of the Masonic Order.

Truth is symbolized by light. Just as light is separable into rays of different colors, so also is Truth separable into kinds. It is the duty of all teachers to teach all truths — not moral truths alone, but political, philosophical, and even religious truths, so far as concerns the great and essential principles of each. The degrees of Masonry are also intended to teach more than morals. The symbols and ceremonies of Masonry have more than one meaning. They conceal rather than disclose the truth. They *hint* it only, and their varied meanings are only to be discovered by reflection and study.

This directs our attention again to the last verse: "With reason's torch we search for truth. . . reason's torch when thus applied in wisdom's quest, is *safest* guide."

How fortunate we are to be living at a time when the great Beings have directed the release of information to all who seek. Much of this information was reserved years ago for those who had been initiated. Perhaps by the year 2000 the Elder Brothers will find someone to carry on where Mr. Heindel stopped. In all time, Truth has been hidden under symbols and often under a succession of allegories where veil after veil had to be penetrated before the true light was reached and the essential truth revealed. The human light is but an imperfect reflection of a ray of the Infinite and Divine. Reason's torch, then, is pointed out to us as our safest guide. Perhaps that is why Mr. Heindel wrote that "We must be capable of knowing from within, to know truth."

In the May 1916 issue of the *Rays* we read: "The Rosicrucian Order was founded in the 13th century (1313) by

Christian Rose Cross (Rosencreuz), a messenger of the divine Hierarchs who guide humanity upon the path of evolution.

"Its mission was to blend esoteric Christianity, mystic Masonry, and spiritual alchemy into one great system of religious philosophy, adequate to meet the advanced spiritual and intellectual needs of the western world during the Aquarian Age of two thousand years, when the Sun, by precession of the Equinox, passes through the constellation Aquarius.

"This Western Wisdom School, like all esoteric orders, is secret, but the Rosicrucian Fellowship is its herald of the Aquarian Age, now at hand, promulgating this blended scientific soul science: The Western Wisdom Religion for the Western World."



To believe in God supremely, to keep an attitude of unwavering faith that a Divine Plan of infinite beauty is being worked out in our lives, to meet the tests of life bravely, to go on fearlessly when the way is hard, to do the tasks that are ours faithfully, to meet all in sweetness of spirit and enduring courage, to serve humanity in the spirit of the Christ -- this is to be happy.

Then it is we no longer ask love -- we give it. We no longer claim kindness from others; we ourselves are kind. We demand not to be ministered unto; we minister. We no longer seek happiness; we find it in our own hearts, for our hearts are in right relationship to God, and our lives are in harmony with the great plan. This it is that gives glory to life; this it is that gives the happiness that abides.

Herald of the Age

James Noel

To understand truly what the *Aquarian Age* means to the individual and his relationship to God, we should go back and look at the individual at the end of the Taurean Age and during the Aryan and Piscean Ages.

At the close of the Taurean Age and during the Aryan Age the individual was still under the domination of Jehovah and His Race Spirits and thus subject to their laws. But Christ brought an end to the law when He brought Love.

Our present Piscean Age, therefore, is an age of transition from Law to Love, during which the Race Spirits are gradually losing their influence over races, nations, and individuals. The power of Christ is superseding the influence of the Law and separateness which characterised the Race Spirits and is replacing them with universal brotherhood and Love, both characteristic of the universal religion of Christ.

During the Taurean and Aryan Ages man was justified through the Law and only the Law. Man's spiritual progress was closely linked with his observance of the Law. Rewards for obedience to the Law included material blessings, increase in children, cattle and land — all those things that centered man's attention on the material world. This, at that time, was in harmony with man's cosmic development. Disobedience to the Law brought about famine, pestilence, and material calamity. The basic doctrine of those Ages can best be summed up as "an eye for an eye, and a tooth for a tooth."

This period of time, the transition from the Taurean through the Aryan and up to the Piscean Ages is covered in

the Old Testament. Here we can find illustrations of man's relationship to God during these Ages.

We find that Moses was the herald of the Aryan Age. He led his people out of Egypt, land of the Bull and Golden Calf, representing Taurus, and into the land symbolized by the Lamb, Aries. We also find that the principal characters of the Old Testament were shepherds, having reference to Aries, the sheep, ram, or lamb.

Even though the Race Spirits held sway over the masses, there were still pioneers who outdistanced these masses. Moses led these pioneers to a new land. In *Hebrews* we are told that Moses chose to share ill treatment with the people of God rather than enjoy the fleeting pleasures of sin, for, "He considered abuse suffered for the Christ greater wealth than treasures of Egypt, for he looked to the reward." (*Heb.* 11:25-26) Thus we see that Moses was working under the Christ impulse as early as the transition from the Taurean Age to the Aryan Age.

Piscean Age

The New Testament covers the Piscean Age and points to the Aquarian Age which is yet to come. In the New Testament the principal characters are fishermen, referring to Pisces, the sign of the fishes, but the Son of Man (Aquarius) is the subject of prophecy, of something yet to come.

When we enter the Piscean Age the doctrine of "an eye for an eye and a tooth for a tooth" was superseded by a doctrine based on love and faith. This is the doctrine of forgiveness of sins.

"For the law was given by Moses, but grace and truth came by Jesus Christ." *John 1:17*

"For Christ is the end of the law for righteousness to every one that believeth." *Romans 10:4*

And as St. Paul tells us in his letter to the Galatians: "Now before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. For now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God through faith." (3:23-26)

We see the Christ impulse superseding the Race Spirits and Jehovah. The Christ impulse was manifested to bring us nearer to God. In *Hebrews* we read: "On the One hand, a former commandment is set aside because of its weakness and uselessness (for the *Law* made nothing perfect), on the other hand, a better hope is introduced, through which we draw near to God."

Christ gave new motives for keeping the old laws. He did this by making prominent the doctrine that love is due to God and to all men, even our enemies, and that our intentions are of greater moral importance than outward acts.

The characteristic of the doctrine of Christ does not consist in new laws, but rather in the forgiveness offered for past transgressions.

Aquarian Age

When John the Baptist was preaching in the Judean Wilderness the Aryan Age was coming to an end. As the herald of the Piscean Age, he was already proclaiming its doctrines: repentance and forgiveness of sins. Today we are at the close of another Age. We are now within the orb of the Aquarian Age. As Moses was the herald of the Aryan Age and John the Baptist was the herald of the Piscean Age, we find that the Rosicrucian Fellowship is the herald of

the Aquarian Age and is now publicly teaching the doctrines of the Aquarian Age, those of rebirth and cause and effect.

Man's relationship to God has changed greatly in the time from the Taurian and Aryan Ages to the Piscean Age. Once we were under the Law, but today we are under the doctrine of repentance and forgiveness. More importantly, we find that Initiation has been opened up to "whosoever wills" whereas under Jehovah it was for the chosen few only.

In *The Rosicrucian Cosmo-Conception* we read that during the old Taurus-Aries dispensation the Hierophants of the Mysteries collected certain families about the Temples, setting them apart from all the other people. These chosen families were then rigorously guarded as to certain rites and ceremonies. Their marriages were also regulated, thus producing a race from which a special few were made fit for Initiation — an opportunity that was not given to all.

"We see instances of this method among the Jews, where the tribe of Levi were the chosen Templars, also in the cast of the Brahmins, who were the only priestly class among the Hindus." (*Cosmo-Conception* 405)

The Christ impulse in the age of Pisces made Initiation possible for all. We note that Jesus was *not* born into the Levite class to which priesthood came by inheritance. He came from the common people and, though not of the teaching class, His Teaching was higher than that of Moses."

The Aquarian Age will bring each individual nearer to God. Christianity will supersede the race religions of Hinduism, Buddhism, and Judaism. In the Aquarian Age we will prepare esoteric Christianity as the universal religion of the Sixth Epoch and universal brotherhood in place of races and nations.

(Continued on page 310)

The Power

of the Spirit

Felicia Boyd

To define spirituality is to define the very essence of man, yet it somehow escapes realistic description. Physical, mental, and emotional qualities are easier to describe than are the celestial qualities of Spirit. Christianity teaches that man is primarily a Spirit made in the image and likeness of his Creator. Esoteric Christianity sees in this divinity the powers of will, wisdom-love, and activity, to be used for spiritual development.

In the Divine Spirit, which is reflected in the will, are focused the male qualities of Spirit. It is used daily through positive action: to do, to direct, to preserve, to guide, to reason. In the Life Spirit, reflected in the love-wisdom principle, are focused the qualities of Spirit. Its expression is found in imagination, attraction, cohesion, nourishment, protection, and intuition. The Human Spirit expresses through activity, and its powers are originality, expansion, development, epigenesis, and production.

Spirituality expresses through aspiration working through force and power. As we aspire toward the spiritual, the margin for error becomes increasingly narrow, and we then develop god-like qualities in our lives. However, to be able to do this requires a great deal of experience on the physical plane. Life must be lived with labor, love, and compassion. Maturity is necessary for spiritual growth.

Man's growth and his needs as an evolving being are considered in the

context of his spiritual nature. Permanent results in attaining spiritual unfoldment, in building character, and in perfecting the physical body come as a result of the conscious use of the will in obeying natural law. It is all basically an inner process. Man's consciousness has been turned outward to the physical plane to evolve the necessary bodies to aid in the eventual development of the latent powers of the Spirit. A refining process takes place in the vehicles, and wisdom becomes a tool of the Ego.

Spiritual development is a slow, tedious task, and it is sometimes necessary for man to undergo crushing experiences in order to step forward from the prevailing circumstances into a higher and different way of life. Even though the lower nature rebels strenuously against subjection to the commands of the Spirit, it must in time give way and become transmuted. Man is Spirit, and progresses only as he becomes master of all his faculties.

The four bodies which man possesses are in process of growth. One does not expect a child to have the same strength as a grown man. Similarly, there are obvious stages of development of the soul body, as there are of the physical body. If we have superior abilities, they have been earned.

Until the present century, a man had to possess a strong intellect and a strong character even to ferret out a

few esoteric crumbs. Now the western world is flooded with occult literature, but "book-learning" is very different from knowing in the heart. Knowledge alone is not wisdom. Scientific and occult knowledge are lights in the world, but knowledge of itself is not an end. It is a means with which to attain humanitarian and altruistic goals. The constant gathering of facts and discoveries and the need constantly to be entertained with mental stimuli are all too prevalent.

Tools of the Spirit

When we use mental faculties as tools of the Spirit, life is simpler than when we live purely in the mental realm. If the mind is impressed with ideals, the Ego is in touch with the higher realm at all times. Broad humanistic spiritual idealism itself is by no means an illusion. The laws of the inner planes are quite as specific and dependable as are the laws of chemistry and physics. They can be applied consciously to rid the mental life of limiting conflicts and fears, to strengthen and channel our forces for high accomplishment, and to master destiny. Those bright Spirits who receive with gratitude and give forth accordingly cherish the spiritual as the solid foundation of their lives. Superior awareness characterizes the creative person.

Sir William Hamilton, in his lectures on metaphysics, said: "The end of philosophy is the detection of Unity." This is not to say that we should love spiritual laws only for their tangible results alone. We must appreciate both the concrete good and the abstract law whereby it exists. Spiritual laws are more than respected conventional ornaments, for they tie in with all the generally accepted laws of physical science. Love that tends to unite corresponds to the affinity of chemical elements. If man but knew the spiritual significance of material things!

Through the gradual refinement of

his vehicles and the ever-increasing sensitiveness resulting from that refinement, man is gradually overcoming the limitation of matter and disentangling himself from his mortal coil. When humanity has completed its physical evolution, the empty shell of materiality left behind will be used by other life-waves as stepping stones in their evolution. The primary purpose and end achievement of spiritual development is that man shall become aware of and consciously reunited with his divine Source, without tasting of physical dissolution.

Life works differently for those in tune with the Spirit than for those who base their actions solely upon the apparent and the practical. For those attempting to walk the path of the Spirit, the road is strewn with out-of-the-ordinary experiences. The spiritually attuned will attempt to solve problems with higher wisdom, speaking and acting from the light within. Their lives take on an armor of power, and to the worldly, such an individual appears unlike his ordinary fellow men. This difference is sensed and at times resented by others because of the control the spiritual person has over situations.

Rose

In the unfoldment of spiritual power, the ductless glands are developing simultaneously and will be the tools of the vital body when man is ready to live in it. For the widening sphere of consciousness the prize is the rose, and the cross is imposed upon those seeking the rose. Generation is the key to material existence. Regeneration is the key to spiritual existence.

The power of the Spirit is readily seen in acts of healing and works of music and art. "The glow of inspiration warms us; this holy rapture springs from the seeds of the Divine sown in Man." Thus sang the Roman poet Ovid before the birth of Christ. Most artistic geniuses have acknowledged a source

higher than themselves as the fount whence they draw the warp and woof of their artistic creation, although they may have differed in their methods of seeking and obtaining such divine guidance.

In the book, *Talks with Great Composers*, by Arthur Abell, Johannes Brahms is reported to have said of inspiration: "It cannot be done by will power working through the conscious mind, which is an evolutionary product of the physical realm and perishes with the body. It can be accomplished only by the soul-powers within — the real Ego that survives bodily death. Those powers are quiescent to the conscious mind unless illumined by the Spirit. When I feel the urge I begin by appealing directly to my Maker and I first ask Him the three most important questions pertaining to our life in this world: whence, wherefore, whither. I immediately feel vibrations that thrill my whole being. This is the Spirit illuminating the soul-power within, and in this exalted state I see clearly what is obscure in ordinary moods. Then I feel capable of drawing inspiration from above, as Beethoven did. Above all, I realize at such moments the tremendous significance of Jesus' supreme revelation, 'I and my Father are one.' Those vibrations assume the forms of distinct mental images, after I have formulated my desires in regard to what I want — namely, to be inspired so that I can compose something that will uplift and benefit humanity — something of permanent value. Straightway the ideas flow in upon me, directly from God, and not only do I see distinct themes in my mind's eye, but they are clothed in the right forms — harmonies and orchestration. Measure by measure, the finished product is revealed to me when I am in those rare, inspired moods."

Mystery Schools

The mystery of what actually transpired during the inspirations can be fully comprehended when we under-

stand the workings of the higher realms. As man lives according to the divine laws governing the universe, he unfolds his latent spiritual powers and becomes able to contact the cosmic wisdom which is characteristic of the higher worlds. The more spiritually unfolded one becomes, the more he feels that oneness with the Father to which Brahms referred, and the more he is able to see and hear with his spiritual faculties the sights and sounds which actually exist in the higher worlds. Many of the great composers, writers, and artists have been and are pupils of Mystery Schools, where the pioneers of humanity are given the teachings demanded by their advanced development. Thus, these pioneers are used by the higher Ones governing our evolution to give to the world literature, music, and art which will lead men upward on the great ladder of evolution.

There is, in fact, a great inner-plane Temple of Music, and in that exalted center of learning musical Initiates acquire the sensitivity to hear the music of the spheres. Some of this celestial harmony has been transcribed for average mortal hearing by master musicians. Wagner said that when he was inspired to compose *Lohengrin*, the opera suddenly stood out before him down to the smallest detail. His physician had at that time advised him to be as quiet as possible. Thus, he had sought respite from the high nervous tension which always accompanies creative work done under first-hand instruction when the influx of energy is almost too much for the physical instrument to bear. Under such pressure Wagner labored. Even when taking the prescribed medical baths, the creative inspiration so impelled him that he said: "I was unable to remain in the bath for the stipulated hour, jumped out after a few minutes, and, barely giving myself time to dress, ran like a madman to my lodging to put on paper what was crying out for expres-

(Continued to page 310)

The Ductless Glands

Dr. Daniel Amick

The endocrine, or ductless, glands are grouped together because of their common characteristic of not having ducts and because they discharge their secretions, called hormones, directly into the blood stream. These glands are: the thyroid, pituitary, pineal, two adrenals, thymus, and spleen. Other glands, such as pancreas or liver discharge their secretions into various organs by way of ducts. Hormones (derived from Greek and meaning "to arouse" or "to set into motion") are chemical messengers, and although they are carried via the blood stream to all parts of the body, only certain organs are able to respond. These organs are called target organs. The thymus is often classified under the lymph glands, and the spleen is always classified as part of the lymphatic system.

As occult scientists, we must search beyond the material world of form and function into the worlds of energy and causation. Corinne Heline mentions that endocrine glands do not belong to the physical body but to its vital or etheric counterpart. The endocrine glands had their beginning in the Sun Period, and their ultimate development belongs to the Sun Initiation.

Max Heindel calls the seven ductless glands "the seven roses on the cross of the vital body." Each gland has a dormant keynote within itself which will develop certain latent potentialities in the Ego when awakened — specific energies which the Ego must learn to control, direct, and use for good.

SUPRARENAL OR ADRENAL

In man and other mammals there is

a combination of two distinct glands which are fused together but remain distinct — the cortex and the medulla. They are located on the top edges of the kidneys. The right and left glands are quite different in shape, the right one being roughly pyramid-shaped and the left one a stretched-out halfmoon shape. They are protected from injury by a thick layer of fat tissue. The medulla manufactures a secretion called epinephrine, or adrenalin, which causes a stimulation of the sympathetic nervous system, constricting arterioles, accelerating the heart rate, contracting the irises, raising blood sugar level, and raising the basal metabolism. The action of this hormone is brief, and the body inactivates it rapidly. The adrenal cortex creates one or more hormones which are essential to life. These regulate the distribution of water, carbohydrate metabolism, and muscular efficiency.

The *adrenal glands* are ruled by Jupiter which is at present connected with the physical plane. Through the medium of the spiritual power generated by the adrenal glands, the Ego is furnished the strength necessary to perfect its dense body and conquer the physical world. The adrenals give us the energy we need to accomplish physical tasks, especially in moments of stress. If both adrenals are removed, death takes place within a few days. When the lessons are learned in how rightly to use the energies expressed through the adrenal glands, the first two roses on the cross of the vital body have burst into full bloom.

When this happens, we will no longer

use the adrenal emergency energy in aggressive, belligerent, combative ways; instead, it will be expressed as benevolence, vision, expansion, and philanthropy. The spiritual center in the adrenals vibrates to the color blue.

SPLEEN

It lies between the stomach and the diaphragm. During fetal life and shortly after birth it gives rise to new red blood corpuscles, but there is no evidence that this continues on into adult life. In the adult, it is supposed to be an organ for the destruction of red corpuscles and the preparation of new hemoglobin from the iron thus set free. The size of the spleen varies extremely in different individuals and in the same individual at different times of life. It is usually about 6 inches by 2 or 3½ inches. It increases in weight from 17 grams or less during the first year to 170 grams at 20 years, then decreasing to 122 grams in old age. It is heavier in men than women and heavier in white people than in black. Its size increases during and after digestion and is larger in a well-fed person and much smaller in a starving person.

The spleen is the entrance gate of the solar force which is specialized by each individual and circulated through the physical body as the vital fluid without which no human being can live. This gland is ruled by the Sun, and its energies manifest mainly as will, vitality, individuality, courage, generosity, and responsibility.

When the keynote of the Planetary Spirit of the Sun, which contains within itself all of the other planetary tones, arouses into action the corresponding keynote in the spleen, the third rose on the cross of the vital body bursts into bloom. The development of this rose raises the consciousness of the individual to such an extent that he is able to contact the Etheric Region, which is a vibrating, flowing stream of life. He

learns of the activities of the Nature forces and contacts the great angelic life-wave. He watches the Angels work with this life force and the way they place the dense seed atom of reincarnating Egos, which are to grow new physical bodies, into the creative force of the prospective fathers. The spiritual center in the spleen vibrates to golden yellow.

The solar force which passes through the spleen to the solar plexus and then throughout the body energizes the nervous system and is seen by clairvoyant vision as lines of force which carry impurities out of the body. Removal of the spleen will not cause serious consequences because the etheric spleen continues to function as usual due to its powerful organization.

THYMUS

The thymus in an infant is a prominent organ but in the adult it may be scarcely recognized because of atrophic changes. It is classified as a lymph gland because its only known function is that of producing lymphocytes. It is located partly in the chest cavity and partly in the neck. After puberty the gland undergoes involution. Very little is known about it — no function has been discovered yet except the production of lymphocytes.

The thymus gland is ruled and controlled by Venus. This is our connection with the desire body and the Desire World. When the keynote of Venus arouses into activity the keynote of the thymus gland we develop the highest forms of love, beauty, and harmony. When this center is fully awakened the fourth rose on the cross of the vital body blooms.

This puts us in touch with the higher realms of the Desire World. We also then can contact the archangelic life wave, of which Christ is the highest Initiate. The spiritual center in the thymus vibrates to yellow.

THYROID

A highly vascular organ found in the front of the neck, the thyroid consists of two lobes connected by a narrow isthmus. Usually weighing about 30 grams, it is slightly heavier in women and becomes enlarged during pregnancy. The hormone it secretes is called thyroxin; it may be secreted directly into the capillaries or stored in the gland itself. Sufficient iodine is required for the production of the hormone. If there is a deficiency of iodine, adequate thyroxin cannot be manufactured. The thyroid itself is activated or regulated by another glandular hormone, the thyrotrophic hormone of the anterior pituitary gland. In infancy and childhood the thyroid gland is essential to normal growth of the body.

The thyroid is ruled by Mercury. These powers, when developed, manifest mainly as reason, intellect, good memory, quick wit, and self-mastery. The thyroid is the fifth rose on the cross of the vital body. When its keynote is awakened we are able to contact the World of Thought, where we see the archetypes of all that exists in the physical world. We can contact information relative to the Lords of Mind, of which life-wave the Father is the highest Initiate. We learn that our own creative force is a God power implanted in us, and that all of this spirit essence not used for the building of bodies for incoming Egos should be consciously directed to the brain. When that center has fully awakened we will have gained control of our minds and will hold the balance of power between the organs of generation and the brain. The Spirit will then rule the lower self and be able to direct activities into areas that will produce true spiritual growth. This spiritual center vibrates to violet. In advanced individuals the thyroid's spiritual secretion aids in developing the larynx as a center of power wherefrom the spoken word becomes a healing and a blessing. It is the flower that blooms in the throat. Removal of the thyroid causes death,

since it is the link connecting Spirit and personality.

PITUITARY

The hypothysis cerebri, or pituitary gland, is found in the sphenoid bone within a little bony cage called the sella turcica. It is attached by a stalk. It is a small gland — about $\frac{1}{2}$ inch in diameter, weighing about $\frac{1}{2}$ a gram. It is larger in women and slightly increases in size during pregnancy. Many important structures lie very close to it — the internal carotid artery, optic nerves, etc.

The pituitary supplies several hormones including a growth hormone, somatotrophin, affecting general body growth, a thyrotrophic hormone acting on the thyroid gland, an adrenocorticotrophic hormone (ACTH) acting on the adrenal cortex, some gonadal hormones, and a hormone prolactin promoting milk production in the breasts, a hormone called oxytocin which stimulates contraction of smooth muscles including the uterus, and an antidiuretic hormone which inhibits diuresis (excretion of water) by the kidneys and also raises the blood pressure.

The pituitary body is ruled by Uranus. The keynote of this planetary spirit expresses itself on the physical plane as originality, compassion, ingenuity, independence, intuition, clairvoyance, and altruism. When this center is fully awakened the sixth rose on the cross of the vital body will burst into bloom. In this heightened vibration of the pituitary we will be lifted into the realm of Life Spirit, where we will see God's life force which permeates the whole of creation uniting each with all. We will be able to contact the record of all that has taken place since the dawn of creation. We will contact the Lords of Form who have special charge of evolution during our Earth period.

The pituitary body is one of the links in the spiritual chain that connects man with the great Christ Spirit Who

ordinarily functions in His Life Spirit vehicle. The pituitary is the primary seat of the Life Spirit, the heart being the second. When the pituitary body is awakened it shines with a yellow light. It is closely connected with the mystic path leading to Initiation. Arousing the pituitary into action is one of the most important accomplishments to be attained in the development of the love-wisdom powers of the Spirit. The pituitary represents the feminine principle in the mystic marriage with the pineal, which represents the masculine principle.

In the Bible, the pituitary is represented symbolically by Noah's Ark, by the New Moon worshipped by the twelve tribes, and by the Virgin Mary.

PINEAL BODY

The pineal body is a "gland-like" structure shaped like a pine cone. There is no proof that it secretes a definite and important hormone. It has been postulated that two hormonal effects are connected with it — growth stimulation and sexual stimulation. In the adult it often becomes completely calcified, which does not seem to cause any significant physiological effect on the body.

According to the booklet, *The Mystery of the Ductless Glands*, from which the spiritual explanation of the glands has been drawn, the muscle shrinking and deforming disease called progressive dystrophy seems to be related to a calcification of the pineal gland. It has also been discovered that this gland regulates the coloring of the skin by varying the degree of our reaction to light rays. Since the pineal body has a rich blood supply, it is unlikely that it would not play an important role in helping to regulate body function.

The pineal gland is ruled by Neptune, the light bearer for the spiritual Sun which is the Father. This planet is occult, prophetic, and spiritual. Neptune on the physical plane manifests as

spirituality, inspiration, prophecy, devotion, ability to contact celestial music, occultism, philosophy, and divinity. When the dominant, spiritual keynote of Neptune's planetary Spirit is sensed, its indescribable beauty and power awaken a true knowledge of God and His purpose in creating our solar system.

The pineal gland is the seventh rose on the cross of the vital body. When its keynote is aroused it lifts our consciousness to the World of Divine Spirit, where we can contact the Lords of Individuality who assisted with our involuntary work during the Moon Period and are now working with the Life Spirit of man.

The occult path of development is closely connected with the intellectual activity developed by the Moon, Mercury, the pineal gland, and Neptune. The ray of Neptune carries the Father Fire, which expresses itself as will. When the pineal gland is aroused into action its color vibrates to a beautiful dazzling blue. It represents the masculine, positive will-power of the Spirit. The awakening of the keynotes of the ductless glands is very closely associated with Initiation and is one of the Spirit's most valuable aids in its preparation to receive initiatory work.

Three great lessons have been given to man to assist him in his development. The first was that of physical power to conquer the material world. The second consists of the Mosaic laws to help the individual learn to control the desire body. The third lesson is Initiation, brought to us by the Christ Spirit, the Lord of Love. The work leading up to Initiation is done on the vital body, which is the vehicle of love.

The ductless glands belong to the vital body, and their spiritual activity is a tremendous help in assisting the individual in his preparation for the various initiatory degrees. As the seven glandular centers of power in the body of

man are awakened by pure and holy living, they become luminous by reason of a spiritual current which passes through the body and augments the spiritual life force as it is lifted to the head. A small portion of this spirit essence passes into the fourth ventricle in the brain, where it becomes yet more ethereal, a heavenly manna, the mystic bread served at the marriage feast. There the bride and groom are the pineal and pituitary organs, and the third ventricle is the bridal chamber or Hall of Initiation where the new Christed consciousness is later born. The golden glory which floods the third ventricle gradually overflows and encircles the head, and eventually the entire body, with the luminous halo, or aura. When this light has been attained by humanity, we shall all know fellowship, one with another. In the future, the ductless glands are destined to play an important role. Their development will accelerate evolution greatly, for their effect, while most important physically, is of even far greater importance mentally and spiritually.

* * *

HERALD OF THE AGE

(Continued from page 302)

As for the individual during the Aquarian Age, Mr. Heindel believes that "etheric sight will be then developed in the greatest majority of mankind," and that the "use of continually improving machinery will emancipate mankind from physical toil to a great extent and leave more room for intellectual and spiritual improvement."

Mankind with his "etheric sight" which he will develop during the Aquarian Age will be able, for short periods of time, to maintain contact with loved ones who have passed on. Thus "life after death" will be an established fact. This will revolutionize man's way of thinking and his relationship to his brothers and God.

The Rosicrucian Fellowship, as the herald of the Aquarian Age, is now publicly teaching the doctrines that will be commonly accepted facts in the Aquarian Age.

In closing, we should remember that the Aquarian Age is not to be confused with the Kingdom of Christ, Who is to come again. Neither is the Aquarian Age to be confused with the Sixth Epoch, for, as we read in *Matthew*, 24:26, "Of that day and hour no one knows, not even the angels of heaven, nor the Son, but the Father only."

* * *

THE POWER OF THE SPIRIT

(Continued from page 305)

sion within me."

Whatever the method of seeking divine inspiration, it can come only as the Ego frees itself from the coils of the material world by pure living and helpfulness to others. As the vibratory rate of composite man is thus raised, the vehicles become more usable servants of the Spirit within — channels for contacting Cosmic Wisdom. Then we shall know the Lord of Life and Master of Spirit, mind, and body, who dwells in the temple not made with hands.

HAVE YOU NOTICED?

The various styles of type that you are seeing in the magazine are due to a change-over of type-setting systems. We now have a Compugraphic photo-typesetter. It is the very latest in type-setting equipment and turns out superior copy. It will take a while before the magazine is done completely with this machine since we have copy set on our old equipment which will be used too. We think that our readers will find the new type easier to read and the appearance of the magazine improved. We thought you would like to know!

MAX HEINDEL'S MESSAGE

The Heavens Declare the Glory of God



The heavens declare the glory of God; and the firmament showeth his handiwork. Day unto day uttereth speech, and night unto night showeth knowledge. There is no speech nor language where their voice is not heard. Their line is gone out through all the earth, and their words to the end of the world. In them hath he set a tabernacle for the sun, which is as a bridegroom coming out of his chamber, and rejoiceth as a strong man to run a race."

Everywhere for miles around us we see the glorious sunrise, bringing light and life to all; then the day star mounts high in the heavens, later to decline towards the western horizon in a glorious burst of flame as it sinks into the sea. It leaves an after-glow of indescribable, variegated tints coloring the heavens as with liquid fire of the softest and most beautiful hues, which the brush of the painter can never paint to perfection.

Then the Moon, the orb of night, rises over the eastern hills, carrying the stars and constellations upward in her train toward the zenith. Following the Sun in its everlasting circle dance, the stellar script thus describes upon the map of heaven man's past, present, and future evolution among the ever-changing environments of the concrete world.

In this ever-changing kaleidoscope of the heavens there is one star that remains so comparatively stationary that to all intents and purposes it is a fixed point — the North Star. When the mariner sails his ship upon the waters he has

full faith that as long as he steers by that mark he will safely reach his desired haven. Nor is he dismayed when clouds obscure its guiding light, for he has a compass magnetized by a mysterious power so that through sunshine or rain it points unerringly to that steadfast star and enables him to steer his ship as safely as if he could actually see the star itself. Truly, the heavens declare the wonders of the Lord.

As it is in the macrocosm, so also it is in our own lives. At our birth the sun of life rises, and we begin the ascent through the years of childhood and youth towards the zenith of manhood and womanhood. The ever-changing world which forms our environment — mothers, fathers, sisters, and brothers — surrounds us. With friends, acquaintances, and foes we face the battle of life with whatever strength we may have gained in our past lives to pay the debts contracted, bear the burdens of this life, or, perhaps, make them heavier, according to our wisdom or lack of wisdom.

But among all the changing circumstances of life and the vicissitudes of existence there is one great and grand guide which, like the North Star, never fails us. The guide is God. It is significant to read in the Bible that the wise men in their search for the Christ also

CORRESPONDENCE COURSES

The Rosicrucian Fellowship is an association of Christian men and women banded together for the purpose of helping to make Christianity a living factor in the world. Courses are offered in:

PHILOSOPHY

1. Preliminary Course, 12 lessons
2. Supplementary Course, 40 lessons

WESTERN WISDOM BIBLE

New light on Inner Truths of the Scriptures, 28 lessons

ASTROLOGY COURSES

Junior Course covers setting up the chart and reading it, 26 lessons

Senior Course is devoted to the esoteric phases, particularly in connection with one's spiritual development, 12 lessons

Senior Extension Course, first 10 lessons setting up and reading the horoscope, correlating the astrological data with the Rosicrucian Philosophy.

Last three lessons are devoted to the progression of the horoscope, directions, and transits. 13 lessons

All Rosicrucian Fellowship courses are without fees. They are available in several languages. Printing, distributing, and other expenses of producing them are met by Freewill Offerings of the Students.

APPLICATION BLANK

The Rosicrucian Fellowship
Oceanside, Ca., U.S.A. 92054

Please enroll me as a Student of:
Rosicrucian Philosophy; Astrology;
Bible Study

Name.....

Street.....

City.....State.....Zip.....

(Underline Course Desired)

followed the star that led them to this great spiritual light. What would we think of the captain of a ship who lashed the wheel and let his ship drift with the tide, leaving it to the change of wind or fate? Would it surprise us if he were eventually shipwrecked and lost his life upon the rocks? Surely not. The marvel would be if he should reach the shore.

A great and wonderful allegory is written in cosmic characters in the sky. It is also written in our own lives, and warns us to forsake the fleeting life of the material and to seek the eternal life of God.

We are not left without a guide, even though the veil of flesh, the pride of life, and the lusts, blind us for a time. For as the mariner's magnetic compass points to the guiding star, so the Spirit draws us to its source with a longing and a yearning that cannot be entirely quenched no matter how deep we may sink into materialism. Many are at present groping, seeking, trying to solve that inner unrest; something seems to urge them on though they do not understand it. Something ever draws them forward to seek the spiritual and to reach up for something higher — our Father in heaven.

David said: "If I ascend up into heaven thou art there; if I make my bed in the grave thou art there; thy right hand shall guide and hold me." In the 8th Psalm he says: "When I consider thy heavens, the work of thy fingers, the moon and the stars which thou hast ordained, what is man that thou art mindful of him, and the son of man that thou visitest him? For thou hast made him a little lower than the angels, and hast crowned him with glory and honor. Thou madest him to have dominion over the works of thy hands, thou hast put all things under his feet."

This is nothing new to those who are seeking the light and who have been doing their very best to live the life,

(Continued on page 336)

Studies in the Cosmo-Conception

Freeing the Higher Vehicles

Q. How does the practice of positive concentration affect the centers in the desire body?

A. When the proper condition or point of absorption has been reached where his senses are absolutely still, the aspirant concentrates his thought upon the different sense centers of the desire body and *they start to revolve*.

Q. To what does this development lead?

A. Someday, when the proper life has developed the requisite cleavage between the higher and lower parts of the vital body, there is a supreme effort of the will; a spiral motion in many directions takes place and the aspirant stands *outside his dense body*.

Q. How does this accomplishment benefit him?

A. He looks at his body as at another person. The door of his prison house has been opened. He is free to come and go, as much at liberty in the inner worlds as in the physical world, functioning at will in the inner or outer world, a helper of all desiring his services in any of them.

Q. Is such service only possible for those so liberated?

A. Before the aspirant learns voluntarily to leave the body, he may have worked in the desire body during sleep as an unconscious invisible helper. Under those conditions it is impossible to bring back these subjective experiences to waking consciousness but generally in such cases it will be noticed, as the first sign of development, that all confused dreams will cease.

Q. What kind of dreams does he now

experience?

A. After a while the dreams will become more vivid and perfectly logical. The aspirant will dream of being in places and with people, conducting himself in as reasonable a way as if he were in the waking state. If the place of which he dreams is accessible to him in waking hours, he may sometimes get proof of the reality of his dream if he will note some physical detail of the scene and verify his nocturnal impression next day.

Q. What further development may be noted?

A. He will next find that he can, during sleeping hours, visit any place he desires upon the face of the Earth and investigate it a great deal more thoroughly than if he had gone there in the dense body, because in the desire body he has access to all places regardless of locks and bars.

Q. To what may he ultimately attain?

A. If he persists, there will at last come a day when he need not wait for sleep to dissolve the connection between his vehicles but can consciously set himself free.

Q. How, specifically, can he do this?

A. Specific directions for freeing the higher vehicles cannot be given indiscriminately. The separation is brought about, not by a set formula of words, but rather an act of will, yet the manner in which the will is directed is individual and can therefore be given only by a competent teacher. Like all other real esoteric information it is never sold but comes only as a result of the pupil qualifying himself to receive it.

Ref. *Cosmo* — p. 484-485.

WESTERN WISDOM BIBLE STUDY

The Second Commandment — Exodus 20:4

Thou shalt not make unto thee a graven image or any likeness of anything that is in the heaven above, or that is in the earth beneath or that is in the water under the earth; thou shalt not bow down thyself to them nor serve them; for I, the Lord thy God, am a jealous God, visiting the iniquity of the fathers upon the children, unto the third and fourth generation of them that hate me and showing mercy unto thousands of them that love me and keep my commandments."

The first commandment presents humanity with illumination and inspiration. The second commandment presents humanity with love. The first commandment illumines the aspirant and the path of the aspirant with the uncircumscribed glory and fatherhood of God. A heart thus illumined and inspired bows down in adoration before Him and serves Him. The second commandment is the response to the first. It is the drawing of the aspirant to the God-heart by love. It is the awakening of Venus in Taurus, the desire to express in beauty through love.

Love is adoration; the virtue of adoration and love vitalizes. Love must express itself in beauty. All true art is adoration of God. Because God knew this, He gave us the second commandment, to give warning of the dangerline. Art is the expression of gratitude of an illumined and inspired heart and mind. The second commandment presupposes this desire for expression through Taurian love. It even presupposes clairvoyance, for it says: Thou shalt not make any likeness in heaven above, or in the earth beneath or in the water

under the earth.

Not all artists have clairvoyance, but all have illumination, vision, and inspiration. No artist is without sensitized feelings. If, in occult training, we have automatically sensitized our feelings, it becomes inevitable for us to become artists, too, to express our feelings and visions in beauty. But — these creations must not be graven images before which we bow down.

Art is a link between heaven and earth; it is apt to become possessive on its lower side and visionary and prophetic on its higher side. All great art is prophetic. Choreography, architecture, painting, sculpture, and music all cry out: "It shall come to pass!"

The layman's response to art is and should be a resolution to a finer life. We may not be touched consciously, but our archetypes are touched by the indefinitely spreading tone and vibration of art. Art is a mirror of man's possibilities. Art works on the archetype of humanity through the finer sensibilities of man.

Fine art leads to God, as a stairway to heaven. Art that leads down a stairway, as it were, becomes as idols, images bereft of power. This leads us into the dead end of possessions. The so-called "luxuries" which the second house of Taurus gives in abundance are in truth not luxuries, for they do not serve the needs of the Spirit. The pictures on our walls and other objects d'art should have the quality of upliftment — each one a prophecy of what we wish to attain. If, on the other hand, we greedily possess them physically,

(Continued on page 319)



ASTROLOGY

The Sun — Principle of Power

Elman Bacher

Considering the simplicity of the structure of a horoscope we cannot fail to be impressed by the profundity of its symbolism. A center, twelve radiations bounded by a circle — that's all. And yet it serves as a picture of Cosmos. Nothing in symbology represents so much, by such economy of means.

The structure of a horoscope symbolizes the basis of manifestation of any *thing* — a human being, an event, a nation, or a solar system. Every objectification has its own pattern or vibratory rate, and the simple drawing of a circle with radiations from its center can be used to represent the "body" of this objectification.

Let us consider a solar system: We are told that the Logos, having selected a spherical area of space at the dawn of manifestation, pours its energies into the center, thus objectifying a Sun — or *center of manifestation*. The Will of the Logos interpenetrates this immense sphere in every part. From the center — or Sun — various fields for evolutionary activity are radiated. These "fields" we call the planets, and each one provides a home for the development of various types

of beings. Each planet stands in much the same relationship to the Creator as each color stands in relationship to the Principle of Light, or each tone to the Principle of Sound. The Sun, as central body, is the Logoic Will objectified, and the bodies of the system are the expressions of that Will in manifestation.

The horoscope, as a map of the heavens, should actually show the the Sun in the center. However, in relationship to the Earth, which is our field of evolution, and for astrological purposes, we include the Sun in the family of planets for this reason: in human terms, the expression of Will is yet to be developed by evolutionary processes. Humanity, for the most part, lives in its negatives, its feelings, fears, and desires. Consequently, domination from experience is inevitable. Living in the "Sun consciousness" would imply a complete identity with the Source, complete detachment from the claims of feeling, complete control and direction of all faculties expressed by a human being. This, in our terms, is *Mastership*. In other words, a Master, even in the flesh, determines his experiences by *radiation from his own*

center, not by response to the urges and drives of his planets. He then, as far as is possible, is truly a creator — he lives in his Sun consciousness.

From the standpoint of even the most mundane approach to astrology, the same drawing is used. The birthplace is the center from which radiates the variety of life experiences, in terms of people, places, and things. The same drawing is used to represent the "objectified Ego;" the Higher Self — or "God-potential" — is the center of the circle, and the varying states or expressions of that potential are the planetary positions and aspects. The horoscope is thus seen, in whatever application, as the symbol of a manifestation of God.

Since the Sun represents the highest state of consciousness known to man, the principle implied is that of Power — the first Logocic aspect. We, as astroanalysts, must give very careful attention to the Sun aspects in the horoscope, because these represent the "degrees of God consciousness" that the person has thus far attained in his present cycle of development. Every benefic Sun aspect, indicating a harmonious or constructive application of the Power principle, is a redemption. Every malefic is thus seen to be a hindrance or perversion of Power. The Sun is the synthesis of all the planets, and any planet identified with the Sun by aspect, dispositorship, etc., gains thereby in power and scope of expression, both spiritually and mundanely. Planets, particularly the dynamic ones, placed in Leo, indicate that their constructive expression must be based on the right use of power; afflictions indicate the tendency to pervert it.

An interesting study is to be found in the charts having the Sun unaspected. Such a pattern tells us that, *in this cycle*, the person concerned is initiating his power consciousness. Sign position of the Sun tells us the spiritual or esoteric path of this development.

House position tells us where, in this incarnation, he makes his start. Planets in Leo, and their aspects, tell us through which agencies he is seeking to express the Principle of Power, and by them through which channels his Power consciousness will express in the future. The Sun, however aspected, placed in the fourth house, shows the possibilities of power expression in the maturity of life. The negative aspects to this position show the people or experiences and reactions that will threaten this fulfillment during years of growth.

Let us impress on our minds the thought that afflicted aspects involving the Sun are *serious problems*. The other planets may be in conflict with each other and many problems result thereby, but when the consciousness of power and purpose is stunted, the ability of the person to deal with his difficulties is greatly limited. Solutions are thus much harder to find and apply. In other words, the entire horoscope is weakened to the degree that the Sun consciousness is inhibited or depleted. And, consequently, the dynamic afflictions in the chart have just that much more power to "afflict dynamically." Force, or energy of any kind, must, in the final analysis, be controlled by *power radiating from the center*. Clarify this thought by imagining the Sun position as the center of activity in the chart, radiating its energies in all directions. The squares and oppositions to the Sun will thus be seen as lines of force from the planets intersecting, or interrupting, these radiations at right angles or head-on from the opposite side of the circle.

Basically, the house with Leo on the cusp shows which department of life contains your source of Power experiences or "lesson of Power." Whatever afflicted conditions are indicated in that house — and there may be many — express your power and

authority in the affairs of that house to the best of your ability. The planets there show *what* you want to express, but Leo on the cusp shows how you can best express those urges. Where the Sun is placed shows where we seek to dominate directly and rule our conditions. It is, then, our "center" for this incarnation. A great variety of "Sun conditions" are, of course, possible. However, any planet in favorable aspect to the Sun — thus integrated to a degree with power — may be utilized as a counteractive to negatives in other parts of the chart. Any such planet is automatically very influential in the chart and may assist in the working out of disharmonies.

A consideration of the negative aspects to the Sun: Charge the afflicted planet with power, read it negatively; thus is found the essence of such aspects.

Sun-Mars: Power-Desire: Power is expressed through conflict, competition, domination, sex conquest, ruthlessness, and cruelty. Mars is basic, or primitive, self-expression, and when power is abused through it, its vibration releases tremendous energy that tends to result in some form of destruction, pain to others, or "domination at all costs." Power is here seen to express as egotism. This aspect is symbolic of the unregenerate masculine polarity. To a degree, the Sun, afflicted in Aries or Scorpio, carries much the same coloring; also, any affliction to the Sun conjunct Mars, in any sign. Since this aspect is so basically masculine in quality, its redemption may be found in some constructive application of the feminine polarity: Moon, Venus, or Neptune.

Sun-Jupiter: Power-Pride: In this aspect, power is expressed in various forms of negative, or false, self-approval. These forms of "patting oneself on the back" may be traced to the kind of consciousness which gives undue value

to financial abundance, social or professional position, family background, egotistical reference to talents and abilities, and the kind of benevolence which is usually expressed with an eye to recognition or acclaim. An aspect of "false aristocracy," symbol of snobbery and pretension. The person so conditioned tends to exaggerate that which he deems worthy in his own nature and conditions, and reacts with anger and hurt at any implication that he is not all he pretends to be. Open, frank criticism — and he closes his ears and consciousness to retire into his ivory tower or lofty, offended dignity; but let him hear, indirectly, that certain fine things are expected of him and he will bend over backwards to uphold the fine opinion which he values. In other words, he will "pour his power" into improvement if he feels it is worth the effort, but, in reverse, he will pour the same streams of power into his pride if he is belittled. He *must* maintain his good opinion of himself! Such a person could do nothing better to harmonize his inner disharmonies than to create a regular pattern of benevolent deeds — and not talk about them.

Sun-Saturn: Power-Unfulfillment: This is, perhaps, the most "painful" of all the afflictions to the Sun. An area of experience is thus shown to be so lacking in fulfillment that the energies of the very Center itself are needed to redeem karma. In a horoscope that is predominantly dynamic, this aspect throws a heavy emphasis on ambition and achievement in some form. The "urge to climb" is intensely felt, and power is utilized to a large degree in overcoming obstacles. It would appear that this pattern represents a past in which opportunities for development were neglected or wasted. In this incarnation lost time must be redeemed. In a predominantly passive chart, this aspect is heavily gravitational in effect;

the requirements of Saturn hold the person to Earth. In such a case, check carefully for any dynamic urge in the chart which may provide a possible release of power into channels of growth. The persons represented by Saturn in this aspect are those who tend to repress or inhibit the person concerned. They threaten his very individuality, and though he may have to redeem a much needed experience of responsibility, he must, for the sake of his own constructive and healthy living, not allow himself to become so influenced by other people that he becomes subject to despair, depletion of self-confidence, or other possible psychological negatives.

Sun-Uranus: Power-Lawlessness: This is the aspect of the anarchist. Because of the nature and purpose of Uranus, its square to the Sun, or conjunction afflicted, is a potential for terrific destruction in some form. So great are the possibilities of energy release indicated by this combination that every agency of control must be found and carefully analyzed. A heavy tendency to crystallization in some form is automatically implied as an accompanying factor to this aspect — check the Saturn conditions carefully and thereby determine in which part of his experience the person tends to rebel with such intensity — and possibly even violence. An aspect of potential genius is indicated by any aspect of Uranus to Sun, but the square or opposition seems to indicate the possibility of considerable destruction attending its expression. If "harnessed," this aspect pours into the other planets involved tremendous magnetic and dynamic charges, and, consequently, when directed constructively, it can make for great achievements and abilities.

Sun-Neptune: Power-Illusion: This is a very subtle and difficult aspect. The power to visualize — and dream —

is intense, but since this aspect indicates the perpetration of illusion in the past, it shows a pattern of disillusionment in the present incarnation. The dramatic instinct is pronounced; in fact, so much so that at times the person lives in his dream of "things as they might be" rather than things as they are.

In an artistic person, particularly those arts ruled by Neptune — music and drama — this is a very inspirational aspect; but it is inspiration without control. When stimulated the person can, with no effort, "tune in" on subtle influences and become, himself, an instrument. However, the price that is paid for too much of this "tuning in" is physical, psychical, and nervous depletion — loss of power, vitality, and health generally. The people represented by Neptune in this pattern — in its negative phases — are those who may lead him into weakening habits, and thus deplete his retention of purpose.

If the chart is mainly passive in quality with little source of stimulus or "urge," this aspect, if strongly marked, may indicate a person whose life is dreamed away to no purpose or fulfillment. He must, sooner or later, come to grips with reality, and unite his efforts to some degree, with the channels of constructive living. When his dreams shatter into bits and his ivory tower crashes, and those he loved and admired turn out to be the greatest source of his pain, then he must meet these experiences with a constructive application of Neptune — faith, spiritual knowledge, purified love, and above all, *learn from his disillusioners*. They only reflected that which has been false in him in the past. This aspect shows an attunement with higher forces, or at least unseen forces, which in negative expression brings the person experiences with the lower astral ray. He must, to reconstruct his pattern, purify and cleanse his "inner pictures" through

constructive meditation or prayer — and put his inspirations and dreams into reality by some form of work or toward the fulfillment of self-directed purposes of realizing truly high ideals.

Sun-Moon: Power-Feeling: The astrologically inclined parents of a child with Sun and Moon in conflict must try to adopt an impersonal attitude toward it. This aspect shows that its subconscious mind is very easily impressed and "pictures" of negative feelings taken in childhood may obscure its self-awareness and create confusion for the rest of its life. A study of such a child's chart will reveal to the parents the directions it will want to go, but, if in their over-concern for every moment of its existence they impress it with their worries, fears, and anxieties, they will render it a great harm — that of clouding its sub-conscious with their own negative states and insure its inability to "carve its own course" as it grows up. A child with this aspect should be *guided* constructively to make its own decisions, never forced against its will. This applies, of course, to relatively unimportant things. Naturally a child cannot just run wild, but those little things that are of personal concern to it should be let alone by others so that it can establish, to a degree at least, its awareness of its little world. It has been found that some influence in childhood, impinged upon the sub-conscious of the child, has resulted in an inner conflict that resulted in disharmony and failure in adult life. When a child learns to *know its own power* without undue, or negative, influences on its sub-conscious, it is so much better able to foresee, plan, create, and fulfill its purposes. After all is said and done, the Sun does represent the flowering of personality and ability, and the awareness of self as a creator of good can best be stimulated right in the beginning. If an adult person with Sun square or opposition the Moon con-

sult for a solution to a disintegrative tendency in his life, do what can be done to urge him to psychoanalyze in some form and bring to the surface of his conscious mind the compulsions which may have been impressed on him when he was little. He must get them up and out in order to clear his channels for a more constructive expression of life.

* * *

THE SECOND COMMANDMENT

(Continued from page 314)

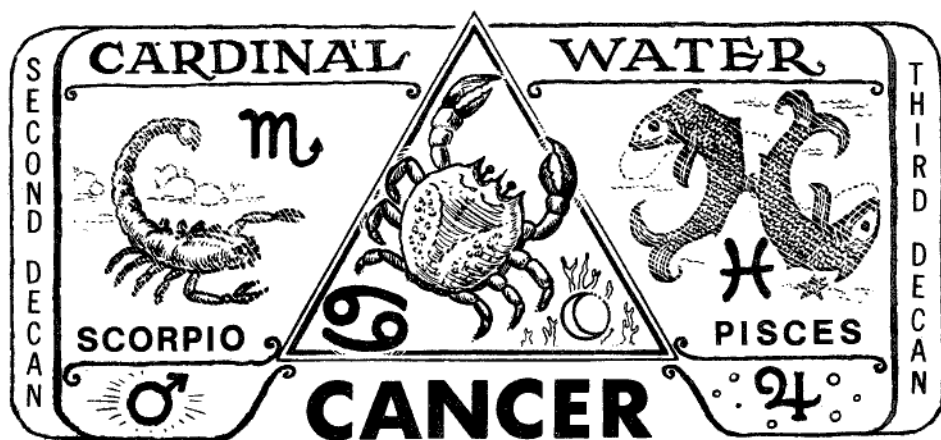
then we have graven images. The possessions possess us and we "bow down before them."

If we were to re-write this commandment in a positive rather than a negative manner it might read: Thou shalt express thy love in service to me, thy God. What thou seest in heaven above or in the earth below or in the water under the earth, let each vision and its expression through the work of thy hands and heart inspire thee toward me. If thou turnest thy love away from me unto the things of earth thou turnest away from the thousandfold benefits of my love.

The New Testament parallel to this commandment is Christ's admonition to the rich young man: Give up all thou hast and follow me. He well knew that a person laden with possessions apart from God — physical, emotional, and mental possessions, possessions of affection to persons and animals, mental possessions such as pride of intellect — are as a barnacle-laden ship. Barnacles are hard to remove.

We will indeed be rich if we have the love of God in our hearts, and not the love of things.





The Children of Cancer, 1976

Birthdays: June 21 to July 22

SIGN — Cancer, the crab.

QUALITY — Cardinal, or forceful application of kinetic energy.

ELEMENT — Water, or the Soul. Extracting the essence of experience; the power of self-control and self-consciousness generated by experience.

PHYSICAL ANALOGY — Rivers, streams, waterfalls, running water.

EXOTERIC ANATOMY — Specific: esophagus, stomach, pancreas, diaphragm, thoracic duct, breasts, and uterus. General: sympathetic nervous system, alimentary canal, digestive organs and juices, blood serum, body fluids, and membrane coverings, such as the pleura, pericardium, peritoneum, perioistum, meninges, etc.

PHYSIOLOGY — The Moon, the ruler of Cancer, governs the physiological processes of digestion, peristaltic action, osmosis, active transport mechanism, and the female menstrual cycle. The forces of the Moon are active in the female during pregnancy in helping to build the body of the incoming Ego. During infancy and childhood they are prominent in regulating the growth and development of the

dense body, and also have an effect on the birth and maturing process of the vital body, desire body, and mind.

ESOTERIC ANATOMY — Cancer is one representation of the Conscious Soul. **TABERNACLE IN THE WILDERNESS** — Cancer symbolizes the High Priest as he stands in the darkened West Room of the temple. In this position he represents the Ego who has consciously entered into the higher realms of nature in full control of his spiritual faculties. **BASIC INFLUENCE** — Forceful, traditional, supportive, and gives the urge to control self-consciously one's actions and physical commitments and involvements.

POSITIVE INFLUENCE — A positive manifestation of the forces of Cancer gives one the capacity to appreciate the efforts of others and to be sympathetic with their successes and failures. Such people can be very self-sacrificing for the sake of others when their sympathies and antipathies are aroused. There is often an ability to bring order into confused and chaotic situations. The ability to give positive support and encouragement to others in the right way and at the right time may also be present, bringing much in the way of

soul growth.

NEGATIVE INFLUENCE - When the influence of Cancer is channelled in a negative way, the tendency to support and encourage others can become a tendency to meddle and interfere unjustifiably in their affairs. A person working with this influence may be overly protective of those whom they are responsible for (or *feel* they are responsible for), not allowing them to make their own decisions and learn and grow by their own mistakes. At the same time, they can themselves be overly sensitive, self-conscious and easily offended when their own actions or behavior are called into question.

LESSONS - To realize the highest good from the Cancer influence and counteract the development of negative traits, greater adaptability should be cultivated along with a more impartial attitude that treats all people with equal fairness and justice. Care should be taken not to interfere or intrude uninvited into the affairs of others. A more inquisitive attitude that seeks to understand better the *reason* for the way things are would also be very helpful.

RULER - The Moon, indicator of one's inner moods and the state of one's self-awareness, is the ruler of Cancer and is therefore able to express its innate nature most strongly here.

EXALTATION - Jupiter, planet of helpfulness, good-will, and benevolence, is able most easily to express its positive attributes in Cancer. This can be understood easily when we review the positive qualities of Cancer. Neptune also is considered to be exalted in Cancer.

DETRIMENT - Saturn is in detriment in Cancer and therefore has a somewhat difficult time in expressing its innate nature here. Through Cancer we have sympathy and compassion for others because they are close to us and we personally identify with them. But the mission of Saturn is to enlarge our

horizons to the point where we can have consideration and understanding toward others regardless of personal ties. Until this lesson is learned, Saturn in Cancer can indicate much sorrow and unease because our ties to those around us are too exclusive and we can easily and strongly be affected by anything they do.

FALL - Mars, planet of dynamic energy and initiative, has a tendency to show a less desirable side of its nature when in Cancer. The impulsiveness and forcefulness of this planet tends to aggravate the negative Cancer traits and give a situation where a person may be inclined to force his will on others because he feels it is "for their own good."

GREEK MYTHOLOGY - Two primary Moon goddesses are Demeter and Persephone (mother and daughter), whose mythologies are highly symbolical of the rhythms and cycles of fertility, creativity, development, and unfoldment found in man and Nature. Gea (Earth) and Rhea are more closely connected with the Earth, but their important roles at the beginning of creation in helping to bring forth the initial order of things are closely associated with the operation of Moon forces. This reflects the occult fact that the Moon was once a part of the Earth, having been thrown off from the latter in the early part of the Lemurian Epoch. There is also a certain amount of Moon lore to be found in the mythologies of Artemis and Hestia.

COSMIC CHRISTIANITY - Cancer is the sign of the summer solstice, the time of year when the spiritual forces are more distant from man so that he can better concentrate on the physical side of his existence and apply himself to learn the lessons that are contained there. During this time, the Cosmic Christ rests in the bosom of the Father and renews the strength which He has wholly spent for our sakes in the course of the past year.

A Venus-Sun conjunction is in effect for the entire solar month, blessing all the children born in Cancer 1976. Saturn square Uranus is also in effect for the entire solar month. These children will be motivated strongly by a need for personal love, possess ability to be outgoing, charming, and diplomatic when they so desire, and be inclined to respond strongly to music, art and poetry.

The Saturn-Uranus square is in fixed signs, increasing the natural Cancer tenacity; this is especially so from June 21 until July 5, when a second square in fixed signs, between Jupiter in Taurus and Mars in Leo, is also in effect. The Saturn-Uranus square lends itself to faithfulness in friendship, expressing universal brotherhood and a detached attitude in affairs of the heart. However, Saturn in Leo often denotes fear, pride, or selfishness, which block love expression. Mars in Leo gives courage but adds to possible pride and selfishness and expects to command in love rather than give equality in partnership. Thus the idealistic positive expressions of these placements are often gained only after emotional heart pains, caused by the necessity of learning to be flexible, to control the desire nature, and balance the desire to receive personal love with a giving out of affection to mate and children. The majority of these children will be strong-willed. Where crystallization occurs, changes will inevitably be made for the better as Uranus is exalted in Scorpio.

The Jupiter-Mars square will confer much self-confidence—especially needed by Cancer children—high personal standards of conduct, a forward, generous, at times even commanding manner, but also the negative temptation to judge oneself worth too much in accordance with one's material circumstances of wealth and power. Also likely are excessive display in entertaining, occasional overconfidence, and

easily hurt feelings causing stubborn reactions.

From June 21-27, outer planet Neptune opposes Mercury. At the same time, intuitive outer planet Uranus squares Saturn and trines the Sun; outer planet Pluto squares the Sun; and religious Jupiter squares Mars. These contacts from the outer to the inner planets picture a tremendous psychic sensitivity, creativity, and spiritual seeking, attended by much inner conflict. These children may take, for a time, a very materialistic view of religion and philosophy, tending to ignore all authorities in such matters. Yet their intuition will lead them to find the philosophy which combines worldly living with an intuitive understanding of the spiritual life. The sensitivity of the children born before June 27 will make it necessary to cultivate calm dispositions and be on guard against psychic acquisition of emotional and health conditions of others.

Individual Patterns: The children born before June 27 have all general characteristics discussed above.

The solar month begins with the Moon in Aries. Both Sun and Moon in cardinal signs emphasize executive abilities, ambition, and leadership. Parents of these children should stress calmness and the ability to slow down, lest they drive themselves too hard.

June 22-24, the Moon is in Taurus, also giving good practical business sense, a friendly, outgoing, confident manner, and a slower, more even disposition than their Moon-in-Aries brethren. However, the Moon and four other planets in fixed signs emphasize the tendencies of these children to be inflexible and struggle with inner conflicts between their own materialistic attitudes and intuitive feelings about life.

June 25-26 the Moon is in Gemini. Travelers, writers, inventors, and others

who can make use of a restless nature and prolific imagination would do well to choose this time to be born. These children will also experience the inner conflicts of materialistic, scientific attitudes versus intuition.

The New Moon, June 27-28, is in Cancer with Sun and Venus. This emphasizes cancerian sign qualities. These children, when young, may be emotional and overly impressionable. The Cancer emphasis and the Uranus and Neptune aspects all indicate past development of intuitive powers. The New Moon is a new beginning for Spirits starting a cycle of using previously developed powers to help others in healing, both physical and mental, and in bringing about political reforms.

June 29 through July 7, Mercury sextiles Mars, giving these children an analytical, penetrating, and practical mind possessing the courage to defend their ideas.

June 29 through July 1, the Moon is in Leo, giving a commanding, enthusiastic, and entertaining personality. The Cancer-Sun and Leo-Moon polarity denotes one who naturally takes to filling the role of parent, teacher, publisher, or entertainer. Parents of these children should take care that the mother does not supplant the father, thus creating role confusion in the child's mind.

July 2-3, the Moon is in Mercury-ruled Virgo, and Mercury is still in its own sign, Gemini, suggesting children with active or perhaps overactive minds, developed imaginative powers, and the practical outlook to work well in book-keeping, nursing, or real estate sales.

July 2-7, Mars sextiles Uranus, denoting courage of convictions, a highly magnetic personality, and a progressive manner of approaching problems. Mercury enters Cancer to trine Uranus and sextile Mars

July 4-8, denoting great imagination, an intuitive and penetrating intellect, and an unusual flair for self-expression.

July 4-5, the Moon is in Venus-ruled Libra and the Sun is still conjunct Venus. Thus the qualities emphasized are love of pleasure, the desire to mate, and secure peaceful surroundings, and appreciation of and ability for art, music, or poetry. In some children, indolence and the tendency to be melancholy will require that the positive qualities of the Mars, Mercury, and Uranus aspects be put to use in turning the mind to energetic, uplifting pursuits and in developing optimistic attitudes.

July 6-7, the Moon is in Scorpio, emphasizing the nature of the Cancer Sun to delve into the occult or a science requiring much detective work, and at the same time presaging a very self-reliant person.

On July 7, Mars enters Virgo and leaves the square to Jupiter. This reduces the tendency of judging self-worth in material terms. The Mars-Uranus sextile continues until the end of the solar month, denoting children with intuitive insight into practical matters, and a keen sense of duty, and concern for their fellow man. Mercury in Cancer squares Pluto July 6-11, indicating the need to overcome emotional thinking but also a positive ability to be in tune with the mass trends of the generation and thus act as a spokesman or prophet of change.

July 8-9, the Moon is in Sagittarius, emphasizing desire to travel and a broad, humanitarian, outlook which, added to the Mars-Uranus sextile, gives desire to occupy a position where idealistic motives may be expressed in help to others. An optimistic, jovial outlook is to be expected of these children. Likewise this position may emphasize the psychic dreams which are

common to Cancer Sun, especially for children born on July 8, when the Moon conjuncts Neptune.

June 10-11, the Moon is in Capricorn ruled by Saturn; Saturn is in Leo ruled by the Sun; the Sun is in Cancer ruled by the Moon. Thus, a three-planet relationship is pictured. None of these planets are at 'home' by sign, and this is in addition to the Full Moon vibration of the Cancer-Capricorn opposition. All Cancers are said to love a home for retreat. Children born on these two days will likely find their home only in the small quiet place within. Constructive activities will provide an outlet for an inner restlessness. Optimistic attitudes will need to be cultivated to combat heaviness of heart. Strong ambition, enterprising talents, thoroughness, and tact are the positive effect of this pattern.

July 12-13, the Moon is in Aquarius, giving the same tact and much of the same thoroughness and tendency to melancholy as does Moon in Capricorn, but with marked ability to detach oneself from the feelings and take an optimistic view of life. These people are attracted to progressive organizations, and try to fulfill the Cancer need for security through long-lasting friendship.

July 14-16, the Moon is in Pisces. The Pisces Moon, Sun and Mercury in Cancer and Uranus in Scorpio give these children a strong water sign emphasis with the customary tendencies to strong emotions, intuitive thinking, reserve, and proclivity to live in the interior life. Many will be blessed with much faith, some positive psychic ability, and prophetic dreams. At times the feelings will hold sway over logic. All will have big hearts, but some will experience the sorrows typical of Pisces through unwise affections, as Venus enters Leo on July 15 to conjunct Saturn and square Uranus. People with strongly mystical inclinations are

often not understood, and thus the Pisces Moon and Venus-Saturn pattern can be the signature of a lonely Spirit. Fear of love expression or total devotion to programs of humanitarian service can hinder their fulfillment of personal love. The Saturn-Venus aspect remains in effect until the end of the solar month, denoting that these Cancer children must learn to let go of those they love. Needed is an exercise of the impersonal consciousness of Uranus.

July 17-18, the Moon is in Aries, giving strong-willed, enterprising children possessed of the constructive, optimistic attitudes associated with success. However, at the same time, the Sun and Mercury square Uranus, denoting conclusions and decisions reached impulsively and held to stubbornly. This pattern intensifies the inspirational qualities of the imagination and gives a non-conformist outlook.

July 19, Mercury enters Leo, giving a stellium in Leo of Mercury, Venus, and Saturn, all square to Uranus in Scorpio. Besides the qualities discussed under Moon in Aries, the stellium and Jupiter in Taurus emphasize lessons of the fixed signs, calling for moderation and flexibility. This stellium gives very strong wills, high character, enthusiasm, and thoroughness, but also attitudes which conflict with authority. Vanity and pride of intellect may lead to a sharp tongue or overbearing attitude.

July 19-21, the Moon is in Taurus, emphasizing the fixed sign characteristics. This calls for the exercise of flexibility and control of the desire nature but gives a harmonious disposition and slow temper which check the overbearing side of Leo.

July 22 ends with the Moon in Gemini giving a solar-lunar blend. The children of July 22 have their Sun at the Cancer-Leo cusp, and the three-planet stellium in Leo will give a complex

(Continued on page 336)



NEWS

COMMENTARY

Once Upon a Time —

Fairy tales, apparently, are not pabulum — they're more like candy-coated vitamins. Glossy and sweet outside, with power-packed elements inside.

P. L. Travers, who wrote the Mary Poppins stories, has explored one of her favorite tales in "About the Sleeping Beauty," (McGraw-Hill; \$7.95) and delves into possible hidden meanings in that old favorite, and in fairy tales in general.

The wicked fairy, the Sleeping Beauty, the prince from a far country, that magic kiss — it's all there, but under Mrs. Travers' analysis, it's anything but kid stuff.

In an interview, where she warned a visitor that she was not interested in discussing "her personality or anything like that — only ideas," she talked about symbolism behind the themes of many of the best known tales.

She began with one of the most popular themes: the sleeper. (The Sleeping Beauty may be the most popular of these stories, but remember also: Snow White in her glass coffin; Lazarus in his three-day grave; King Arthur on the Isle of Avalon, etc.)

Mrs. Travers sees the sleeper as an aspect of ourselves.

"If the fairy tale characters are our prototypes," she says, "which is what they are designed to be — we come to the point where we are forced to relate the stories and their meanings to ourselves.

"The sleeper always creates in us this question: what in man lies asleep and waits to be awakened? What is it in us that at a certain moment suddenly falls asleep? Who lies hidden deep within us? And who will come at last to wake us? What aspect of ourselves?"

Her answers are not textbook neat and

tidy. True to the nature of the fairytale, they do not explain everything. According to Mrs. Travers, "no amount of rationalizing" could ever take anyone to the core of a fairytale.

"Not to explain," she says, "is to set up in the hearer or the reader an inner friction, in which one question inevitably leads to another, and the answers that come are never conclusions." Conclusions, she believes, "exhaust the meaning."

It's the kind of approach you'd expect from Mary Poppins, her fictional governess who never gives references and who pours strawberry ice, lime juice cordial, milk and rum punch — all from the same bottle!

I asked if the wicked fairy who appears in so many tales is also a part of ourselves?

"Oh," she exclaimed from her living room couch, "we have her. What could we do without her? Because without our bad, where would we find our good? The wicked fairy undoubtedly brings obstacles, but otherwise how would the magic of the good fairy be called up? As the poet Holderline says: "Danger itself fosters the rescuing power."

For the Sleeping Beauty, rescue came in the guise of a prince.

"There is the idea of exogamy here," Mrs. Travers says. "That you get a bride or bridegroom from outside the tribe; new blood (the Prince) brings new qualities, and those new qualities are the very thing needed to carry the story to its happy ending."

The Grimms' version of Sleeping Beauty, she notes, tells of the hedge around the Beauty's castle laced with skeletons of princes who had tried to break through before the 100 years were up.

It points to the truth that choosing the right moment is essentially a heroic deed, she explains.

Besides the sleeper, another recurring theme is that of the sibling trio, where the youngest son or daughter achieves the quest, while the older two settle for less (Cinderella, Little Two Eyes, The Goose That Laid the Golden Egg, etc.).

"This points to the age of the fairy tale," Mrs. Travers says, "It is always the youngest who inherits the kingdom, and this was the rule in ancient times; that the youngest inherited, not the eldest.

"And always the youngest son is the simpleton, and because he knows that he doesn't know anything, he is ready to ask for help from any magical element.

"A frog. Or a little old man. And this very fact that he knows nothing means that he knows something and this something at last leads to the princess, or the treasure, or the kingdom."

The new Travers book includes, besides analysis, her own version of *Sleeping Beauty*, placed in a "vaguely Middle Eastern world," and other versions of the tale from Germany, France, Italy, Ireland and England.

It's a lot to chew over.

—by Jean Perry, *Daily News*, Jan 9, 1976

Myths and fairy tales, as we know, are imbued with high truths, given to man in more easily-assimilable form. We are told in *Christianity Lectures*, No. 12: "... a myth is a casket containing at times the deepest and most precious jewels of spiritual truth, pearls of beauty so rare and ethereal that they cannot stand exposure to the material intellect. In order to shield them and at the same time allow them to work upon humanity for its spiritual upliftment, the Great Teachers who guide our evolution, unseen but potent, gave these spiritual truths to nascent man encased in the picturesque symbolism of myths, so that they might work upon his *feelings* until such time as his dawning intellect shall have become sufficiently evolved and spiritualized so that he may both *feel* and *know*.

"This is on the same principle that we give our children moral teachings by means of picture books and fairy tales, reserving the more direct teaching for later years."

Fairy Tales Are Important to Children

Many parents are shortchanging their children by *not* reading them fairy tales, says a prominent psychiatrist.

"Fairy tales are important to children," says Dr. Tobias Brocher. "Children deprived of fairy tales during their formative years frequently grow up to be unimaginative and insecure people."

Dr. Brocher, director of the Menninger Foundation's Center for Applied Behavioral Sciences, in Topeka, Kansas, said many parents have mistakenly allowed TV to replace the telling of fairy tales to their children.

"Children get a lot from fairy tales they'll never get from TV," he said. "Fairy tales help develop a child's imagination because he visualizes the tale that's being told — he becomes part of the story.

"On TV everything is all laid out for the child — he has nothing to do except passively accept what's being presented. A child subjected to a steady diet of TV — particularly under the age of 6 — will develop a lazy mind."

Equally as important, according to Dr. Brocher, is the parent-child relationship during the reading or telling of fairy tales. "When a parent reads a fairy tale to a child, there's a warm personal contact," he said. "The story isn't coming from a speaker — it's coming from a person and the listener is an active participant.

"The child can ask questions and expect answers. He can discuss ideas which the story stimulates.

"Children who miss this experience often become loners when they mature because they never learn to discuss their feelings."

Dr. Brocher said even the contents of fairy tales are important.

"Fairy tales help a child deal with his fears, conflicts, and emotional anxieties," he said.

"Most fairy tales have monsters in them and they show children that monsters can be dealt with. This helps children learn to cope with the monsters in their own private worlds."

Dr. Brocher added that, "last, but not least, fairy tales provide a sense of security for a child.

"Even though some fairy tales may scare the child, everything comes out okay in the end."
(Continued on page 332)



Book Review

"Ancient Egypt, Its Culture and History"

Ancient Egypt, Its Culture and History, by J.E. Manchip White, Dover Publications, Inc., New York, 1970.

This book is an eminently readable account of 3000 years of Egyptian civilization before the time of Christ, a civilization that for sheer splendor, mighty works, and evolutionary significance is exceptional in world history. A clear and comprehensive introduction to Egyptology, the book would be of particular value to the general reader who may not be familiar with that significant and complex era.

The Nile river is central to an understanding of ancient Egypt. As the Greek historian Herodotus said: "The Egyptians live in a peculiar climate, on the banks of a river which is unlike any other river, and they have adopted customs and manners different in nearly every respect from those of other men." Thus, Mr. White begins his study with a vivid picture of the river and the surrounding land.

Each chapter thereafter is devoted to a different aspect of Egyptian life. That unique figure, the Pharaoh (there were thirty distinct dynastic reigns during the period covered), is viewed through the eyes of his subjects — half

god and half mortal man. The priestly class, the aristocrats, the craftsmen, the peasantry, all are given a full share of attention, and what emerges is an exceptionally lucid view of a complex, often tumultuous, era.

Three chapters are devoted exclusively to history, and this section is particularly valuable. The historical overview from prehistoric times to the third century B.C. is of surprisingly illuminating detail in so relatively small a book. The written material is augmented by a number of photographs of ancient temples, pyramids, statues, and artifacts.

Although Mr. White describes in some detail the worship and religious customs of the period, it will soon become clear to the occult student that he concerns himself only with the exoteric side. The Hermetic Teachings and the Mysteries of Isis and Osiris, which incorporated the advanced philosophy of the period as do the Western Wisdom Teachings today, appear only in their popular guise. Mention is made of the Pharaoh Akhenaton's ill-fated endeavor to substitute a monotheistic religion, the worship of Aton, the Sun, for the pantheon of major and minor

(Continued on page 332)

READERS' QUESTIONS

The Mystery Schools

Question:

What are "Mystery Schools?" Of whom are they composed?

Answer:

A Mystery School is composed of very highly evolved human beings. It exists for the purpose of furnishing to more advanced members of the human race a higher teaching which, if lived, enables them to advance to a higher sphere of spirituality than that of their brethren.

The mass of humanity is taken care of by the religion publicly taught in the country of birth, but there are always pioneers whose precocity demands a higher teaching. To them a deeper doctrine is given through the agency of the appropriate Mystery School. When only a few people are ready for such preparatory schooling, they are taught privately, but as they increase in number, the teaching is given more publicly.

There are seven schools of the Lesser Mysteries, and nine initiations are given in each one. An initiation is an inner experience in which the candidate is taught how to use spiritual power he has stored within himself by living according to the laws of God. People follow either the mystic (heart) path of spiritual development, or the occult (head) path, but the two paths meet at the first initiation, when the initiate becomes a lay brother or sister.

The Lesser Mystery initiations work toward balancing the positive and negative forces within — Will and Love-Wisdom — resulting in selfless love.

After the Aspirant has completed

all nine initiations of the Lesser Mysteries, he proceeds to one of the five schools of the Greater Mysteries, where four initiations are given. The first of these Great Initiations unites the positive and negative forces in perfect balance within. The initiate is now an Adept, freed from the wheel of rebirth and able to make a new physical body for himself at will. When all Four of the Greater Initiations have been taken, the candidate is then an Elder Brother.

Every Mystery School, whether Lesser or Greater, is composed of twelve Brothers and a Thirteenth who is the Head of the School. Christian Rosenkruecz is the Head of the Rosicrucian Mystery School.

The Great White Lodge is composed of all these thirteenth Ones, or Heads of the twelve Mystery Schools, and presiding over this Lodge is also a thirteenth One, Who is the Christ. The Great White Lodge is now in full charge of human evolution and plans the steps we are to follow in order to advance.

All Mystery Schools are founded along the same cosmic lines: 7-5-1. Seven brothers go out into the world to work, five work from the invisible planes, and One heads the order.

The Lesser Mystery Schools have existed in different parts of the world at various times: in India, Egypt, Greece, Wales, Spain, and Central America. They always gave the teaching suited to the needs of the people they were designed to help. In Greece they were scientific, artistic, and religious. In Wales, the Knights of King Arthur were factors in state development as late as the Elizabethan Era (latter 16th and early 17th centuries). This School stressed the head development. In

Spain the Teachings were given out in a purely mystic form known as the Grail Mystery, which stressed the heart development.

In the Western World there are many who are now ready for schooling preparatory for the Teaching of the Mystery School. Therefore, the Brothers of the Rose Cross gave to Max Heindel the philosophy as set forth in *The Rosicrucian Cosmo-Conception*. The Rosicrucian Fellowship, established to promulgate this teaching, is the preparatory school for the Rosicrucian Order, one of the Lesser Mystery Schools. The purpose is to bring aspiring individuals into contact with one of the Brothers of the Rose Cross when, by service in the physical world, they have shown their sincerity and given reasonable assurance that they will use their spiritual powers for service in the other world when they shall have been initiated therein.

The Christ Ray in the Two Earth Hemispheres

Question:

If the Christ Ray enters the Earth each year and permeates it from center to circumference, why does it not become spring all over the Earth at the same time? Are not the spiritual conditions the same all over the world at the same time, or does the northern hemisphere have an advantage over the southern hemisphere?

Answer:

The Christ Ray begins to draw into the Earth at the time of the autumnal equinox, and reaches the center of the Earth at the winter solstice. From this central point it permeates every atom

of the Earth from center to circumference. The northern latitudes respond more quickly to this life-giving force because of the angle of inclination of the Earth's axis.

In summer the rays of the Sun fall almost vertically upon the northern hemisphere, as far north as $23\frac{1}{2}$ degrees. The oblique angle at which they strike the southern hemisphere at this time, however, is such that little strength is carried with them. Spring in the north receives both the Christ Ray force and the increasing force of the Sun's vertical rays at the same time, and life is brought into manifestation under this dual power.

In the south, the Christ force permeating the Earth unaided by the Sun's force embodied in the vertical rays cannot arouse into activity the life injected into the Earth by the Christ. The manifestation of renewed life that denotes springtime in the north is delayed in the south until September, when the vertical rays of the Sun fall there. At this time, the Christ life has partially dissipated itself and therefore is not quite so fully available for promoting vegetable growth.

The Christ force is at its greatest potency on Holy Night. This is the time of the greatest *spiritual* awakening in both the northern and southern hemispheres, but physical results are not obtained until the forces embodied in the vertical rays of the physical Sun are joined to those of the Christ Spirit.

At the present time, the northern hemisphere has a decided advantage over the southern one as regards its evolution. At a future period, the rotation of the Earth's poles will bring the southern hemisphere into the same relative position as that which now obtains at the northern one, and then it will have a like advantage over the northern. Thus, ultimately, both hemispheres receive the same advantage, although it is given alternately.



NUTRITION and HEALTH

Nutrition May Be 'No. 1 Problem' Says McGovern

Nutrition — its lack, excess, or quality — may be the nation's No. 1 health problem, says a 258-page staff report released by the Senate Select Committee on Nutrition headed by Senator George McGovern.

"Our eating habits and the composition of our food have changed radically, but we do not have any detailed measure of what is happening to the nation's health," Senator McGovern said. "The threat is not beri beri, pellagra or scurvy. Rather, we face the more subtle but also more deadly reality of millions of Americans loading their stomachs with food likely to make them obese, give them high blood pressure, induce heart disease, diabetes, and cancer — in short — kill them over the long term. We face the tragedy of anemic children failing in school and repeating that pattern of failure throughout their shortened lives."

The senator charged administrations since 1968 of "systematic indifference" to the need for action, and the White House refused comment.

A White House food and nutrition policy board is recommended in the report, along with a speed-up and more comprehensive nutrition studies by the Departments of Agriculture and HEW. Senator McGovern said he is not sure why the present and previous administration had rejected programs proposed over the years by specialists inside and outside of government for improving the nation's nutrition, but he said politics may have played a part. He said the Department of Agriculture's household food consumption survey, scheduled to begin in January, had been delayed at least a year by the Office of Management and Budget, "supposedly for technical reasons. But one official reports that in

fact the Administration did not want to be embarrassed in an election year by preliminary findings which might very well show a decline in the nutritional quality of the American diet."

He said he is aware that "remedies for the problems will not all be obvious or easy, they demand the rethinking of established economic patterns and assumptions. But they must be faced squarely, and if change is necessary, then we must change in a manner which protects the interests of food consumers and producers alike."

National Health Federation Bulletin, March 1976

This article is both disturbing and encouraging — disturbing because of its content and encouraging because a respected and influential government figure is actively concerned with the problem and its solution.

Anyone conversant with the realities of good nutrition who observes the check-out line in a supermarket soon would be left in no doubt regarding the inadequacy of the average family's nutritional intake. Shopping carts, certainly, are often piled high — but more often than not "junk foods," snacks, prepackaged mixes and dinners containing preservatives and chemicals of dubious value at best, white bread, and deserts loaded with the patently harmful refined sugar make up the bulk of the purchases.

"Natural dietetics" — the policy of

consuming as much as possible of naturally grown fruit, vegetables, nuts, and their nourishing derivatives — is still a long way from being an integral part of the "American Scene." Certainly, and fortunately, it is true that concern for good nutrition is spreading. The proliferation of health food stores and of literature devoted to organic gardening and proper dietary habits bears this out.

Nevertheless, the problem still remains grave. It is to be hoped that nutrition, in all its ramifications, will soon be removed from the political arena and placed entirely in the hands of competent people who can and will contribute to and encourage the understanding, and the furtherance, of good nutrition in the land.



Inflation, Recession and Mental Health

Psychiatric admissions and the state of the economy are closely related. This was well illustrated several years ago by Harvey Brenner of Harvard University who examined 127 years of psychiatric admissions records in New York State. Even a relatively minor recession, he found, seemed to produce an increase in admissions to state and private psychiatric hospitals. The present recession is no exception, say Louis E. Kopolow and Frank M. Ochberg of the National Institute of Mental Health. In the January 26 *Journal of The American Medical Association* they report that current information obtained from telephone surveys of community mental health centers and state and private mental health facilities tends to support Brenner's observation. The survey showed an increased use of mental health facilities, especially crisis intervention services. Men 45 to 60 years of age seem to be most susceptible to the emotional impact of the economy. The occupational group most affected is the semi-skilled operative, especially production workers on assembly lines.

An increase in the occurrence of emotional problems may be only part of the story. The same stresses that produce mental illness,

the researchers caution, are also having an impact on the occurrence and severity of physical complaints. Research in psychosomatic medicine, for instance, suggests that various personality and stress conditions are contributing factors in the development of specific diseases, especially coronary artery disease and peptic ulcers. The recognition by all physicians of the interaction between emotional, physical and environmental factors on the occurrence of disease is essential, they conclude, "because economic depression added to psychologic depression and physical disease are a deadly combination."

—*Science News*, February 14, 1976

Although the revelations in this article are not surprising, they do seem to emphasize the need for a more spiritual foundation among the population at large. Certainly adverse economic pressures are difficult to withstand, particularly for heads of families responsible for their dependents' welfare. Certainly, too, the "boredom" inherent in necessary but stultifying assembly line procedures can easily lead to mental and emotional disturbance if no counterbalance is offered.

It cannot be repeated too often that an attitude which fosters right living, purity of thought and action, and spiritual responsiveness in the Ego ultimately underlies good health. Such an attitude gives strength in times of crisis and helps the Ego transmute potential calamities into profitable learning experiences that, eventually, will be assimilated as soul power.

The realities of economic life — in fact, the realities of life in general in the material world — can indeed be disturbing, baffling, and overwhelming. They do not have to be, however. The greater the spiritual strength we possess and the more willing we are to regard each earthly situation in which we are involved as an opportunity to learn, grow, and, when possible, serve, the more we will be able to maintain our physical, mental, and emotional equilibrium and progress in a positive and useful manner.

From the Rosicrucian Fellowship Vegetarian Cookbook

LIMA BEANS (Large)

- 1 cup large lima beans
- 2½ cups distilled water
- 1 small onion, chopped fine
- 1 Tbs sesame seed oil
- 1 tsp vegetable salt
- ¼ tsp basil herb
- ¼ green pepper, chopped fine

Wash beans; add to water and boil 2 minutes; soak one hour. Then cook one hour. Saute green pepper and onion in oil. Shortly before beans are done, add salt, herb, sauted pepper and onion. Stir only a few times during cooking to prevent breaking of skins. Yield 2½ cups.

STRING OR SNAP GREEN BEANS

As with dried beans, these have come to the United States from South America via Indian trade routes. They are said to be helpful in nervous and intestinal difficulties and build red corpuscles. Contain calcium, iron, manganese, nitrogen, phosphorus, potassium, vitamins A and C.

STEAMED STRING BEANS

- Green string beans
- Hot distilled water
- Vegetable salt
- Butter
- Cream

Optional: dash of marjoram herb

Steam beans until tender in just enough water to keep from burning. Season with salt and marjoram, adding a little cream.

STRING BEANS WITH SAVORY SAUCE

- 3 cups hot steamed string beans as above
- 3 Tbs. chopped pimento
- 1/3 cup butter
- ½ tsp vegetable salt
- 2 Tbs lemon juice

Melt butter in skillet; add lemon juice and pimento. Cook slowly until smooth and slightly thick, about 5 minutes. Season. Pour over beans and serve.

FAIRY TALES ARE IMPORTANT TO CHILDREN

(Continued from page 326)

end.

"So the child begins to learn that while the world might be pretty terrible, problems do get solved and fears can be conquered." by Charles Pamiter, *National Enquirer*, February 10, 1976.

It is good to see the upsurge of interest in fairy tales, among adults as well as children, that seems to be taking place today. Beautifully illustrated re-issues of old familiar fairy tales, and many delightful new ones, are found in book stores. As Dr. Brocher points out, fairy tales help develop the child's imagination and teach him, at a level comprehensible to him, to cope with the problems of daily life. In addition, the personal contact that occurs during the reading of a fairy tale provides the child with an indispensable sense of harmony, security, warmth, and affection certainly not forthcoming from the television set.

* * *

"ANCIENT EGYPT, ITS CULTURE AND HISTORY"

(Continued from page 327)

dieties worshipped by most Egyptians. "Akhenaton recognized in the Aton the sole god of Egypt. The Aton represented the creative principle of the sun, source of life and universal demiurge. . . ." No attempt is made, however, to consider the occult significance of this belief.

Nevertheless, in all other respects, this book presents a remarkably complete, thorough, and comprehensible survey of what is known about the times and the people of ancient Egypt. We recommend it to anyone interested in becoming better acquainted with a particularly intriguing and important part of our past.



HEALING

Strength in Numbers

In The Rosicrucian Fellowship Healing Service, we read the following: "When a person or a number of persons are in earnest supplication to a higher Power, their aura seems to form itself into a funnel-shaped thing which resembles the lower part of the waterspout. This leaps up into space a great distance, and being attuned to the Christ vibration of the interplanetary World of Life Spirit, it draws thence a divine power which enters the man or company of men, and ensouls the thought form which they have created. Thus the object for which they have united will be accomplished."

The power of numbers in healing prayer thus can be used to great advantage. If all participants sincerely and concertedly join in, the effect of the prayerful effort will be in proportion to the square of the number taking part. For instance, six people engaging together in prayer for the sick can accomplish thirty-six times (six times six) as much as one person alone. This applies to the first twelve people participating in such a service. The thirteenth individual raises the entire group effort into a still higher realm of vibration. It is clear, then, that even the weakest person among us has a vital role to play at healing and other

services in which we attempt to mass our spiritual aspirations. Dedicated unified participation of this sort indeed has a powerful influence in securing the release of the divine healing force.

When we generate such intense cosmic force, however, it is imperative that the force be used wisely and well. The danger of misuse always exists, and the greater the power, the greater the danger of misuse. For this reason, the Healing Service also contains this admonition: ". . . we should always qualify our supplications for others with the words of the Christ, 'Not my will but Thine be done.' "

* * *

Visible helpers are just as necessary as Invisible Helpers, and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every evening in the Healing Temple at 6:30, and in the Pro-Ecclesia at 4:15 P.M. when the Moon is in a cardinal sign on the following dates:

July . . . 4 -- 10 -- 17 -- 24 -- 31

Children's Department



Change of Address

Dagmar Frahme

Montague Goldfish, housed in a bowl,
Was not the most cheerful or happiest
soul.

It took him no time to circumnavigate
His entire domain, for its size was not
great.

In fact, if a measuring rod were applied
To Montague's fishbowl, from this to
that side,

It would be remarked that the inches
were ten.

No wonder poor Montague, now and again,
Was sure that he soon would go out of
his mind.

If in larger quarters he were not confined.
He tried with the best of his skill to
impart

This thought to his owner, who *did*
have a heart,

But somehow could not see that her
little fish

Required more room than he had in that
dish.

Montague tried every trick that he knew
To get it across that his home would
not do,

That he needed more space than was
given, alas,

Within the confines of his octagonal
glass.

He tapped with his fins on the side of
the bowl;

He swam upside down with precise
self-control;

He blew scores of bubbles that rose to
the top

Until lack of oxygen forced him to stop;
He gazed out at the world with a sad
little face

That said, plain as day, "I can't stand
this small space!"

But his owner just smiled and said,
"Isn't that sweet?"

He's talking to me. He must want more
to eat."

So she opened a box and poured out some
fish food

Of which Monty already had an
amplitude.

Only that morning he'd had quite a feast.
Now a fast of a day would not hurt him
the least.

But Montague, bored, thought that he
would indulge.

No matter to him that his stomach *did*
bulge.

So he nibbled and chewed and he much-
ed and he crunched

Till, in no time at all, he had heavily
lunched.

Then, with a belch that he could not
conceal,

Montague Goldfish digested his meal
While lying, inert, till at last he awoke,
Not moving a muscle or swimming a
stroke.
And so it went on, dreary day after day,
For Monty was forced in his prison to
stay.



No expanding horizons were open to him,
For Montague Goldfish had nowhere to
swim,
And all he could do was repeat and
repeat
That most hopeless of cycles – eat,
sleep, and eat.
Now into the room where the fish bowl
was kept,
One day a visiting human being stepped.
Montague's plight he at once understood.
He asked Monty's owner how was it she
could
Keep her poor fish in that oversized jar,
Instead of allowing him to swim afar.
"What do you mean?" she exclaimed in
alarm.

It was not her intention to do Monty
harm,
And, after all, she was told at the store
That this bowl would hold one goldfish
or maybe more.

"That may be indeed what the salesman
observed,
But for Montague Goldfish no purpose
is served

If he must abide in that miniscule space—
Though cramped quarters for goldfish
are quite commonplace."

Thus speaking, the visitor offered to get
A proper aquarium for the gold pet.

The lady agreed, and the following week
Montague Goldfish exchanged his home
bleak

For one that was just about six times
that size.

Among goldfish homes this one was
quite a prize.

At first Montague didn't know how to act.

The vast space through which he
traversed now, in fact,

Compelled him to take several days
getting used

To swimming in areas widely diffused.
Gradually, then, his physique became
trim.

With exercise, Montague grew downright
slim,

As handsome a fish as you'd find
anywhere.

'Twas then that the lady thought maybe
a pair

Of goldfish, or more, would be good
company.

So she stocked the aquarium judiciously
With piscine playmates with whom
Montague

Could have fun such as which he, before,
never knew.

And now Montague and his fine fishy
friends

Reap from that new home manifold
dividends.

Kaleidoscope

A red and yellow tiger
Was strolling down a lane,
When all at once a cloud came by
And it began to rain.

The water flowed in buckets,
The landscape was a blur,
And soon that sopping tiger
Had brilliant orange fur.

The brilliant orange tiger
Spent the night in an igloo;
Next morning when they saw him,
He was chilled and very blue.

The chilly blue-toned tiger
Rolled on some well-kept grass,
And when he finished rolling
He was blue-green. Alas.

The grinning, blue-green tiger
Chewed a bag of licorice drops,
And when, quite stuffed, he finished,
His ears had coal-black tops.

The blue-green black-eared tiger
Saw a boysenberry patch,
And gobbled by the pawful
The ones that he could snatch.

His fur was now quite purple,
His tongue no longer pink,
And then he thought he'd better
Find something good to drink.

So, passing by a farmyard,
With just one cow in sight,
He got from her a sip of milk
And turned, of course, all white.

The regal, snow-white tiger
Went proudly on his way,
Not satisfied to settle for
Just any place to stay.

At last he reached the palace
And pounded on the gate.
The footman called from far inside,
"You can't come in. Too late!"



The tiger went on pounding,
For though daylight was dim,
He knew that from each window
They could not help see him.

The king was very angry,
"I'll stop this noise," he said.
"Who dares to make such racket when
It's time to go to bed!"

But when the king saw who it was
He opened wide the door,
"Come in," he said, "and stay with us.
You need not wander more."

And so the snow-white tiger,
The pride of the regime,
Stayed with the king forever,
And dined on milk and cream.

* * *

THE HEAVENS DECLARE THE GLORY OF GOD

(Continued from page 312)

The danger lies in that they may become indifferent and spiritually commonplace. Therefore it is of the greatest importance that as the steersman at the helm of the ship is constantly wakeful and watching the guiding compass, so must we continually shake ourselves lest we go to sleep and the ship of our life go off its course. Let us all set our faces firmly toward this star of hope, the great spiritual light, the real and only thing worthwhile — the life of God.

* * *

THE CHILDREN OF CANCER, 1976

(Continued from page 324)

personality with strong Leo characteristics of stateliness, stability of purpose, and enthusiasm, but perhaps plagued by an undercurrent of sensitive cancerian feelings and a tendency to insecurity which would be hidden behind a confident manner.

THE VITAL BODY

by Max Heindel

PART 1.

PAST EVOLUTION OF MAN'S VITAL BODY

PART 2.

MAN'S VITAL BODY IN PRESENT ARYAN
EPOCH

PART 3.

VITAL BODY OF ANIMALS AND PLANTS

PART 4.

RELATION OF VITAL BODY TO SPIRITUAL
DEVELOPMENT

PART 5.

THE VITAL BODY OF JESUS

196 Pages

Paper

Available from

The Rosicrucian Fellowship

2222 Mission Ave. P.O. Box 713
Oceanside, Ca 92054 USA

1977 EPHEMERIS

**Ready now in a new updated
revised computerized format**

Daily declinations

Tables of planetary latitudes

**Daily longitudes of planets with Sun to
seconds of Arc**

Daily Aspectarian including:

Solar and Lunar Ingresses

All major aspects and parallels

Time of entry of planets into the signs

Solar and Lunar Eclipses,

including lunation magnitudes



**Ephemerides up to the year 1999 will be
available in the near future, including
10 year volumes.**

**The entire Ephemeris, aspects included,
is photographed from computer printout.
Thus a highly accurate work is assured.**